dragon 1996

get to the point

get to the point

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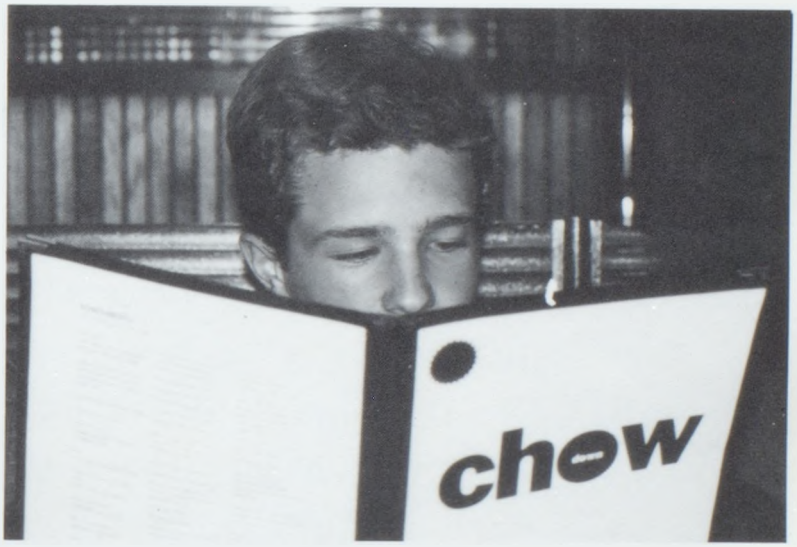
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Following the intermittent commands of the menu, sophomore Jeff May chooses his meal for the evening. The North End Diner was known for its bossy menus and good eats. photo by Wes Nyberg



get to the point

johnston high school
6501 nw 62nd ave
johnston, iowa 50131
(515)-278-0449
enrollment 825

1996 dragon
volume 49



pull
up a chair
kick up your
feet and get a nice,
tall glass of milk◆get comfy
flip through the pages◆glance at
the pictures◆reminisce◆turn the page
read from top to bottom, left to right◆sign
my book◆turn the page◆find yourself in
the picture◆laugh◆turn the page
don't bend the corners◆find
out which pages you're
on◆don't forget
to turn the
page

open the book



Pulling herself up the play equipment at Discovery Zone, senior Noelle Wagner keeps an eye on the kids from Kids/Teen Connection. As a part of her after-school job at the community education daycare, Wagner traveled to DZ, Farley's, movies and various other destinations during early-dismissal Wednesdays. photo by Danielle Carroll

be
a leader
fasten your
seatbelt ◆ don't spoil
your dinner ◆ dress to im-
press◆just say no◆earn your keep
find a date◆pack your bags◆go for a
swim ◆clean your plate ◆take a stand◆keep
your eyes on the road◆come as you are
show your spirit ◆ move your
tassel ◆ don't be late ◆ get
the tickets◆make your
curfew ◆ be
young, have
fun



get a life

spread by Danielle Carroll



Seniors Alicia Rollison and Courtney Johnson spend the weekend hours in front of the TV. Rollison and Johnson's Saturday-night pastime became watching old movies including ***Shag, Mystic Pizza, Monster Squad and The Kentucky Fried Movie.*** photo by Danielle Carroll

Junior Jim Wynn strums his guitar to his original song at Java Joes. On this Open Mic Night, which was also celebrating Madonna's birthday, Wynn was cheered on by many of his friends at the Court Avenue coffee house. photo by Tara Guttridge



Waiting for her portrait to be finished, sophomore Leah Rutherford tries to stay awake while she sits motionless for 45 minutes. Rutherford visited France when she and some friends went to Europe with Mr. Donahue on the annnual school trip. photo by Stephanie Nichols

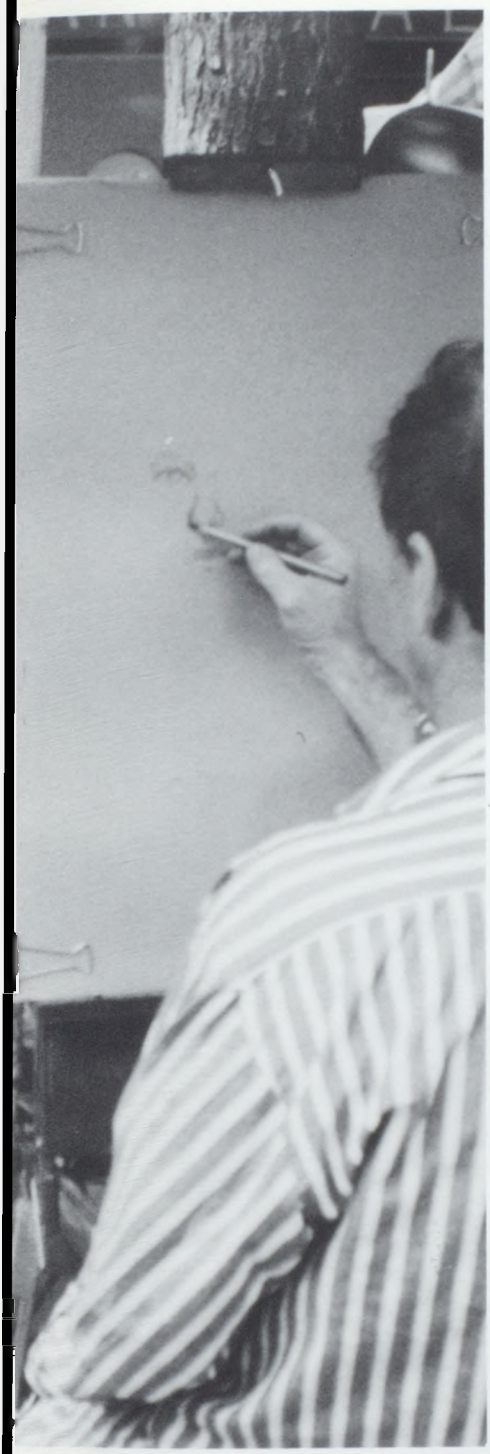




Senior Cory Kiper guides fellow senior Renee Ebke in filling out her order form at the pizza restaurant, Happy Joes. Ebke spent her evening munching on her "Little Joe" and reminiscing with an old friend, while Kiper spent his serving pizza, drinks and sundaes. photo by Tara Guttridge

Preparing for another day of canoeing at Boundary Waters, seniors Greg Tibboel, Doug Langworthy and P.J. Korte step into the vessel. They spent a week rowing 70 miles across the leech infested waters. Along the way they participated in cliff jumping and fishing. photo by Brad Schonhorst





SUN-DEPRIVED
students work through the summer

Summer finally began, so students rubbed on the tanning lotion and hit the beaches. But not all students got the opportunity to lounge under Mr. Golden Sun. "I needed to pay for my car and start saving money for college," said senior Jennifer Burklund. "At Car-X , I did accounting, inventory and computer programming. I got to put a muffler on which was cool since I didn't know anything about cars."

Many students worked jobs from sacking groceries to working cash registers. " I liked my summer job at Kids Connection because we got to go on fun field trips," said junior Lauren Pendergraft. " At Whitewater we lost a kid so we had to go look for him and I found him."

When their sun-deprived summer ended, workers took a last dip in the pool and bought school supplies. The next day they headed back indoors for another school year. **Story by Tara Guttridge**

SUMMER JOURNEYS
in cramped cars and up tall trees

Whether it was a voyage across the United States or a routine trip to Kum and Go, students kept occupied throughout the summer .

After 24 cramped hours in a Jeep, sophomore Kelli Brown enjoyed the coastal waters of North Carolina. "The first day we boogey-boarded for six and a half hours. The next day I could barely walk," said Brown.

Though long journeys comprised much of the travel, some shorter trips proved most productive. Junior Ben Oviatt's stay at nearby Wartburg College provided him with a chance to get to know a girl better when the two shared a special moment surrounded by nature. "I ended up kissing the girl 30 feet up in a tree,'' said Oviatt.

Wherever students went, whatever they did, they were back by August 28th. Travel was then limited to trips up and down the halls. **Story by Danielle Carroll and Erin Russom**



"When I worked at the YMCA camp this summer, I got dunked in the washpot that pans were cleaned in. I could feel bacon between my toes."
-Ryan Culver, freshman



Junior Sean Flannery and graduate John Davis carry a table to the moving truck after taking it down four flights of stairs. Flannery, Davis and other friends spent a Saturday helping junior Alicia Frasier move out of her downtown apartment into Green Meadows. After a long day of work, the movers quenched their thirst with Big Gulps. photo by Tara Guttridge

SMILING PRETTY for the camera

Students filed through gym doors and filled the bleachers. At the other end of the gym six couples awaited anxiously before their peers, family, and faculty. Student Body Vice-President Bryan Burkhardt crossed the gym floor and stepped up to the podium.

Two by two each couple was presented before the massive crowd. "I was really nervous when Bryan (Burkhardt) announced our names because all eyes were focused on us," said junior attendant Heather Patterson.

Fingers crossed and hearts skipped a beat as Student Body Secretary Shannon Fisher and senior Danielle Carroll crowned the king, Ryan Gray, and queen, Megan Bengard.

As the ceremony ended, the royalty and court were surrounded by smiling faces, camera flashes, and a massive crowd filing out of gym doors. **Story by Cheryl Larson**



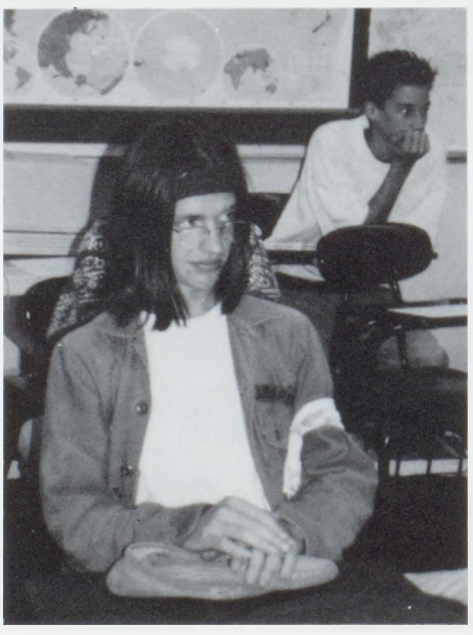
BIG KIDS playing dress up

During the homecoming week, students experienced a few variations in their dress code. For five straight days students had the choice to participate in dress up days in exchange for Class-of-the-Year Points.

Dress up days included come-as-you are, Woodstock, dress up, beach, and spirit days. Thursday, seniors wore their favorite sheets. " Thursday was the best. I got to wear this sheet that had big, puffy flowers all over it from the 70's," said senior Nicole Timmins.

Purple and gold clad students filled the gym during the pep assembly held on Friday. That night students and community members packed into stands to show their support as they watched the Dragons prevail over Webster City 26-13. **Story by Cheryl Larson**

Listening to Mr. Jerry Stratton in second period U.S. history, junior Dan Mills adds to the juniors' Class-of-the-Year points by dressing up on Woodstock day. Mills and other students recycled clothing from the 60's and 70's. photo by Cheryl Larson





"The best part of homecoming week was the dress up days. It was fun to relive my parents' teen years even if it was only for one day."

-Tonya Riley, sophomore



During a skit that the football players performed at the pep assembly, senior AJ Simpson leads the crowd in a chant of "You Say Purple." Being a senior, Simpson also partook in the singing of an acappella version of the fight song. photo by Danielle Carroll

Band members junior Jennifer Georgen, sophomore Amy Vanderlinden, and freshmen Kristen Night, Steve Tyrrel and Nate Lynch play "Hot Dog" during the pep assembly. photo by Steve Ring







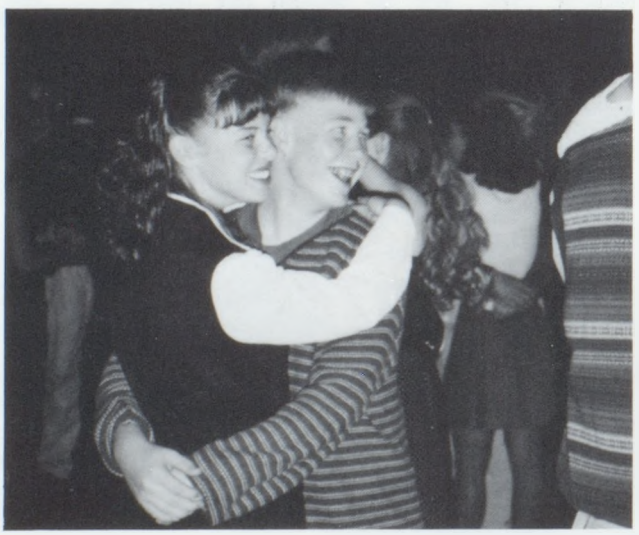
HOMECOMING COURT. Katie Stricklen, Shauna Sleep, Heather Patterson, Megan Bengard, Amanda Fisher, Anne Mullenix. **ROW 2.** Lance Rouston, Brad Sewell, Josh Fausch, Ryan Gray, Jon Ross, Tim Halling.

Sophomore homecoming attendants Brad Sewell and Shauna Sleep pose while being introduced to the student body. Student Body Vice-President Bryan Burkhardt listed extra-curicular activities about each attendant. photo by Steve Ring

Homecoming Queen Megan Bengard and King Ryan Gray pose for the many people trying to capture the moment. Because of the rain they had to throw candy from the senior float during the parade. photo by Cheryl Larson

Senior Robin Sanders attaches the leash of the Webster City lynx to the dragon's mouth. Despite the rain the seniors managed to win first place for the best float. photo by Tammy Walz



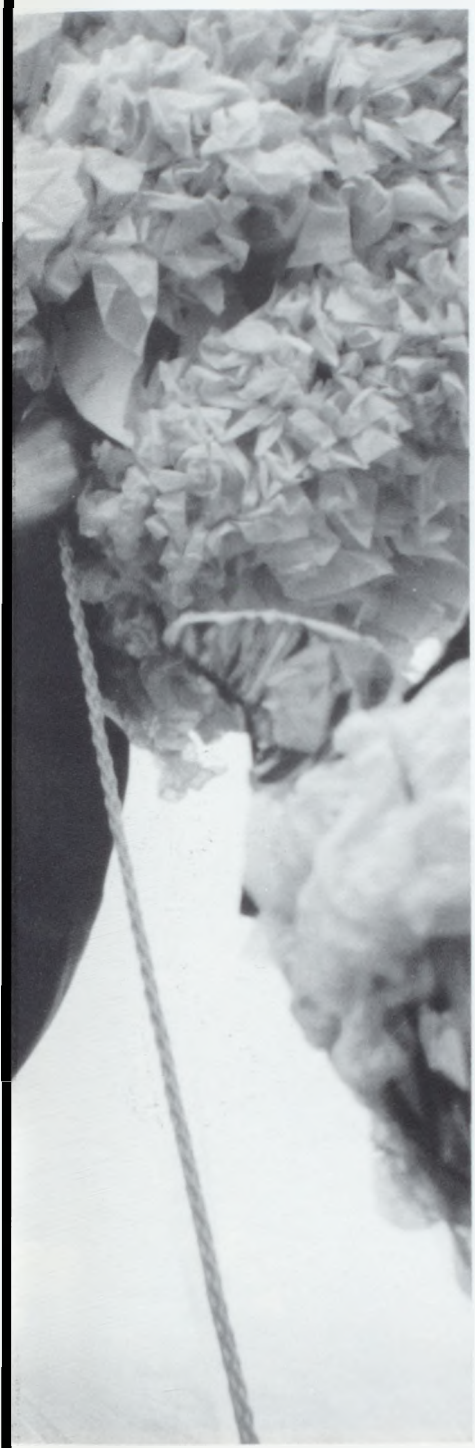




Freshmen Erin Derby and Rory Flynn slow dance to the song "I'll Make Love to You," by Boys II Men. The dance was the finale to the homecoming week. photo by Anne Sciorrotta

Trying to get to the end of their rolls, seniors Scott Fales and Mike Willcox wrap the rest of their team, Children of the Corn, with toilet paper. Their efforts came up short and their competitors, the Navy Seals, won the event. photo by Tammy Walz





RAIN DROPS keep falling during homecoming week

Students and families waited by the curb. Kids held bags awaiting the candy and parents held umbrellas repelling the rain. Despite the weather, the parade persisted with the convertible tops up and floats soaked.

As the last fire truck passed, 24 teams assembled outside the track. "The rain made everyone somewhat wild," said sophomore Dave Gray. The teams waited for their names to be called and ran out onto the field. After they were organized, they rotated around to compete in the Rock-Around-the-Clock events.

Each team had a way of celebrating their victories. "After we won the tug-of-war in record time, Dave Edwards started eating the pudding out of the pit," said sophomore Jessica Leiendecker. In the end the three winning teams were Navy Seals, Hard Core and Zito's Paradox. **Story by Anne Sciorrotta**

GROOVIN' to the chicken dance

Finding a date, making reservations and buying flowers were a few things many students faced while preparing for the Homecoming dance. When Saturday night came parents snapped pictures, students ate dinner and then left for the dance.

At the dance, the students imitated the chicken dance. "I felt the chicken dance was rather groovy because I could get down and show that I'm in touch with my fellow animals," said junior Jared Grant.

Post-dance activities included bowling, movies and eating a late dinner. "We went to Perkins for a bottomless cup of coffee and a piece of pie, but we got kicked out because we needed to spend $2.50 and my meal cost $2.49," said sophomore Micah Sturdevant.

The night ended and students went home. They hung up their outfits and framed their pictures, the memories of the night still in their minds. **Story by Anne Sciorrotta**



"It (Homecoming) is a time when I get an extended curfew, spend hours fretting over a date and a dress and then go out for just a few hours."
-Sara Hill, junior



While eating at Garcia's, sophomore Eric Peterson gives a thumbs up to his sampler platter. His plans included dinner, the dance and watching *In The Army Now* at Jen Goode's house. photo by Jen Goode

PACKING BAGS
for a three-day, two-night trip

Once again when November rolled around, retreat participants packed bags and lugged over night materials to school. They traveled to the "closest place to heaven on earth," Boone Y-Camp.

Campers attended opening ceremonies, gave fuzzies and unloaded supplies. "We snacked on our food all the time; their food was nasty," said sophomore Rachel Webster. "We had candy, pop, and lots of other stuff."

Students broke into small groups to do activities such as the blind walk. They also listened to speakers and prepared a Karaoke song. "Our group did the song *Kokomo*," said senior Nick Iwig. "It was kind of stupid because the machine went out on our show."

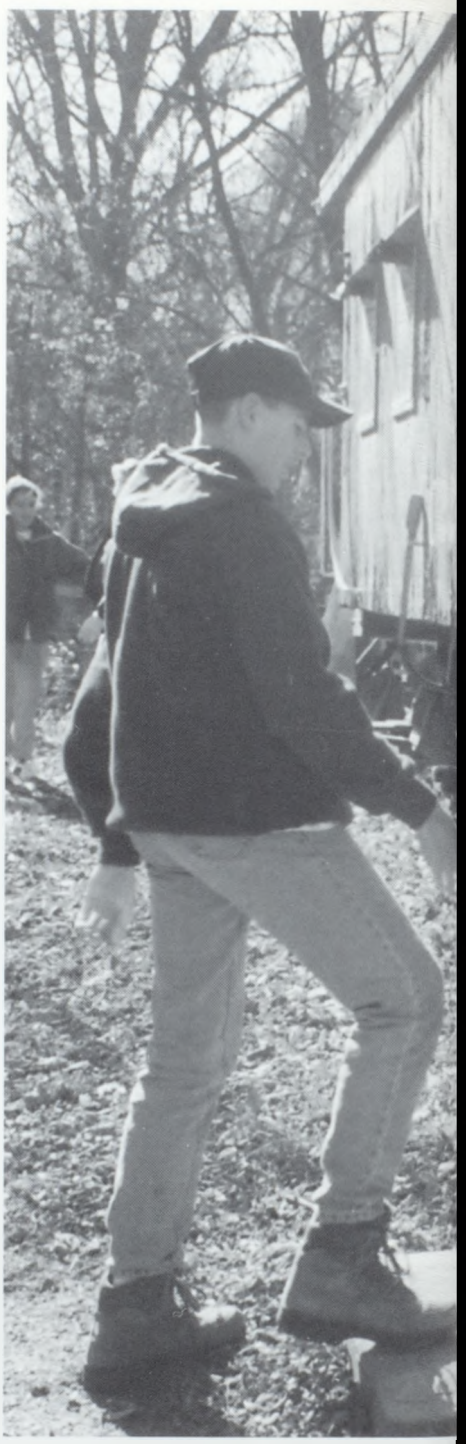
When the retreat ended, students took one last trip to their cabins to clean up their crumbs. Bags and bodies moved back on the bus to return home and crash. **Story by Tara Guttridge**

HELPING OUT
to receive a return trip

One requirement to return to the annual leadership retreat was the completion of a service project. Small groups congregated to decide on what their group would do to serve their community. Groups' ideas ranged from constructing a sand volleyball court to tutoring students. "We're going over to the middle school to answer questions by the fifth graders in the DARE program," said freshman Meghan Lehman.

Many groups' plans did not follow through so they had to come up with alternative plans. "We plan on reading to the kids at Lawson but I don't think we will get it done because we have had no meetings," said junior Brooke Miller.

Whether the group project was big or small, the completion not only benefitted the community but benefitted the campers with a return trip. **Story by Tara Guttridge**

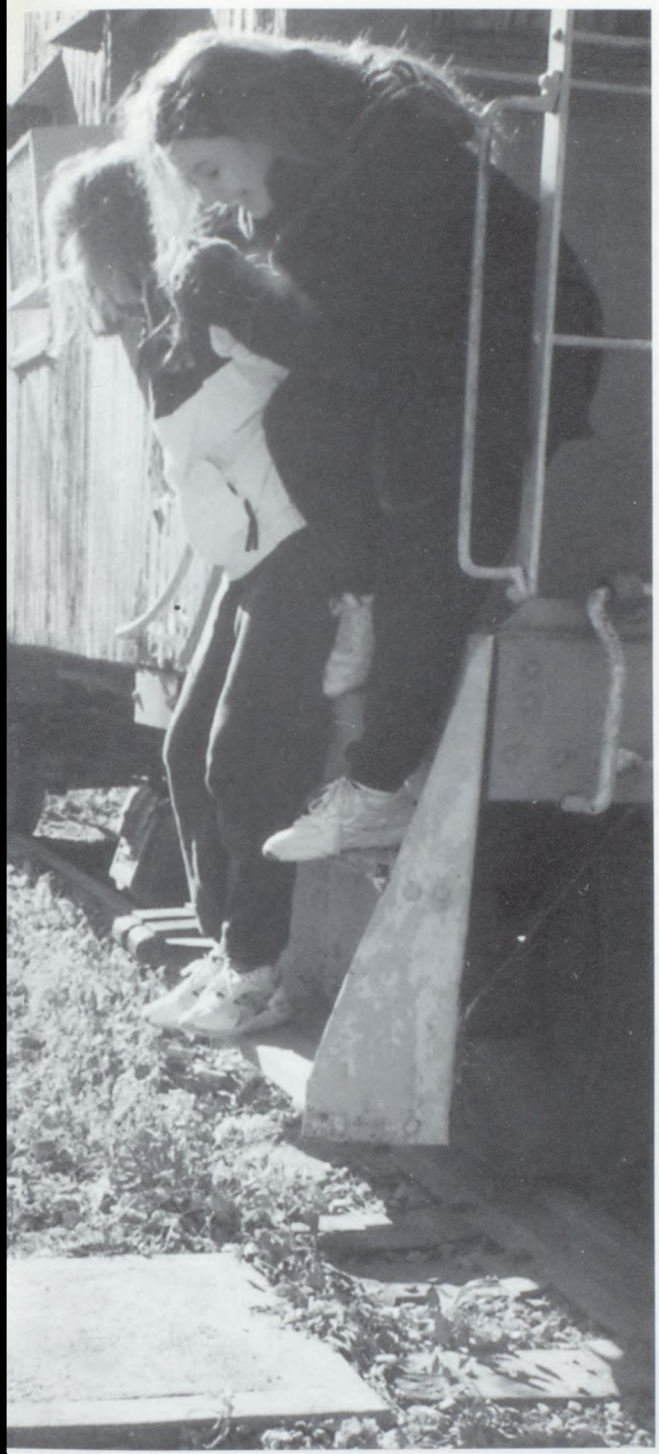




Singing "Happy Birthday," junior Sara Hill gives her sister, senior Jodi Hill, her cake. Because Jodi's birthday fell during the retreat, she celebrated with friends in Boone. photo by Tara Guttridge



"Mrs. Korte did a great job with her stories. She kept a lot of the kids' attention during the night activities."
-Pat McGowan, senior



Sophomore Nicole Chavas leads blindfolded freshman Megan Sheeks down the steps of the caboose while freshman Brad Schwartz watches. The blind walk was one of the trust activities in which first-timers participated. photo by Tara Guttridge



Freshmen Holly Bidney and Megan Sinnwell relax and enjoy the view at Chapel Point. Chapel Point was the starting point for many campers that went hiking through the camp. photo by Tara Guttridge





Freshmen Aaron Wych, Jon Foley, Adam Straw and Steve Tyrell participate in a football game with a Y-camp counselor. Free-time allowed students to go hiking, roam around the camp, play games in the lodge or take a nap in their cabins. photo by Tara Guttridge

Filling out an announcement form, senior Christy Buchmeier lets her small group know of their next meeting. Small groups planned and completed community service projects to be able to return to the retreat. photo by Tara Guttridge

CRASH COURSE
calamities prove to be frequent

Every nine seconds a teenage driver was involved in a car accident nationwide. JHS students frequently added to this statistic. "One day, when it was raining really hard, two other people and I were in three separate car accidents within five minutes of each other," said senior Michael Martin.

Some students contributed to the numbers more than others. "I was in three accidents within nine months. I could have avoided all of them if I had payed more attention to the road than I did to the music," said junior Mark Oiler.

Whether they were in one accident or three, at separate times or simultaneously, students' driving abilities were continually tested. **Story by Tammy Walz**

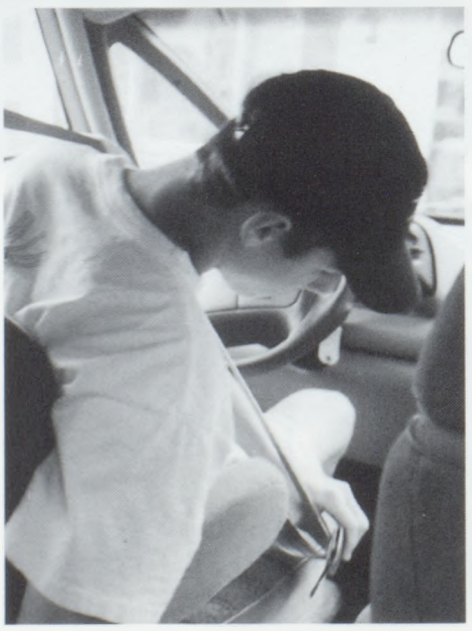


SEATBELTS
they aren't just for dummies

Slow down 200 feet before a stop sign, keep a distance of two car lengths between you and the automobile you are following and buckle your seat belt. The drivers' education class focused on more than just these common-sense scenarios. "The main idea of drivers' education is for the students to obtain attitude more so than ability. We want the kids to feel confident when they are driving on their own, as they would if the instructor was in the car with them," said instructor Jim Mahoney.

It was a painless yet petrifying process. "The scariest part was trying to get used to my driving partner. At first, every time I got in the car I was scared for my life," said sophomore Sarah Green. Drivers' education proved frightening for some, but it was students' ticket to freedom and a drivers' license. **Story by Tammy Walz**

Buckeling up for safety, sophomore Reggie Burke gets ready for his test drive. Aside from 30 hours of classroom work, drivers' education students were also required to have 10 hours of actual drivng time. photo by Anne Sciorrotta





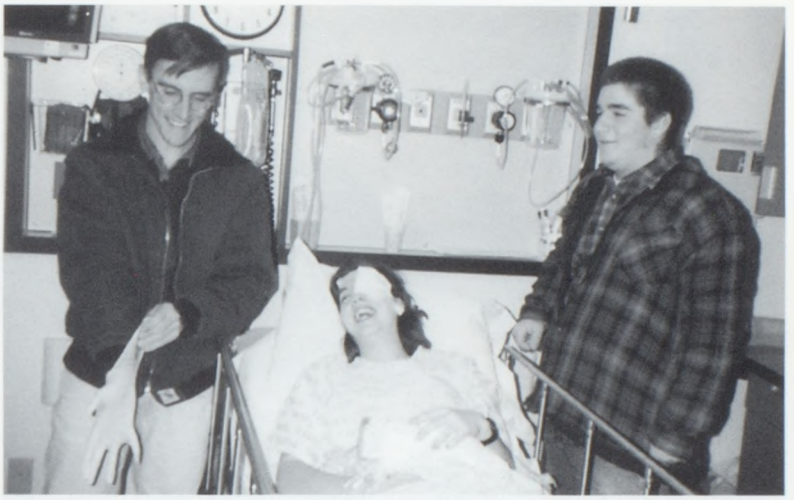
"I was pulling out of one of the lanes at the same time that AJ Simpson was reversing his car to talk to some friends and we collided. I hit my head on the window and had to go to the hospital."

-Jaqlyn Collier, senio



Beating the winter cold, junior Sara Blasco attempts to jump-start her car. With temperatures dropping to 30 degrees below, the red and black jumper cables were many students last resort. photo by Tammy Walz

Re-enacting a scene similar to the rubber glove act in *Wayne's World*, friends Wade Winters and Viken Koundakjiam try to comfort sophomore Kim Kohles. Kohles' Explorer collided with a tree after sliding on ice. She was taken to Mercy Hospital for surgery to remove glass from her face. photo by Jean Kohles







Receiving paperwork from a representative, sophomore Sarah Batchelder completes the final stages required to get her truck from the repair shop. Batchelder's truck was sideswiped when she made a left turn on a green light that she mistook as a green arrow causing $2,000 worth of damage. photo by Mark Batchelder

Paying close attention to his instructor, Mr. Dennis Briggs, freshman Josh Parry listens to a lecture on the importance of stopping at railroad crossing. The drivers' education class met once a week for an hour-and-a-half time period. photo by Tammy Walz

Senior Kris Bro and junior Holly Susic take a Saturday night to hang out with friends and play a game of College Football '96 on Sega. Bro's house was a popular hang out. photo by Joann Stark



Attempting to put the four ball in the corner pocket, junior Tim Keck shows off some of his pool skills. Keck and his friends had a tradition of getting together and playing pool. photo by Joann Stark





Earning some extra dollars, junior Kellie Barney scans a package of M&M's at the Johnston Hy-Vee. Barney had worked at Hy-Vee for a year-and-a-half. photo by Joann Stark

Freshman Marie Bunce spends some time studying her Algebra I. Bunce spent about an hour on homework every night. photo by Joann Stark





TIME IS TICKIN'
STUDENTS WORK HARD TO BEAT THE CLOCK

After eight periods, the tune of the last school bell played. It was finally time to just sit back and relax. But some students didn't choose the route of a couch potato. They decided to keep themselves busy with things such as work and extra-curricular activities. "I wish we had 30 hour days, but I'm sure that if we did I'd have even more stuff to do," said junior Ben Oviatt.

Students found something to occupy every hour of the day. "After school I go to Oakmoor for two hours, do my homework for at least an hour, and then I go out with friends to a game or something," said freshman Rory Flynn.

No matter what students did from the time the last bell rang until the first bell rang the next day, they continually worked hard to beat the clock. **Story by Joann Stark**

BATTLING THE BOREDOM
IN A RURAL SUBURB

"Des Moines is boring. There's nothing to do here," said freshman Meghann Wiig. This was the opinion of many as they set off to find ways to keep entertained on the weekend.

Some popular spots were malls, Perkins, the movies, or simply a friend's house. "People always whine about there not being anything to do. There's a lot of things going on in Des Moines, people just don't realize it," said junior Justin Hoefling.

A lack of things to do may have been because of a lack of transportation. "If you have a car you can do whatever you want to, but if you don't, you can't do much because Mommy has to pick you up," said sophomore Meredith Brewer. No matter what people decided to do, they were constantly finding ways to battle their boredom. **Story by Joann Stark**



Taking a break from shopping at Valley West Mall, senior Heather Smith and junior Heather Patterson play a game of Revolution X at the Fun Factory. photo by Joann Stark



"School nights are so hectic. I work until six o'clock everyday so I'm only home for a few minutes before I'm off doing something else again."

-Renee Ebke, senior

Senior Jennifer Gilchrist and date give their names to freshman Andy Johnson for the public announcing of couples. This announcement, a red carpet and oversized cameras helped carry out the theme "Night of the Stars." photo by Steve Ring

Under hypnosis, senior Todd Pembroke exposes his stomach and wiggles his hips as he morphs into a belly dancer. Pembroke also sang his version of Garth Brooks' "Friends in Low Places." photo by Stephen Ring







Urbandale student Jon Dejong places a corsage on senior Chrissie Huisman's wrist. The couple met with a group of students at Huisman's house for photographs and videotaping and then proceeded to Christopher's for a meal. photo by Tara Guttridge

Before being photographed, senior Troy Webber and date are repositioned by the Mullica assistant. Mullica took formal pictures of couples and groups and also took many candid shots. photo by Stephen Ring







"I couldn't understand half of what the hypnotist said because the music was so loud and he mumbled."
-Gretchen Powell, senior

As hair appointments, corsages and tux rentals all carried price tags, expenses seemed to accumulate. While some worked for weeks to take care of costs, others found ways to limit spending. "We went to McDonalds for dinner," said senior Amanda De Reus. "We had spent too much money on everything, so we decided we wanted to eat for under $10."

NIGHT OF THE STARS
gives students a chance to feel like celebrities

With all of the formalities taken care of, students flocked to the STARC Armory at Camp Dodge for the prom dance. "The theme was good and they had a lot of materials to fit it," said senior Marcie Peterson. "It was creative to have introductions before going inside and hanging stars with the seniors' names."

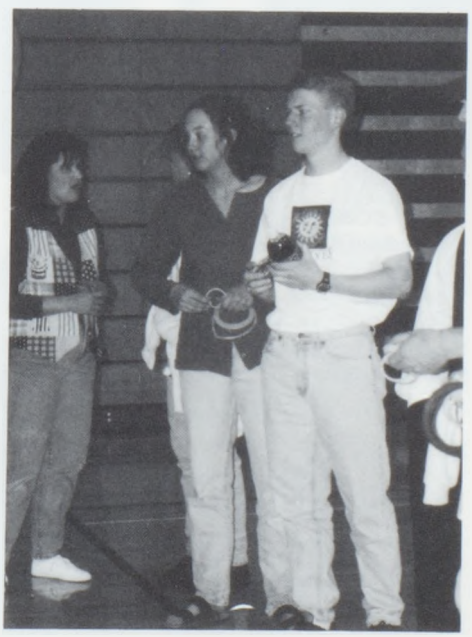
After cutting a rug and finishing the last mint, students took their clapboard picture frames and many headed to after prom. **Story by Stephen Ring**

Anticipating winning prizes, the prom crowd dashed to the gym prepared to "Go for the Gold." Competing in a variety of events, many students found themselves visiting the prize table. "After prom was great because I won a gift certificate to Rene's Greenhouse," said junior Dan Sundblad. "That way I didn't have to spend money for a Mother's Day gift."

OLYMPIC GAMES
revived weary prom-goers

Some students were not as fortunate. "You would think that going to after prom two times I would win something," said senior Dani Williams. "The only thing I got was the shirt my boyfriend won."

After the senior video was shown and several students fell under hypnosis, the "big" prizes were given away. Senior Jon Vocelka and junior Jenny Flanagan ended up sticking $250 in their pockets. Picking up their grocery bags full of prizes, students headed home for a day of sleep. **Story by Tara Guttridge**



In an attempt to win another liter of Dr. Pepper, senior Bill Sims and date Heidi Exline aim their plastic rings for the bottle tops. After prom opened its doors at 12:00 a.m. for students to participate in games such as Twister, Jenga and bingo. photo by Tara Guttridge

Reminiscing about their elementary years, seniors Nikki Thomas and Danielle Williams share a laugh. Getting back pictures from eighth grade French camp and their time capsules enabled the seniors to reflect on their past. photo by Anne Sciorrotta

Cradling a trophy, senior Kate Jones waits for her turn to place the softball memento in the "J." Mementos were a major part of class day that enabled the seniors to reflect on past activities and sports. photo by Meghan Mandsager







Seniors Ryan West, Joel Noble and Shon Olson sit down to their bacon and eggs. The seniors enjoyed their day off from school and attended the annual senior breakfast organized by the Jr/Sr Board. photo by Anne Sciorrotta

JR/SR BOARD. Sara Hill, Kristin Sorrells, Casey Abler, Megan Bengard, Mr. Jerry Stratton. **ROW 2.** Matt Simpson, Cody Koch, Pat McGowan, Tara Guttridge, Mrs. Joyce Rash.





DIGGING UP MEMORIES and into breakfast

Standing in line, seniors waited anxiously to fill their plates. After they traveled through the line, they sat down and dug in.

Seniors opened their time capsules and laughed at their pictures as they remembered their eighth grade year. "I was surprised to find strands of hair in my time capsule. I cut my hair in eighth grade so I could compare it to my hair now," said senior Casey Coleman

After Mr. Donahue gave his "Words of Wisdom," the lights dimmed, and the seniors watched the slide show. "I liked the slide show the best because it's something that makes you remember the past times. We don't do that in Mexico," said senior Karla Marquez. The lights flickered back on and marked the end of another senior breakfast. **Story by Kristin Sorrells and Anne Sciorrotta**

FOLLOW THE STARS into the spotlight

As their names were called, the seniors walked into the spotlight. Each senior was recognized in front of the student body and their parents. Seniors were also acknowledged for scholarships and other awards and for their past activity participation. "I received three awards, but I think the Eagle Scout Award meant the most to me," said senior Brad Schonhorst. "It took a lot of work to get my Eagle and it felt good to be recognized."

The day was full of last times for the senior class. "There was a bond between chorus members, so singing at class day for the last time was really special," said senior Monica Wiig. The band held their final note and the chorus sang their last harmony. It was the last time the school was together as a student body. **Story by Anne Sciorrotta and Kristin Sorrells**



"Senior breakfast and class day are traditions. They bring the seniors together to be honored as a class."

-Juliane Morgan, senior



Wiping away the tears, seniors Amanda DeReus, Laura Schuster and Kristie Wanner say their goodbyes. Many students felt a wave of emotions and stayed after class day to say their farewells to their classmates. photo by Anne Sciorrotta

CELEBRATING
through chaos, stress and tension

With graduation approaching, seniors began the process of planning an open house. It was to be a celebration of achievements and high school completion. However, many times open houses turned into sources of stress. "Bethany Ashby and I had a huge crisis because we couldn't find any purple and gold decorations," said senior Emily Skow.

Once the invitations were mailed and the food prepared, the chaos continued. "It was really hard trying to talk to everyone," said senior Kate Jones. "When someone came in by themselves and sat in a corner, I'd make sure I'd talk to them."

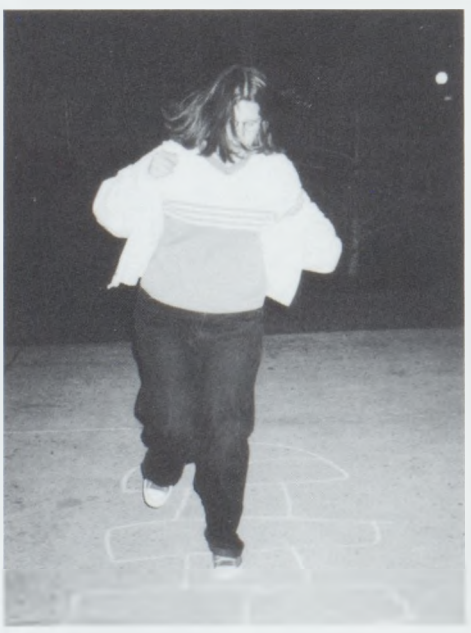
Although open houses proved to be a time of tension, they were also an opportunity to have some fun. "It was nice to see all my friends and family and the cash was an added bonus, too," said senior Dave Edwards. **Story by Jen Goode**

MOVING ON
after a final walk down memory lane

As childhood memories unfolded, seniors came to the end of high school and began another stage of their lives. Graduation arrived and the security of JHS became part of the past. "It was depressing to think that I might never see these people again," said senior Jeremy Comer. "I had to keep thinking that it's just a part of life."

The seniors were anxious and ready to rebel through various pranks. "On the night before our last day of school, we camped out in the parking lot," said senior Matt Madison. "We played music, had boxing matches and grilled out. It gave us a chance to hang out one last time."

With the laughs and jokes came tears and good-byes. According to senior Tim Halling, Christopher Robin put it best when he said good-bye to Winnie The Pooh. "Don't forget me, ever, not even when I'm 100." **Story by Tammy Walz**

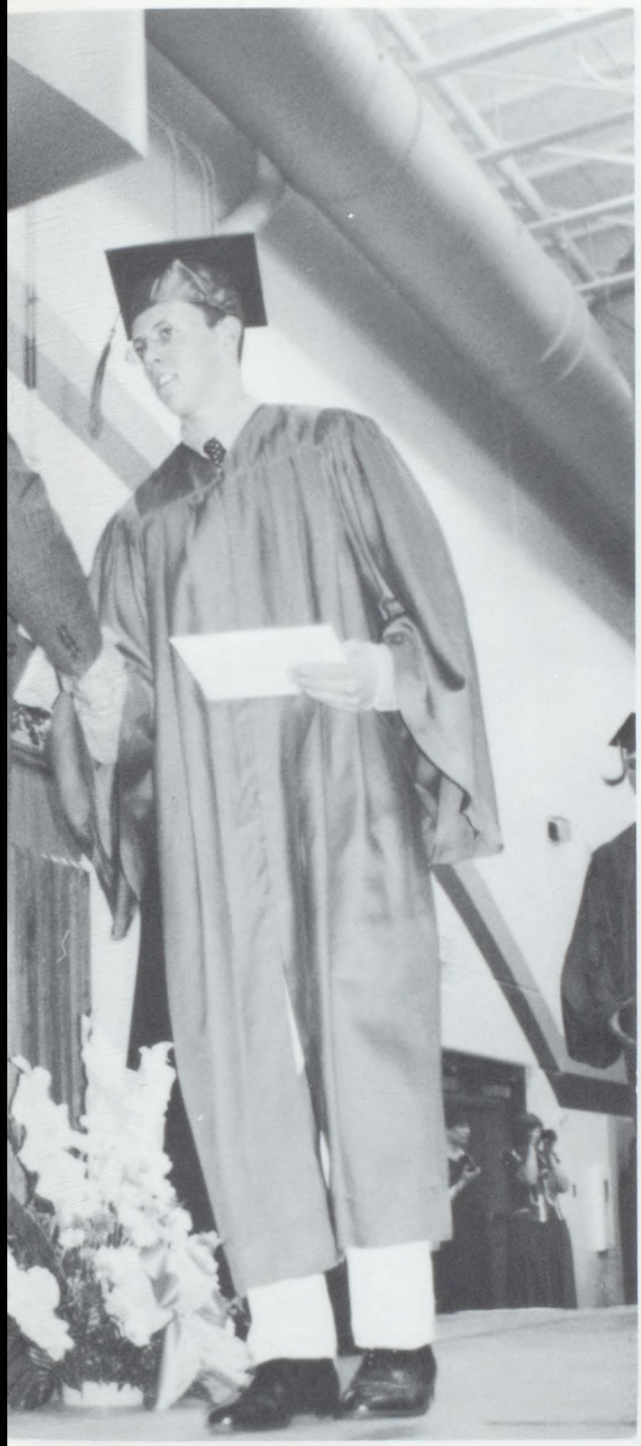


Enjoying a game of hopscotch, senior Heidi Wych participates in one of the numerous activities set up at senior Joann Stark's open house. Darts, dancing and basketball were also options. photo by Tammy Walz





"We were at a party when Ben Barnes said we should all get Silly String for the ceremony. The guys put it in their pockets and the girls hid it in their underwear and pantyhose."
-Kristy Wilges, senior



Shaking Dr. Richard Sundblad's hand, senior Marcus Leigh is congratulated for his completion of high school. The diplomas were handed out by Mr. Doyle Sanders, President of the Board of Education. photo by Tammy Walz

After the diplomas were given, tassels turned and caps thrown, senior Tanner Cain pulls out a can of Silly String from under his robe and fires. The senior class had planned many pranks throughout their final week starting with their camp out in the parking lot. photo by Tammy Walz







Freshman Meghann Wiig helps her sister, senior Monica Wiig, adjust her cap and place her tassel. Tassels were first put on the right side of the cap and then switched to the left after the seniors received their diplomas. photo by Jen Goode

Topping his ice cream sundae with Hershey's chocolate syrup, senior Greg Tibboel prepares to chow down at Bryan Burkhardt's open house. Burkhardt offered a "create your own sundae" bar instead of a wide variety of dishes. photo by Tammy Walz

Giving his car a pleasant aroma, sophomore Shane Smith places a Garfield air-freshener on his rearview mirror. Air-fresheners were a popular car accessory in flavors of vanilla, strawberry and pine. photo by Anne Sciorrotta



Working at The Buckle, sophomore Stephanie Black takes down the pair of Calvin Klein shorts from the top rack. The Buckle was a popular store to buy such brands as Calvin Klein, Mossimo and Esprit. photo by Anne Sciorrotta





After work, senior Tammy Proehl checks out the movie selection at Hy-Vee. Hy-Vee was a popular movie rental store along with Moovies and All-Star Video. photo by Anne Sciorrotta

Between classes freshman Julie Heffling fastens her hair in a claw clip. Claw clips were the newest hair accessory that took the place of scrunchies and rubber bands. photo by Anne Sciorrotta





EXPRESS YOURSELF in fashions to dye for

Students didn't copy fashions from runway models. They pushed their creative minds and came up with their own unique styles.

Tattoos were a popular form of fashions for some students. The designs were found on ankles, arms and waistlines. "Tattoos are just a fad right now," said sophomore Leah Rutherford. "I got a rose on my left hip. That way if I don't want it to show, I can cover it easily."

Students also expressed themselves by dying their hair. From green to a light shade of brown, students colored their hair in "three easy steps." "There are two reasons for dying your hair," said junior Alyssa Samuelson. "One is to be different from everyone else, and two is to be different individually."

Students used everything from clothes to hairstyles to express themselves and achieve a look to dye for. **Story by Anne Sciorrotta**

What's cool. What's hot. What you can't live without.

Fast-food restaurants
1. McDonald's
2. Fazoli's
3. Burger King

Chips to munch on
1. Doritos
2. Pringles
3. Cheetos

Candy to snack on
1. Snickers
2. Hersheys
3. Butterfinger

Pops you love to chug
1. Mountian Dew
2. Dr. Pepper
3. Pepsi

Restaurants to go to on a date
1. Olive Garden
2. Applebee's Neighborhood Grill & Bar
3. Greenbrier Restaurant & Bar

Ways to pass time
1. Go out with friends
2. Watch movies
3. Sleep

Hottest hangout
1. Friend's house
2. Mall
3. Perkins

Movies seen more than once
1. Happy Gilmore
2. Up Close & Personal
3. Show Girls

Favorite movies theaters
1. Cobblestone 9
2. Carmike 11
3. Forum IV Theaters

Best cars to drive at an incredible rate
1. Mustang
2. Jeep Cherokee
3. Camaro

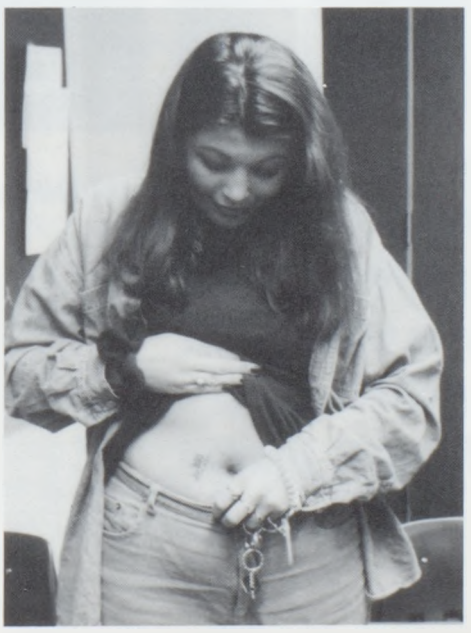
CDs listened to over and over
1. Alanis Morissette "Jagged Little Pill"
2. Garth Brooks "Fresh Horses"
3. Adam Sandler "What the Hell Happened to Me?"

Songs you can't get out of your head
1. "Peaches" by Presidents of the U.S.A.
2. "Ironic" by Alanis Morissette
3. "Macarena" by Los Del Mar

Information taken from two classes in each grade.



"Last year everyone wore more layers and dressed up. Now it's more alternative and retro styles."
-Katie McClure-sophomore



Flashing her stomach, senior Anna Greteman shows off her new tattoo. Feeling a little wild on prom night she made a trip to a tattoo parlor and ended up with a cupid on her waist. photo by Anne Sciorrotta

Should Johnston have block scheduling?

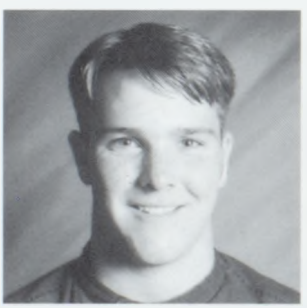
yes



I would like block scheduling at Johnston. You would have more time to focus on certain topics in class instead of rushing through a lesson to beat the bell. There would probably be time in class to do homework and get more help from the teacher.

- Sarah Bidney, junior

no

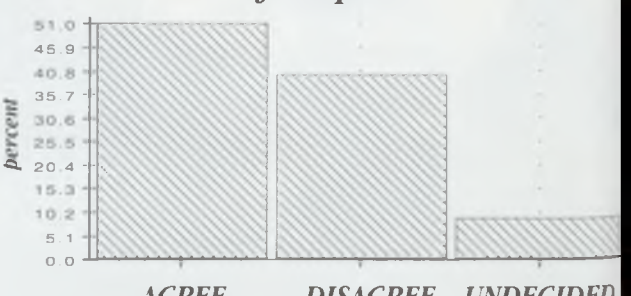


No, I don't want block scheduling. I think what we have right now has been working fine. I have yet to hear a student agree with this block scheduling. We honestly haven't had any problems with our original plan, so why mess with it? If it ain't broke, then don't try to fix it.

- BJ Knapp, junior

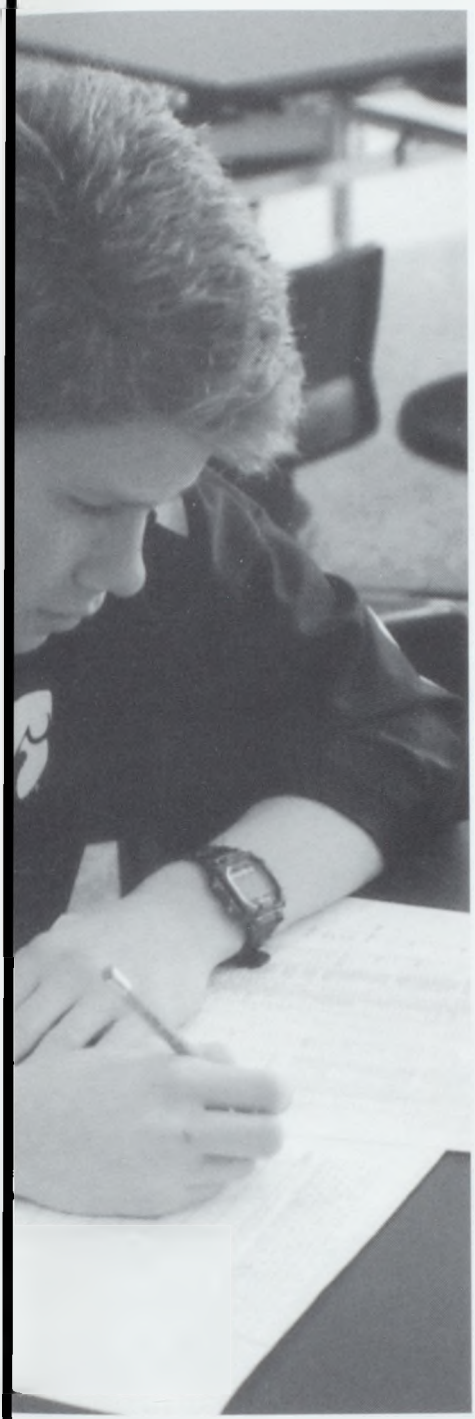


Do you agree with the acquitting of OJ Simpson?



** Two classes of each grade were surveyed.*

spread by Jen Goode and Tammy Walz



Analyzing the teacher/class lists, freshman Dennis Dane tries to form a schedule. Students were required to complete the scheduling worksheets before they began self-scheduling. photo by Dan Kuster

Taking attendance during his Spanish III class, senior Mark Hornback fills out the attendance slip. As part of school policy, attendance was 10% of students' grades. photo by Jen Goode



Should attendance be 10% of students' grade ?

Yes, attendance should be 10% of your grade. Teachers are here to teach and help students. In order to take advantage of the teachers' help, you must be in class. If anything, make attendance count as more.

-Holly Susic, junior

No, 10% is too much for attendance. The school offers many out-of-school activities. It's not fair that you lose points because you get the chance to learn outside of the classroom, it's like they're punishing you.

-Felisha Montero, sophomore

Should the US send troops to Bosnia?



Yes, I think we should send troops to Bosnia. I believe that it is our duty, being the most powerful country in the world, to take charge and be a leader to promote justice worldwide. If you just stand back and don't do anything, the Bosnia situation could escalate into World War III.

- Pat McGowan, senior



No, troops shouldn't be sent to Bosnia. They've been fighting for years and even if we intervene, it's not like they're going to stop. We are not the world's watchdog. Why must we, in order to prove what a "great" country we are, take other countries' problems and make them our own?

- Patrick Midtling, freshman



try
to tell us
apart ◆ watch
out below ◆ do not
step on any toes ◆ pump
some iron ◆ take a hike ◆ get outta
here ◆ get a job ◆ keep hands inside the
bus at all times ◆ bring appropriate materials ◆ get
into the right school ◆ lend a helping hand
improve your score ◆ point your
toes ◆ strike a chord ◆ smile
for the camera ◆ show
them what
you've
got

strut your stuff



Placing his feet under a weight rack for stabilization, junior Ryan McClanahan does sit-ups to work on his abdominal muscles. McClanahan and many others frequented the weight room after school to keep their "buff" physique. photo by Meghan Mandsager.

Senior Crystal Smith browses through a scholarship booklet in the guidance office. Scholarships helped ease the financial burden for many students. photo by Mark Stookey



Depositing money at the bank, junior Nancy Masinando gets an early start at saving her pennies. Bank accounts allowed students to hoard their cash together for their college education. photo by Mark Stookey

































College Expenses

Seniors save their pennies in preparation for future schooling

Preparing to go off to college was a main event for many high school students. An element that affected many of these students was how to pay for their post-secondary schooling.

There were endless options open to students to help them pay for college. A popular one, that several took advantage of, was scholarships. "I plan to get help for college through scholarships," said senior Brad Sturtz. "My only problem is I haven't decided which school I'm going to."

In addition to scholarships, jobs helped ease the financial burden for many. "Since college is just around the corner, the money I've saved from work will help me a lot," said senior Jeremy Comer.

In order to accommodate the increase in cost of education, students worked long hours at jobs and filling out applications to better their financial situations. **Story by Mark Stookey**



Peter Alexander
Matt Anderson
Kirsten Rae Angstrom
Heather Rae Arndt
Bethany Diane Ashby
Andrea Janene Beck
Megan C. Bengard
Michael James Bennett
Rishel Rae Bess

Kasi Dulane Bilbrey
Brian John Blessman
Laura Block
Jordan Christopher Boley
Amy Sue Brehmer
Kris Bro
Christine Ann Buchmeier
Bryan Adamson Burkhardt
Jennifer Marie Burklund

Aimee Marie Butler
Willie Butler
Tanner Cain
Shannon Marie Caltrider
Danielle Kay Carroll
Jason Wayne Caton
Zachry A. Christensen
Shalon Joi Clark

Life is a highway

Students packed their bags for a little fun and relaxation

With a full tank of gas and a stack of their favorite CDs, students hit the highways. They found themselves traveling to far off places to visit friends, watch sporting events or listen to their favorite bands rock the stage.

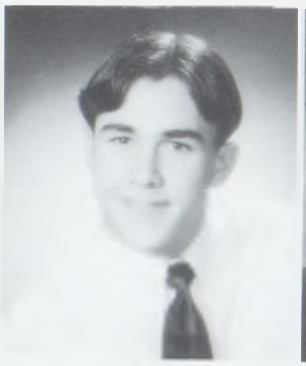
The first step in many road trips was a stop at a gas station or grocery store to buy the essentials. "To prepare for my road trips, I go to Quiktrip to get a full tank of gas, some munchies and a 12 oz. cappuccino. I also bring my tape that has a variety of songs from my favorite CDs," said senior Casey Coleman.

Some trips required many hours of driving through stretches of boring atmosphere. Students entertained themselves by playing games and listening to music. "I went to see an Iowa/Indiana football game with (seniors) Zac Christensen and Cory Kiper. To pass the time, Zac and Cory sang *American Pie*," said senior Jon Vocelka.

The games became boring, the food ran out and the music got repetitious. Soon the gas tank was nearing empty, and students returned home to make plans for their next weekend road trip. **Story by Anne Sciorrotta**



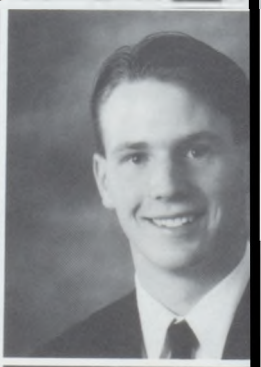
Myles Cochran
Casandra Sue Coleman
Jaqulyn Ann Collier
Jeremy John Comer
Aaron Michael Corcoran
Eric Mitchell Crowdis
Amanda DeReus
Renee Lynn Ebke
David Edwards





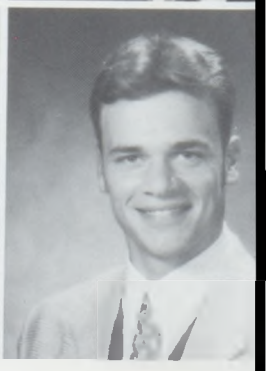

Michael David Fackler
Amanda Michelle Fisher
Shannon Elizabeth Fisher
Jonathan French
Regina Garza
Jennifer Michelle Gilchrist
Ryan Gray
Marc A. Gregor
Anna Nichole Greteman



Jamie E. Grimm
Tara Lynn Guttridge
Derek J. Haag
Timothy Warren Halling
Sarah Hamilton
Marissa Lee Hansen
David F. Hawkins
Lisa Marie Henning



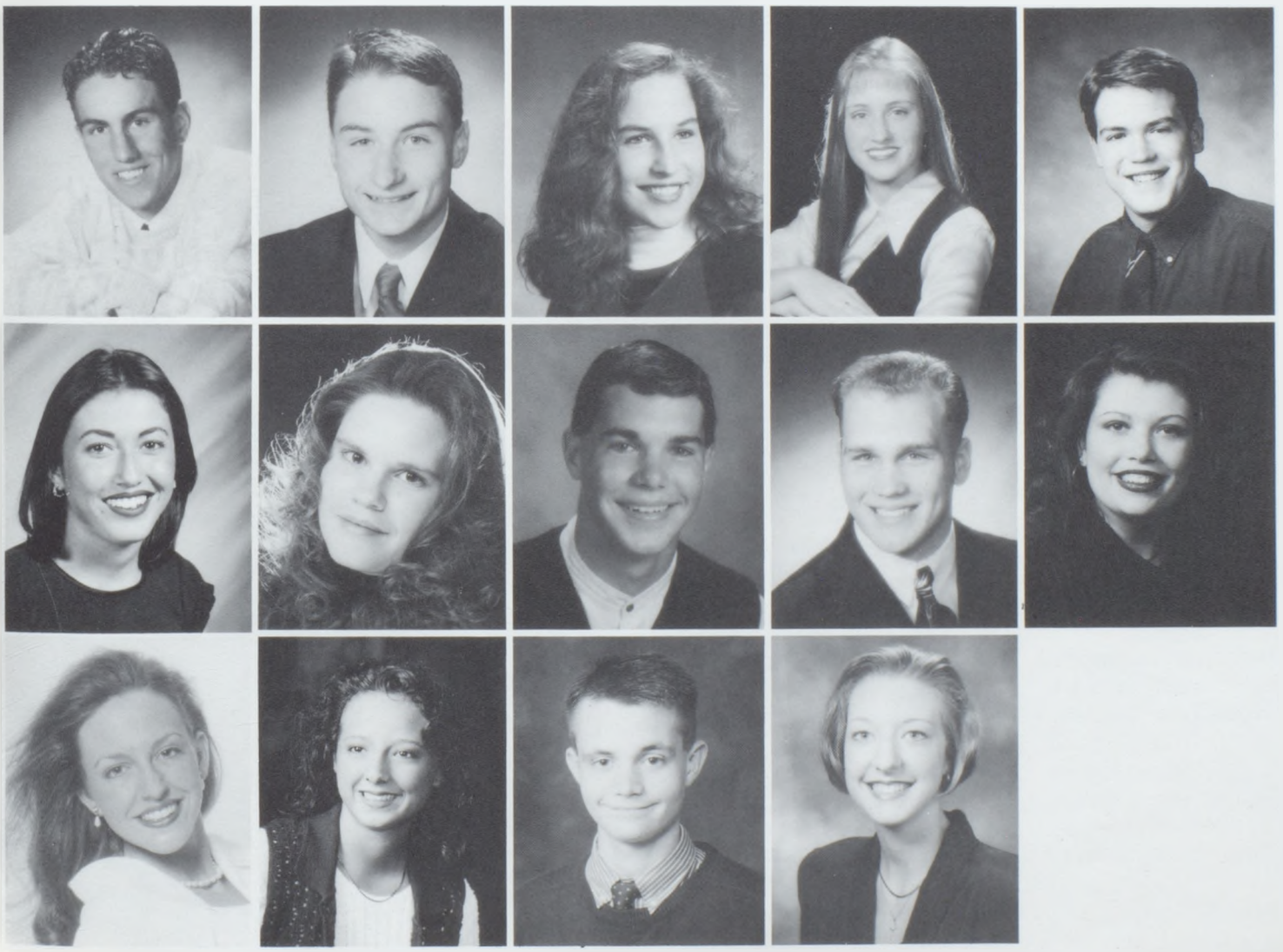





Before paying for gas, senior Stephen RIng refills his 52 ounce mug with French vanilla cappuccino. His stop at Quiktrip was only the beginning of his long ride to see his girlfriend on Valentine's Day. photo by Anne Sciorrotta



Using a road map, junior Alicia Frasier gets rid of a pesky bee. Seniors Tara Guttridge and Renee Ebke joined her and journeyed to Iowa City. There they visited some friends, shopped and attended a party. photo by Tara Guttridge



Searching seniors

Seniors hunt for the one great answer that will change their life

"To go or not to go," that was the question many seniors were asking themselves as they sifted through the mounds of college mail. "I had a good system. The pile with possibility or the trash," said senior Jamie Grimm.

Despite the mail, some seniors were not deterred from their original plan. "When I was little I would pretend I was a lawyer from Drake like my parents. I thought that was cool," said senior Robin Sanders, who was nominated for a full-ride scholarship to Drake University.

Even with the best intentions, not all seniors stuck with their first choice. "When I visited Northwestern University I found out it was better in my mind than in reality. It's also more expensive than snot," said senior Leanna Morris.

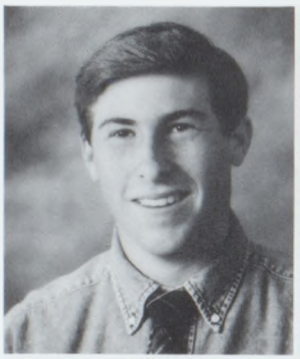
While some worried about cost, others were concerned with distance. "I want to be far enough away so that my parents can't visit every weekend, but I can still come home if I want to," said senior Matt Simpson.

No matter what the decision, seniors attempted to finalize their future plans and were thankful that high school was no longer the place "to go."

Story by Crystal Smith



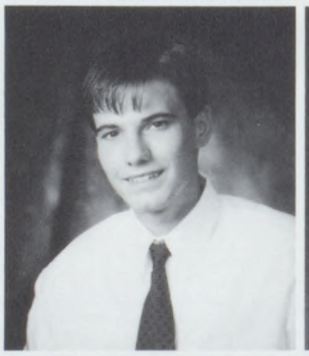
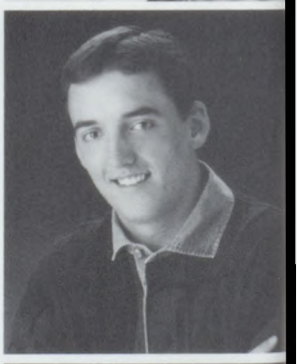
Jeremy Ryan Hietbrink
Jodi Lynn Hill
Justin Hoefling
Timothy D. Hruska
Damon R. Huber
Christina Kaylene Huisman
Nicholas Mark Iwig
Katie Anne Jacobsen
Courtney Ann Johnson





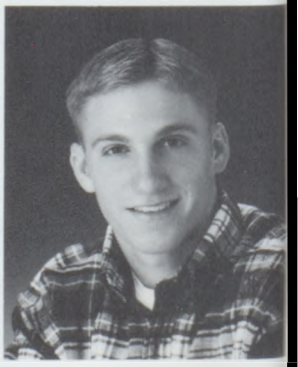

Kate Shearer Jones
Jodee Michelle Kennel
Bryan King
Cory Kiper
Cody Koch
Douglas Langworthy
Marcus Leigh
Jason William Lemke
Cory Liljedahl



Rebecca Lynn Longmire
Matthew William Lundberg
Ryan David Maasen
Matt Madison
Chad Markin
Elisabeth Anne Marvin
Katie E. Matulka
Brian Russell McCleary



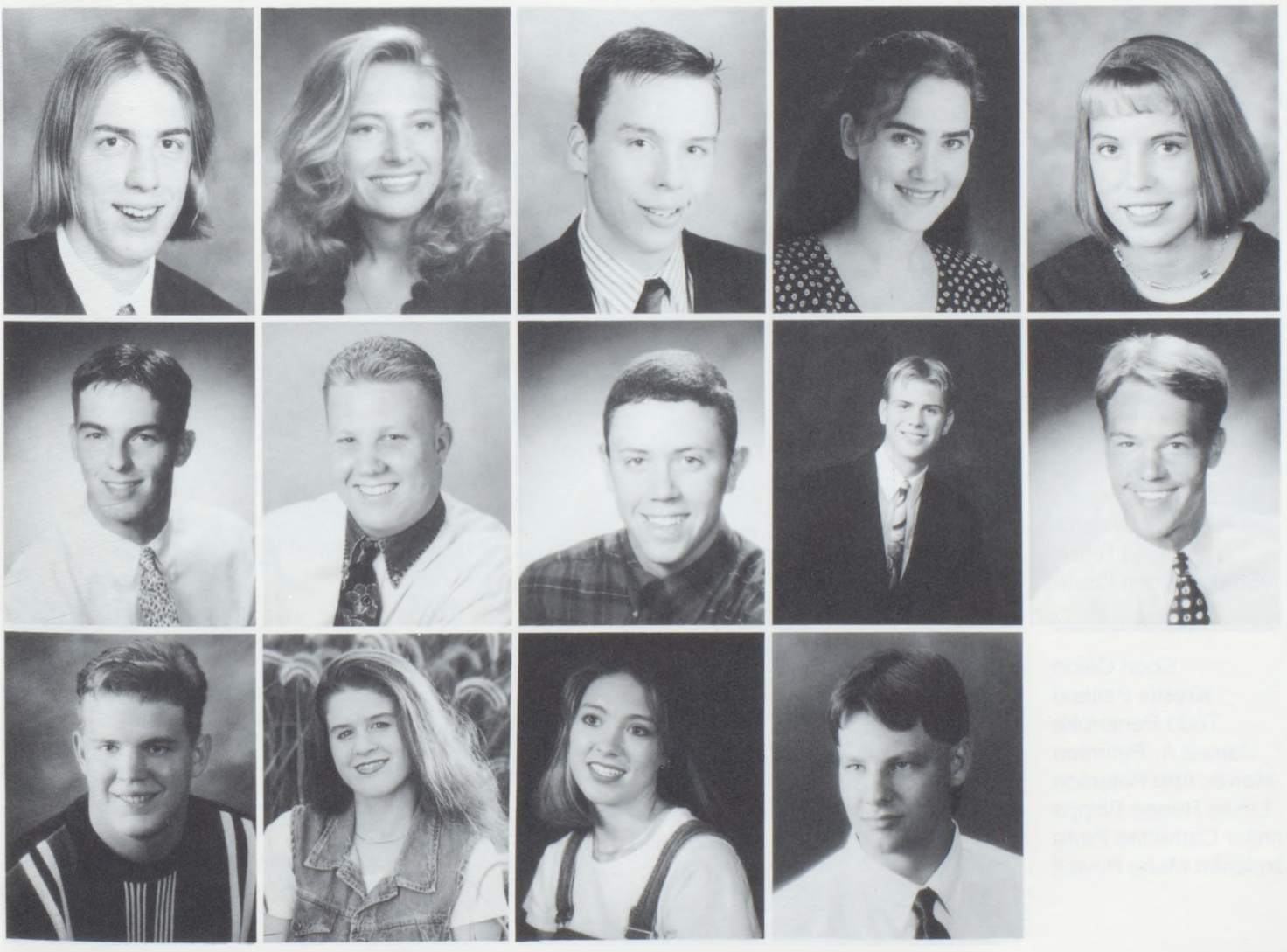





Senior James Peterson wastes no time in reading his college acceptance letter. Peterson planned to attend the University of Nebraska and major in business. photo by Crystal Smith



In an attempt to find financial aid for college, seniors Anna Greteman and Laura Schuster finger through the scholarship file in the guidance office. Throughout the year, scholarship lists were passed out to keep the seniors up-to-date on possible money opportunities. photo by Crystal Smith



Sick and tired

Fast spreading senioritis contaminated the senior class

A virus made its way into the senior class. It ate away at their willingness to do well in school, participate in activities and even to go to class. This fast spreading epidemic was not just the common cold or flu, it was the well-known senoritis.

Some seniors had had enough of high school and were ready to move on to higher education. "If we don't get out of here soon, I'm going to kill myself," said senior Bethany Ashby. "I'm all over it and hate being here. I'm ready to go to college because anything is better than this."

The jail-like confinements of high school bothered some students who resorted to attending McDonalds for a number four value meal instead of their fourth hour class. "I skipped Experiences in Writing to go to Hy-Vee for the $.99, number two breakfast," said senior Jay Nichols. Skipping seniors could also be found at places such as the mall, a friend's house or at home sleeping.

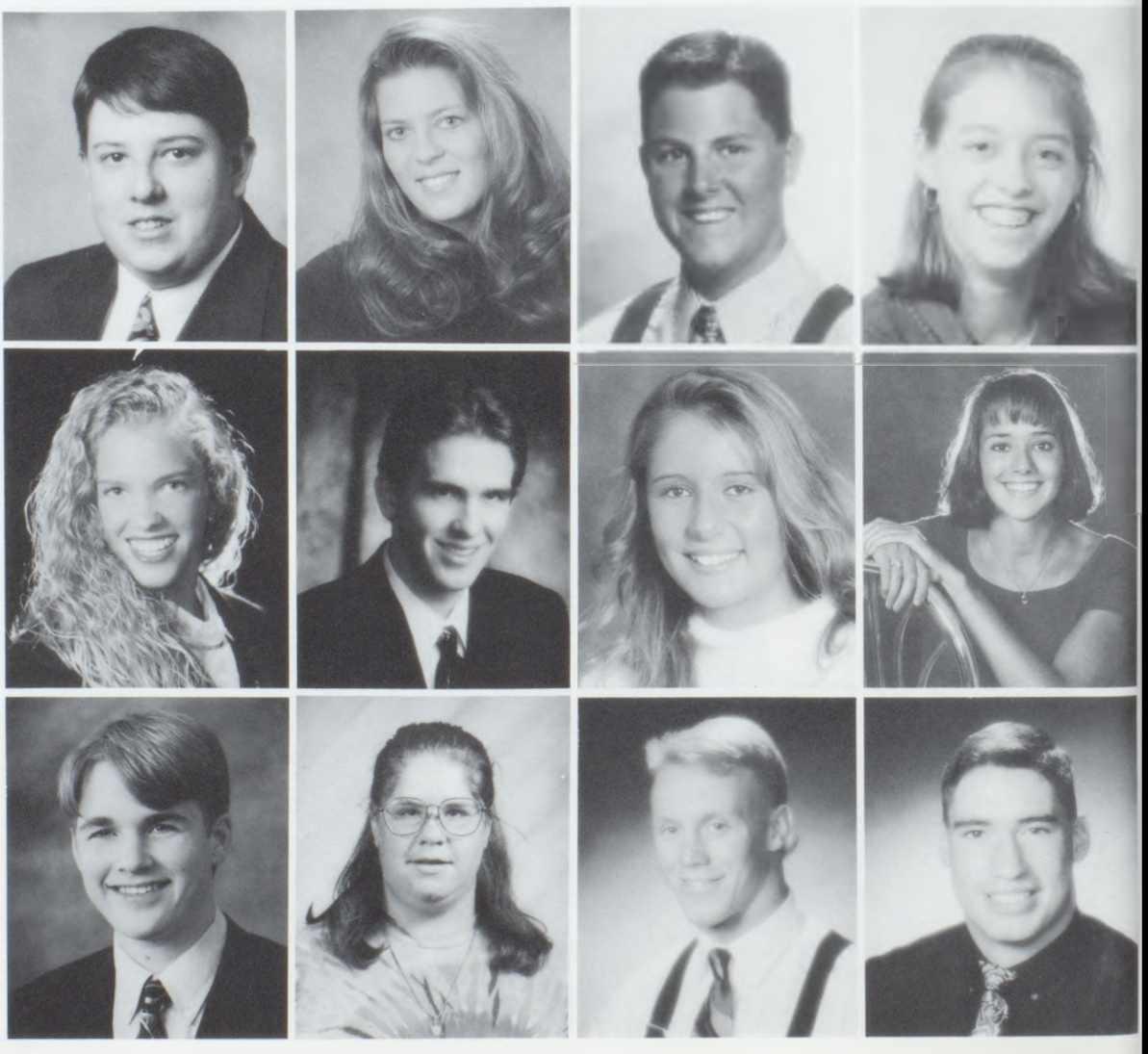
When the year progressed, seniors became more and more anxious to rid themselves of their sickness. They finally received their medication in the form of a diploma on May 26, at graduation. **Story by Tara Guttridge**

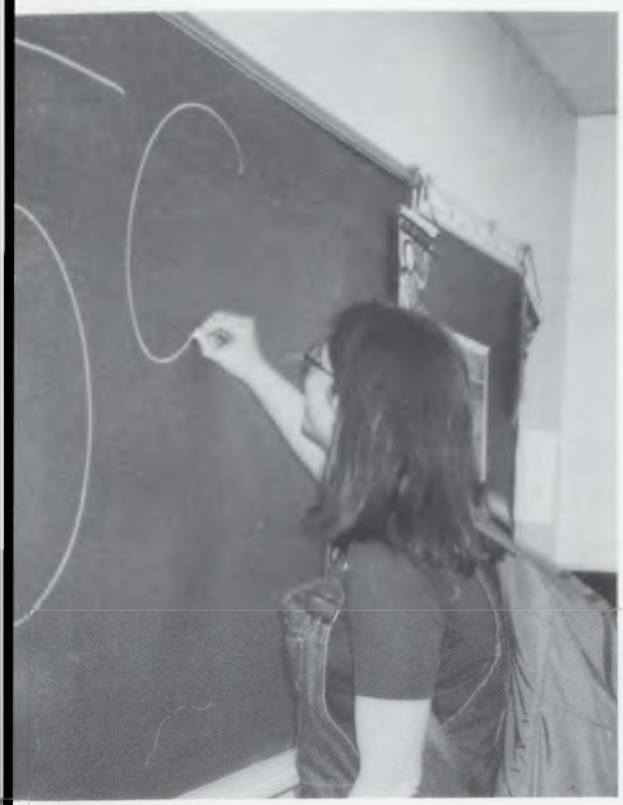


Kevin McConnell
Kristin Rae McConnell
Patrick James McGowan
Emily Elizabeth Medina
Rebecca Ann Miller
Brenda Lyn Mitchell
Nick Mitchell
Juliane Morgan
Leanna Morris

Annie Mullenix
Seamus O'Viren Murphy
Lisa Musselman
Sara Elizabeth Myer
Tim Nemmers
Kelly Newsom
John W. Nichols
Pat Nigon
Gregory John Olsen

Shon Olson
Krystie Pelland
Todd Pembroke
James A. Peterson
Marcie Ann Peterson
Leslie Renee Phipps
Jennifer Catherine Porto
Gretchen Marie Powell

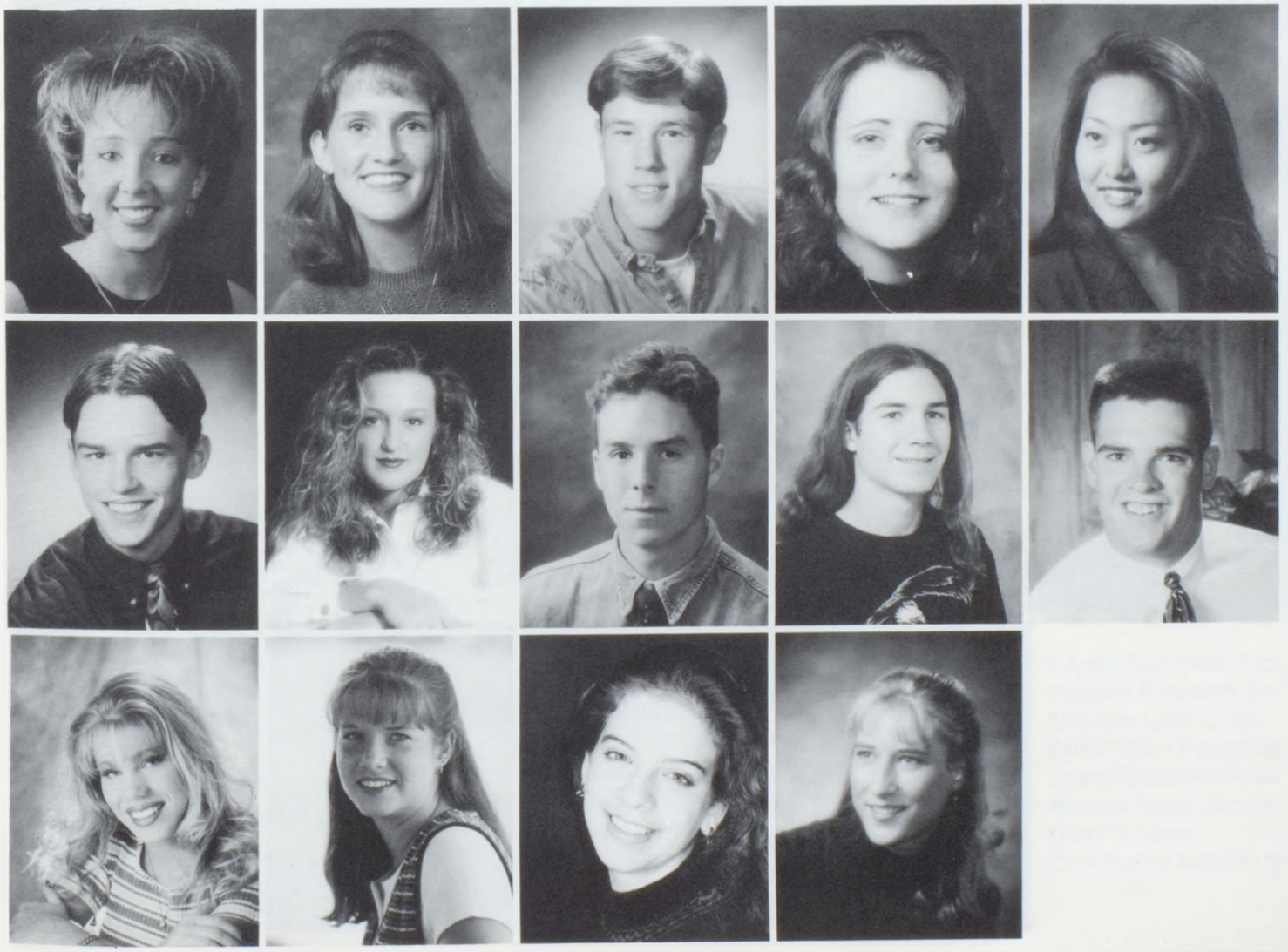


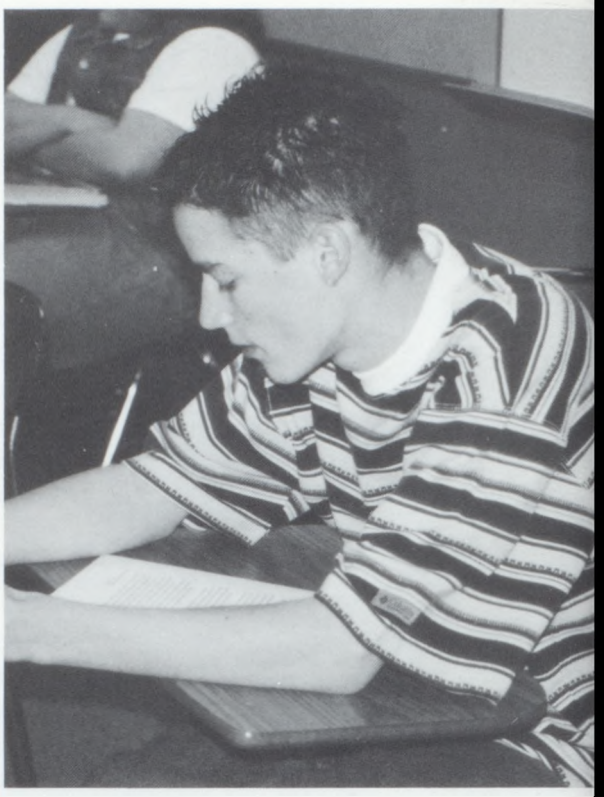


Senior Heidi Wych writes the amount of school days left for seniors. These countdowns were on the boards in senior classes and reminded them that their high school career was almost over. photo by Tara Guttridge



Seniors Jason Caton, Greg Waldrop and Shon Olson leave school grounds to satisfy their Hy-Vee cravings. Penalities for skipping included detentions and Saturday school supensions. photo by Tara Guttridge

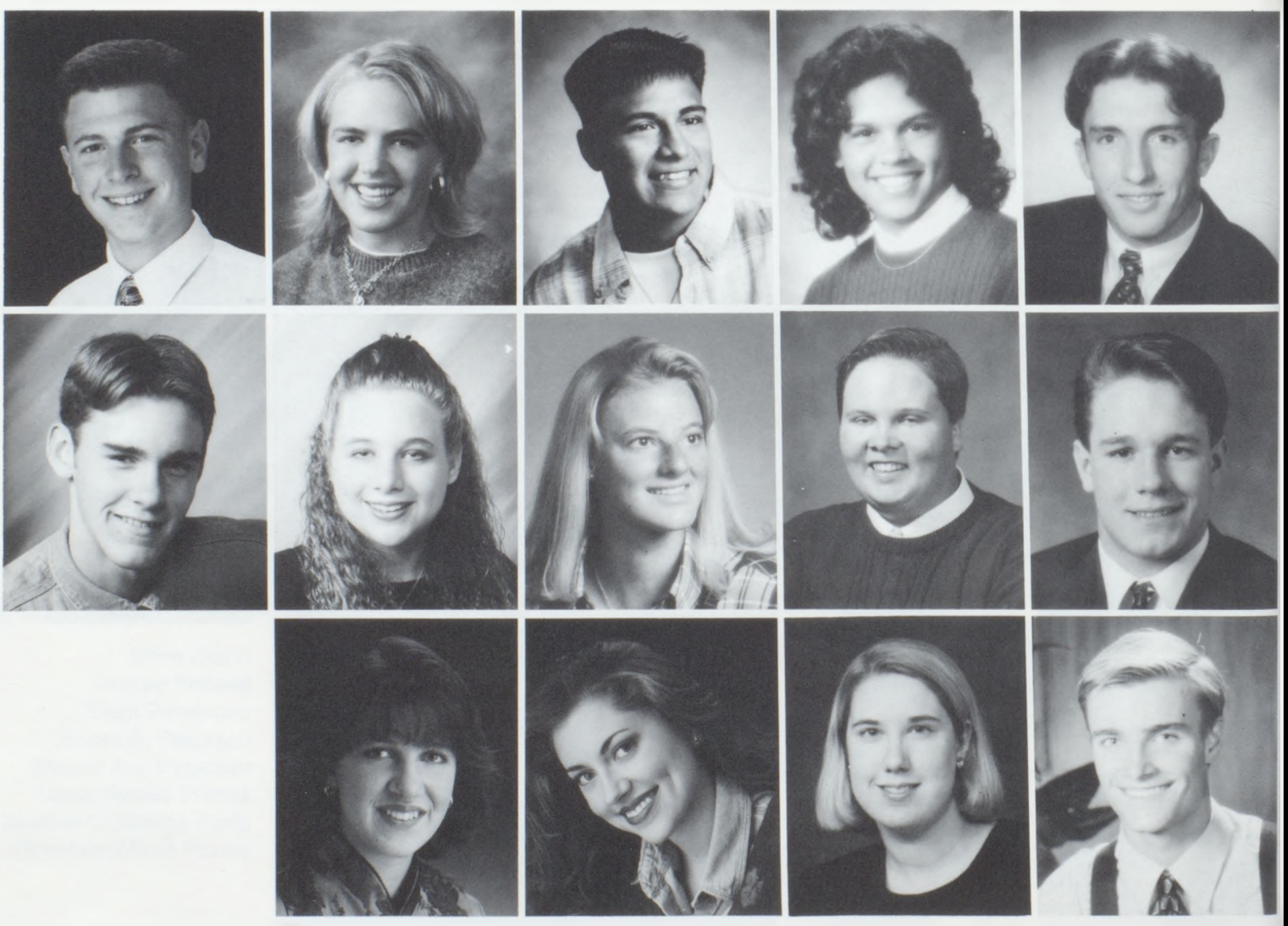




Trying to concentrate, senior Robb Rice studies a government worksheet packet. Rice was one of two students that graduated early in their third year of high schoool. photo by Cheryl Larson



After reading senior Richel Bess' paper, Mrs. Michelle Voss adds her signature. Seniors that graduated early were required to have signatures by all their current teachers stating that they had fulfilled the classroom requirements. photo by Cheryl Larson





Getting a jump start

Some students experienced life after graduation earlier than most

The end of first semester was the last day of high school for four seniors. Attaining the required classes and credits seniors Richel Bess, Sarah Hamilton, Lisa Musselman and Kelly Newsom graduated earlier than the rest of their class did.

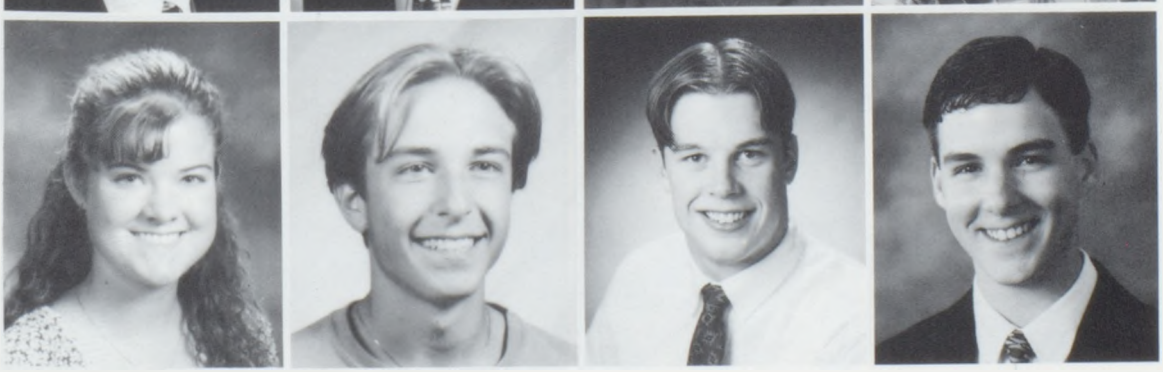
All four had similar reasons for completing graduation requirements early. "I just wanted a chance to experience an actual life after high school and to make some real money before going off to college," said graduate Kelly Newsom.

Adding to the graduating class roster were Robert Rice and Mike Tangeman. Rice and Tangeman took necessary senior classes, such as government, in their third year of high school to achieve graduating status. "I really don't mind graduating with another class because I have friends that are graduating, too. It's not like I'm all by myself with people I don't know," said Tangeman.

Either graduating at semester or in May, all six students completed their high school careers early and prepared themselves for their futures. **Story by Cheryl Larson**







Stephen Ring
Sarah Roarick
Steve Rodriguez
Alicia Rollison
Jonathan Ross
Blake Lander Roth
Brent Rouston
Robin Dawn Sanders
Emily Ann Sather

Bradley David Schonhorst
Laura Lynn Schuster
Lisa Ann Shanley
Willie Sheldon
AJ Simpson
Matthew James Simpson
Bill D. Sims
Emily Skow
Casey Scott Smith

Crystal Elizabeth Smith
Heather Elisabeth Smith
Michelle Lynn Smith
Christopher Ryan Stafford
Joann Elizabeth Stark
Marcus Roger Stookey
Barry Sullivan
Christopher Michael Sundell

Let's do lunch

Seniors snub school cafeteria food and venture to restaurants

One of the long-awaited privileges given to seniors was open lunch. But when the privilege was theirs, some seniors found themselves staying at school. "I do whatever I feel like doing for lunch. I like the food from restaurants better, but there usually isn't enough time to go very far," said senior Megan Bengard.

Some students saw the difficulties outweighing the benefits. Twenty-eight minute-lunches proved to be an obstacle . "I don't usually go out for lunch because the periods are too short, you lose your parking space and it is hard to get back in time for your next class," said senior Beth Marvin.

Money was also an issue. "I don't go out because it's cheaper to eat here at school," said senior Jen Porto.

Other students enjoyed having the opportunity to go out to lunch. "I like going out for lunch because it gives me a chance to relax between my morning and afternoon classes," said senior Heather Smith.

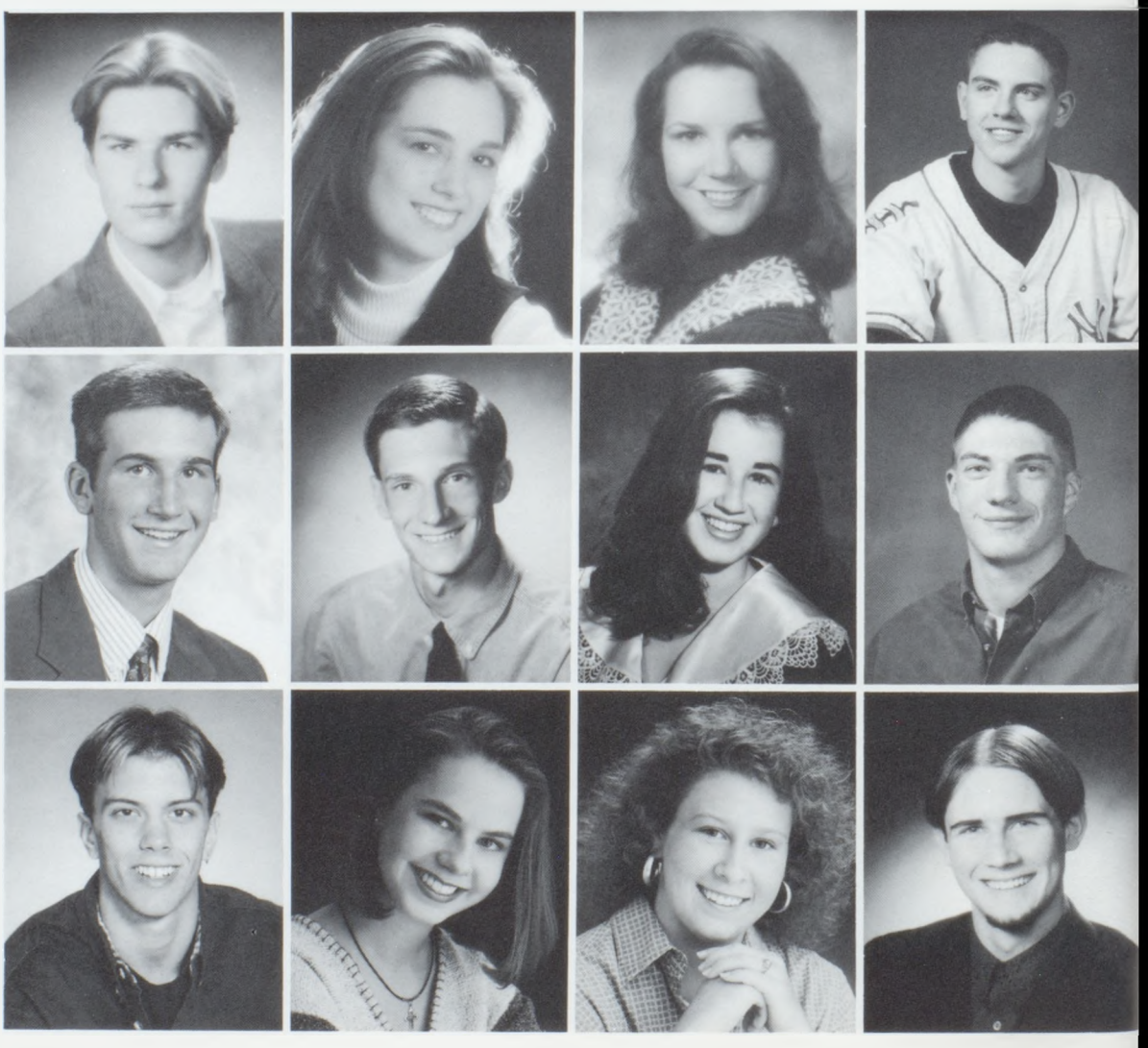
The privilege of open lunch gave some students the opportunity to eat a different variety of food or just to relax. For others, the difficulties of open lunch left the option unused. **Story by Dan Kuster**



Michael Tangeman
Nichole Michelle Thomas
Rhiannon Kay Thoreson
Chris Thunig
Greg Tibboel
Nicole A. Timmins
Derek Trobaugh
Heather Lynn Tuttle
Joshua Steffen Twedt

Joshua Van Heukelom
Jon Vocelka
Noelle Joy Wagner
Gregory Lewis Waldrop
Kristin Jo Warren
Troy Webber
Matthew Kyle Webster
Ryan C. West
Jamie Lee Westcott

Kevin Michael Whitehill
Monica Anne Wiig
Kristy Wilges
Michael T. Willcox
Danielle Kristine Williams
Jonnette Leann Wisecup
Jane Ellen Zirkelbach

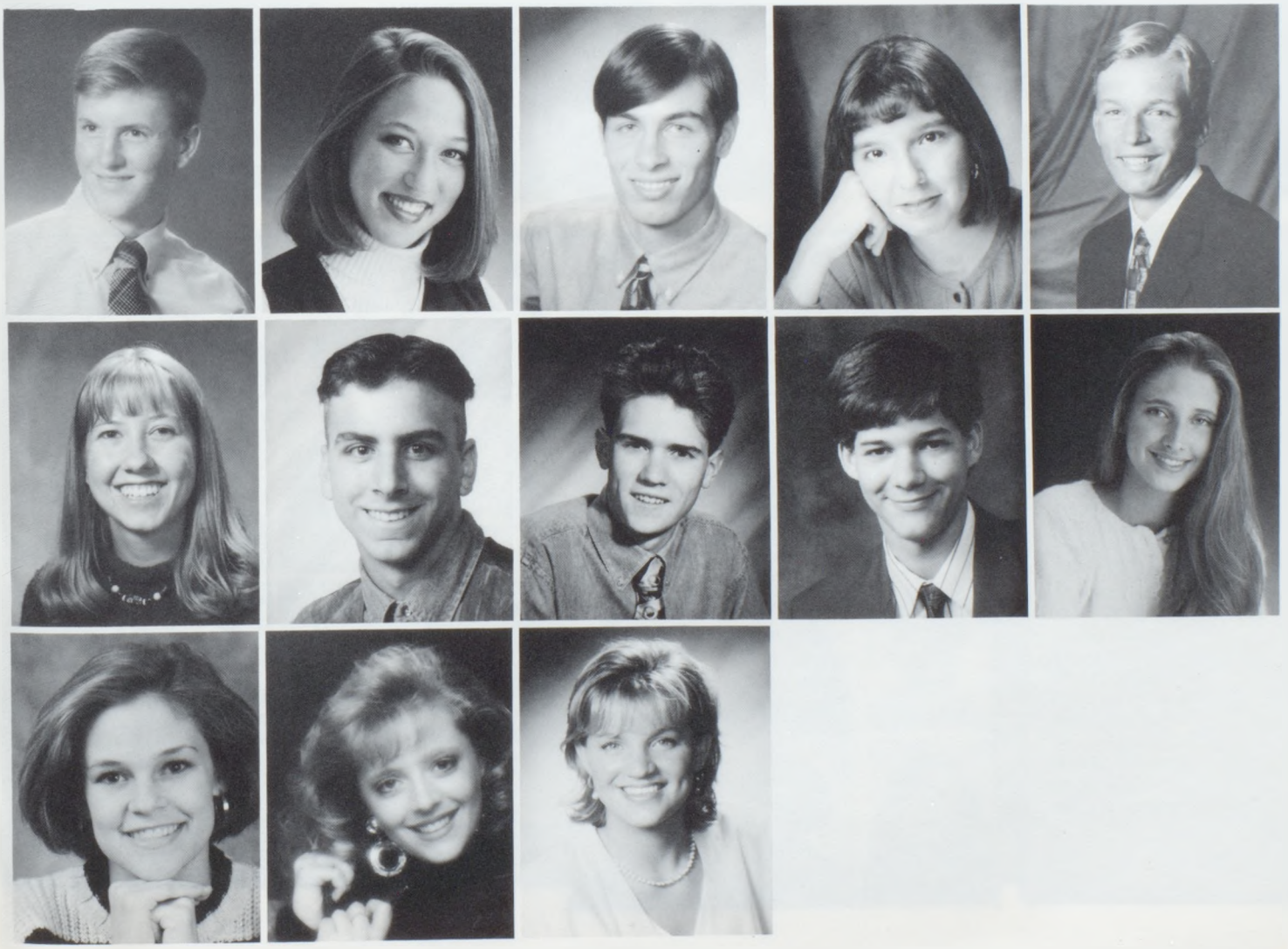




Seniors Tim Halling and Ryan Gray busily eat their meals in order to make it back to school in time for class. photo by Dan Kuster



Looking at the menu, seniors Pat McGowan, Bryan Burkhardt and Zac Christensen contemplate what they are going to order. Some seniors chose to eat lunch at Subway because it was close to the school and saved time. photo by Dan Kuster





Sophomore Tiffany Swanson works on the CollegeView computer while helping out in the guidance office. Swanson was one of many students to receive service credit for her work. photo by Matt Simpson



Senior Jodi Hill staples penguins to a bulletin board in a first-grade classroom. Hill tutored at Lawson Elementary School. photo by Matt Simpson

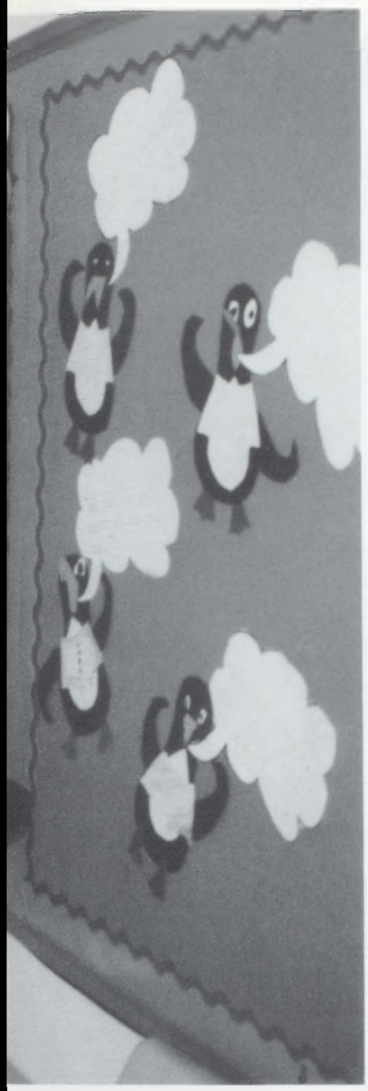
Casey Abler
Isaac Ailes
Jeff Allen
Liz Ancell
Kevin Anderson
Morgan Anderson
Kelly Angstrom

Todd Bass
Alicia Baumgarn
Matt Bean
Erin Behanish
Jess Berens
Emily Betz
Travis Beveridge

Jim Burkhead
Jill Cameron
Brandi Carter
Morgan Cavanaugh
Jason Ceretti
David Clements
Amanda Coates

Jennifer Davis
Tenisha Davis
Jessica Dawson





GIVING AND GAINING

Students sacrificed time to lend a helping hand

Many students shied away from volunteer work because they thought it would be boring. Some students, however, found it to be just the opposite.

"I knew I would enjoy tutoring the elementary students and that's why I signed up for it. If the kids don't know what a word in a story means, they'll just start making things up. It's really funny," said junior Kristin Sorrells.

Along with tutoring, there were several other ways to volunteer including church mission trips, helping in the guidance office and working at hospitals.

Just as there were different ways to volunteer, there were also different reasons for volunteering. "One of the reasons I volunteered was to get experience in a field I hope to go into," said senior Chrissie Huisman, who volunteered in the gene research department at Iowa Methodist Hospital.

Personal gain was not the main purpose for volunteering, but students found they could help themselves while lending a helping hand. Although their reasons varied, the result did not change - they helped others. **Story by Matt Simpson**



Paolo Ansaldo
Sarah Bacino
Nick Baker
Scott Baker
Jade Baltazar
Stacey Barnard
Kellie Barney

Joseph Bickel
Sarah Bidney
Sara Blasco
Shea Braune
Beau Brindley
Emily Brown
Ellen Bryant

Wendi Collins
Adam Corcoran
Jeff Cottrell
Angela Cox
Ryan Crabb
Chad Curtis
Tony D'Antuono

Angela Dehamer
Justin Ehm

SACRIFICING CARTOONS

Students awoke early in preparation for college



While many students remained in their pajamas and continued to drool on their pillows, some college-bound students rose early to take the ACT Assessment test. "It was funny to see all of my classmates the morning of the test," said senior Jennifer Porto. "They all looked like they had just rolled out of bed."

The lack of sleep experienced by some provided an extra challenge in taking the exam. "It was hard to keep focused because I had just woken up and filling in all of those ovals got really boring," said junior Paige Stover.

There were many ways in which students learned how to keep their focus and prepare for the test. Some students took ACT classes while others read various books that were designed to aid in their test-taking abilities. Other students had their own unique ways to get ready for the big test day. "I listen to Mozart the night before the test because it's supposed to help with your math skills," said junior Jason Schissel.

When eight o'clock approached, students found themselves going over directions and example questions instead of watching their favorite cartoons. Armed with only a No. 2 pencil they spent close to four hours scratching their brains in hopes of high scores. **Story by Stephen Ring**

Joshua Fausch
Matthew Fisher
Sean Flannery
Peter Floren
Amanda Fox
Alicia Frasier
Brian Freeman

Mark Hansen
Angela Hefner
Mitchell Henry
Michael Herrmann
Sara Hill
Beau Hillger
Justin Hoefling

Alexi Jameson
Amanda Jamison
Ryan Jayne
Stacey Jensen
Mary Ann Johnson
Ken Jones
Tim Keck

Debra Kruse
Mitchell Kunert
Jacob Lamberti

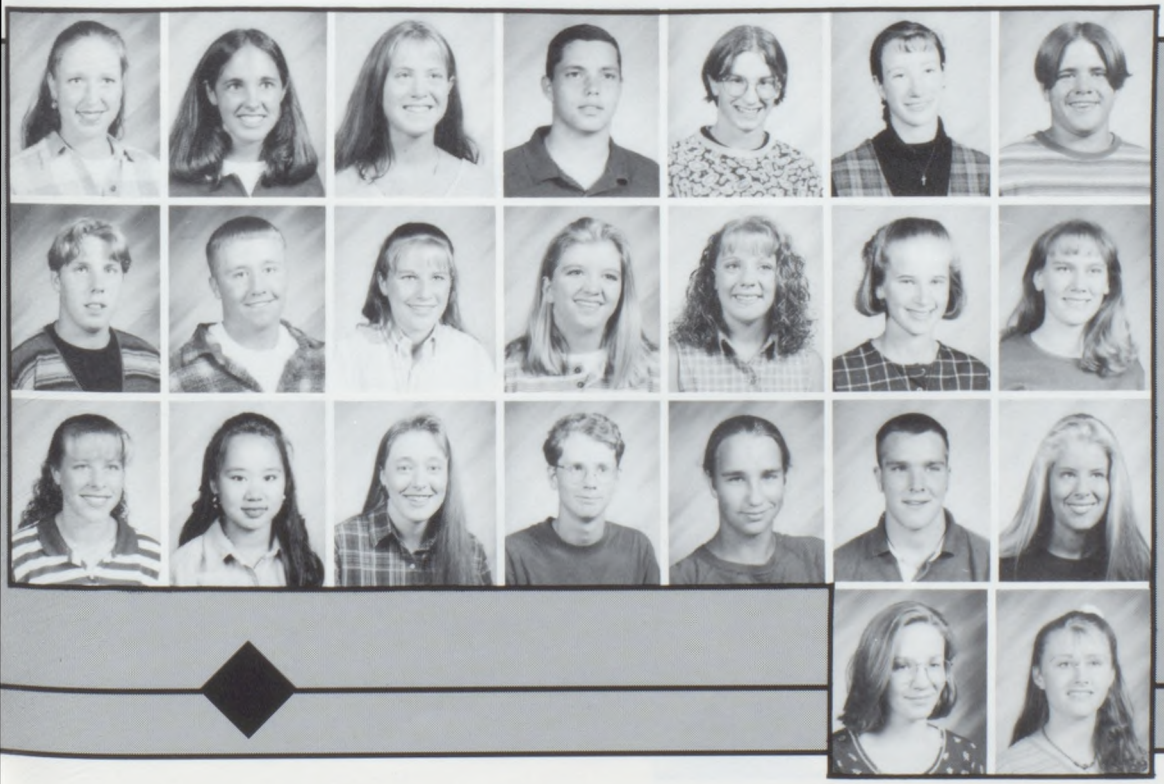




Before entering his designated testing room, senior Mark Stookey identifies himself with his driver's license. Many students spent a Saturday morning testing their English, math, reading and science skills. photo by Stephen Ring



Junior Shana Sellers spends some free time filling out a registration packet for the ACT Assessment test. The ACT was taken primarily by juniors and seniors. photo by Stephen Ring



Alyssa Friedow
Lisa Gentile
Jennifer Georgen
Kevin Goering
Jared Grant
Valarie Hall
Casey Hansen

Patrick Holder
Keith Hoppe
Katie Hoss
Emilie Houle
Samantha Hufford
Jennifer Hunter
Krista Jackson

Kyla Kiester
Monica Kim
Mary King
Shane Kinsey
David Klipec
BJ Knapp
Courtney Kramer

Cheryl Larson
Reeanna Larson

AN EVENING IN CANDYLAND

Students tracked through snow to get to Winter Formal



Braving bitter cold conditions and ice-covered streets leftover from a heavy snow storm the day before, students proceeded to the Winter Formal.

"At first, I didn't think that the dance was still on because of the blizzard. I had to call three other friends who had called their friends just to find out," said senior Rhiannon Thoreson.

After the confusion was cleared, students readied themselves for a night on the town by slightly altering their attire due to the weather. "I hadn't planned on wearing my heaviest winter coat, but my mom insisted that I wear it," said sophomore Michelle Casto.

The night consisted of fancy dinners followed by the dance which started at 8:00 p.m. After buying their tickets, students made their way toward the darkened gym. "The gym really looked like a candyland with all the huge gingerbread men and lollipops all over the walls. I liked the life size gingerbread house in the center of the gym,too," said junior Reeanna Larson.

Toward the end of the dance, the Winter Formal royalty was introduced to the crowd. Cheers and camera flashes met each couple as they sat before their peers awaiting for the crowning to start. Juniors Sarah Nichols and Amanda Coates crowned seniors Tim Hruska and Shannon Fisher.

The number of couples slowly dwindled out of the gym as 11:00 p.m. ticked closer. It was the signal the end of their night in candyland was approaching. **Story by Cheryl Larson**

Melissa Layman
Holly Leto
Diane Lindhoff
Jenna Logan
Brendan Mahoney
Jamie Mai
Rob Maloney

Brooke Miller
Dan Mills
Eve Mitchell
Zach Mulder
Tom Myers
Nick Nichols
Penny Nichols

Ben Oviatt
Heather Patterson
Lauren Pendergraft
Amber Peterson
Luke Peterson
Todd Pollard
Joe Ramirez

Shaun Riley
Sarah Rippey
Amy Roberts





Browsing through the DJ's music, sophomores Chrystal Martin and Melissa Mattern search for their favorite song, "I Will Always Love You," by Whitney Houston. The dance was held on January 27 and was sponsored by the cheerleaders. photo by Anne Sciorrotta

Junior Jana Yanders and her date sophomore Eric Peterson fill out a ballot for Winter Formal court. The court consisted of seniors Zac Christensen, Tim Hruska, Christoper Stafford, Laura Block, Renee Ebke and Shannon Fisher. photo by Cheryl Larson



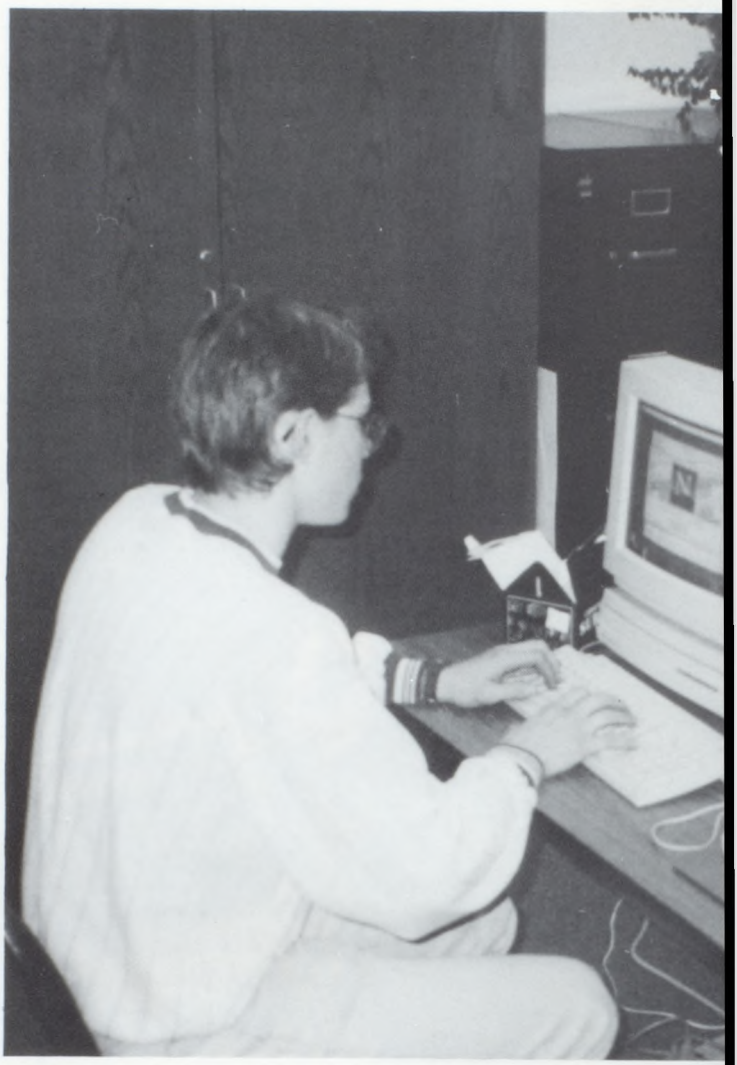


Meghan Mandsager
Nancy Masinando
Ryan McClanahan
Mandy McConnelee
Drew McConnell
Kasey McNanara
Jennifer Meek

Sarah Nichols
Tyler Nissen
Christine Notis
James Null
Daniel O'Hollearn
Chad Odland
Mark Oiler

Heather Raney
Jason Reber
Jenny Reed
Jason Reis
Carissa Rettinghaus
Bruce Riegel
Megan Riley

Ryan Roeth
Ryan Rohlf



Senior Leanna Morris presents a research project to senior Damon Huber. Morris Performed the research for an Iowa State summer session and published her results on the Internet. photo by Cody Koch

Researching on Netscape, junior Jason Schissel retrieves information for a project. Schissel used the information to enter a science contest. photo by Cody Koch



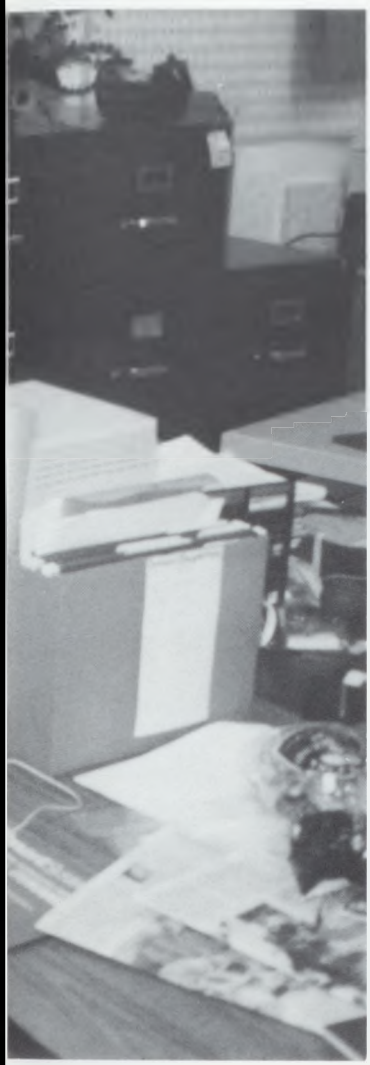
Ryan Ruisch
Monty Rutledge
Alyssa Samuelson
Lucian Sandvig
Becky Sather
Wesley Schlotterback
Christina Schwab

Kristin Sorrels
Jennifer Stockman
David Stole
Paige Stover
Daniel Sunblad
Holly Susic
Sara Tapken

Carl Venter
Jamie Wagner
Veronica Walker
Brian Wattier
Angela Weisz
Vachel White
Jason Wieland

Jim Wynn
Jana Yanders
Brandon Young





IT'S TIME TO SURF

Students learned with access to the net

Vast sources of information and the ability to contact sites around the globe. Those were just a few of the capabilities that surfing the Internet brought to the high school in its first year of operation. "It is an unlimited supply of resources and information at your fingertips," said junior Ben Oviatt. "It has unlimited possibilities in both everyday life and in the educational system."

Even with its potential to enhance learning, students at the high school were not allowed to use the Internet during the first semester. "The reasoning behind the regulation was due to the inappropriate material that can be accessed," said ELP teacher Mrs. Pam Johnson. However, during the second semester, measures were taken by the administration to put this valuable tool in students' hands. Those students wanting to use the Internet were required to get parental permission as well as to be supervised while using it.

While the Internet had many advantages there were also some disadvantages. Some students were worried that the Internet would be seen as the primary learning tool and other resources would be neglected. "I think some students will use the Internet instead of going to the library and doing research," said senior Bethany Ashby. "Also the information hasn't been verified for accuracy."

The installation of the Internet provided one more source for students to utalize while doing research. As the year progressed privileges increased and many new opportunities were created. **Story by Cody Koch**



Shana Sellers
Brian Sheeks
Brandi Shelby
Matthew Sinnwell
Ashley Sires
Nate Slauson
Nicholas Snowden

Adam Tetzloff
Christy Thies
Jefferson Thompson
Trent Tillman
Christian Timmerman
Jose Tovar
John Tyrrel

Christopher Willems
Patrick Willis
Sheri Winrich
Tashia Wiseman
Jason Wissink
Kelli Wong
Christopher Wretman

Chase Young

WINTER WONDERLAND

The winter blues were beat by braving temperatures



When the thermometers fell below the 32°F mark and masses of snowflakes covered the ground, students escaped the confinements of school to experience some sort of danger and excitement. They hit the ice rinks, slopes and even their own backyards to beat the winter blues.

"I went sledding with my sisters in my backyard because we have a lot of hills and curves," said sophomore Kelli Dennis. " We never have to go far to sled because we live right by Jester Park."

After receiving 13.7 inches of snow from a blizzard, many students were stuck playing board games and watching the tube because of the bad conditions. "I was bored because my chums were burried in the snow and I was in captivity with my parents for a four-day weekend," said junior Sheri Winrich. "I just snuggled up with my blankie by the fire."

Even though the winter was harsh, students managed to get out and enjoy the large amounts of snow for some play time. "I like to snowboard and have done it for three years," said sophomore Micah Sturdevant. "I work at Sleepy Hollow Sports Park so I can snowboard for free."

As the seasons began to change, the sun melted all the snowmen and ski slopes. Students had survived another winter and it left them one step closer to summer vacation.

Story by Tara Guttridge

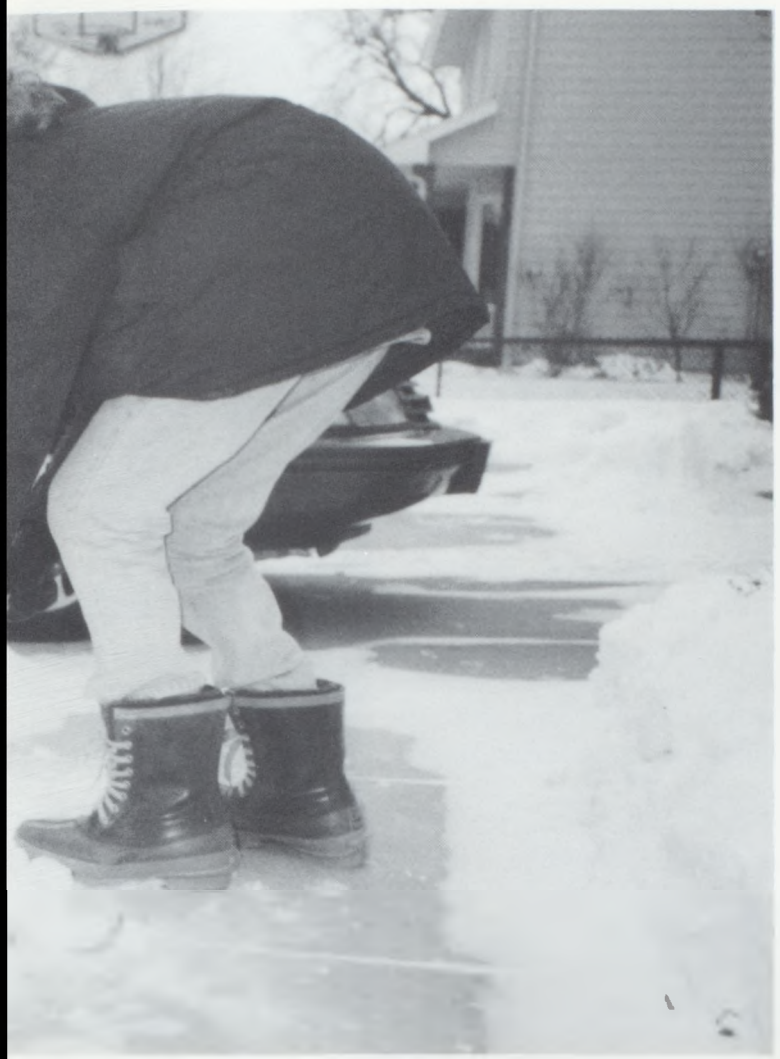
Erik Allison
Adam Allmond
John Anderson
Kent Anderson
Leah Anderson
Rochelle Anderson
Nicole Baird

Stephanie Black
Sarah Borchard
Lindsey Boyles
Elizabeth Braman
Calvin Brasch
Jason Brehmer
Meredith Brewer

Michelle Casto
Matthew Chatham
Nicole Chavas
Jonathon Cheely
Jake Christie
Jason Cirksena
Suzanne Cirksena

Jacob Crosson
Justin Crowdis
Lucas Czerwinski
Allen D'antunuo
Adam Davis
Douglas Davis





Junior Angie Hefner clears her sidewalk after a blizzard that left 13.7 inches of snow. Cold temperatures, high winds and snow granted numerous snow days for students. photo by Tara Guttridge

Sophomores Andy Vis and Eric Peterson wrestle in the snow after the JHS Show Choir Invitational. Snowball fights, making snowmen and sledding were some of the activities in which students participated during the winter. photo by Tara Guttridge





Chad Baker
Sarah Barron
Benjamin Bass
Sarah Batchelder
Lisa Beaman
Jennifer Bell
Nathan Benn

Kelli Brown
Maria Brown
Tiffany Buban
Brooke Burbank
Reggie Burke
Beckie Burnett
Kevin Burpee

Adam Clark
Errin Clark
Jared Clark
Kelly Clarkson
Bryan Collins
Alycia Comer
Carrie Conrad

Lisa Defigueredo
Kelli Dennis
Jeff Duckworth
Anthony Dunsky

IMPROVING THE GAME

Club sports provided never-ending seasons

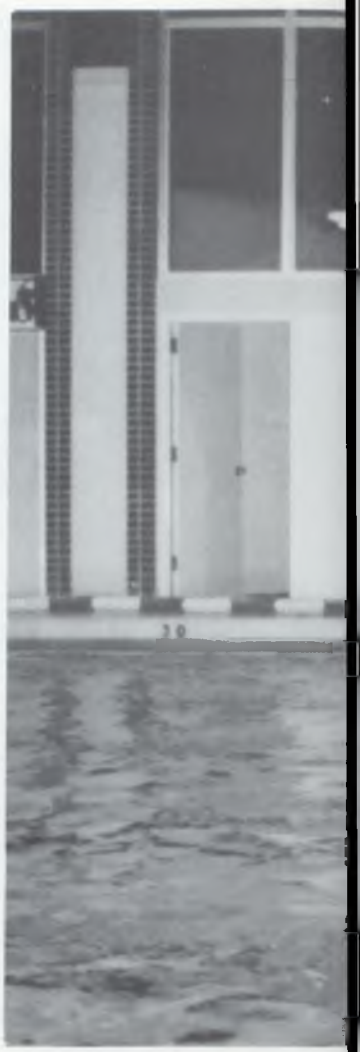
The final buzzer of the last game sounded and many athletes left the court and their records behind. While some threw their equipment to the bottom of their lockers, others just began another season and another team.

Some athletes took part in out-of-school sports to improve their game. Others played simply for entertainment. "I'm not that good at soccer and I don't play for any other team. I only play indoor (soccer) because my friends decided to play on a team together and it's fun," said junior Ryan Ruish.

Not all activities were offered through the school, such as hockey, leaving club sports as the only chance to take part in the things athletes love. "Hockey is my favorite sport and I played it at my school when I lived in Minnesota. When I first moved here I knew the school didn't offer it, so I was glad that I still get to play at the Des Moines ice arena," said senior Matt Anderson. The team finished second in the state tournament.

Many players continued on after the season to keep in shape and to work on their game. "I play for USVBA because three of my teammates also play, so I can get extra practice after the season. There aren't many other times or places that you can play volleyball other than the school's season so it's a great opportunity," said sophomore Dana Schultz.

As the reasons for club sports varied, the ultimate purpose came down to two main themes: playing for improvement and playing for the love of the sport. **Story by Tammy Walz.**



Jennifer Durbin
Sharon Ehm
Seth Elliott
J.D. Engstrom
Erin Flynn
Brooke Foltz
Adam Foster

Danielle Heisler
J.P. Herselius
Shawn Heuss
Jerod Hockensmith
Joe Hockett
P.J. Holmertz
Cristina Hon

Ryan Kirkpatrick
Bill Knapp
Melissa Knowles
Lisa Koch
Kim Kohles
Kelli Kramer
Andy Krejci

Tara Lashley
Jessica Leiendecker
Sean Lester
Jessica Ligas
Kristofer Logue
Jake Lohr
Matt Longmire





Leaping out of the water, junior Meghan Mandsager practices her opening move to the 20th Century Fox theme song. Mandsager's synchronized swim team practiced at Roosevelt High School's pool. photo by Mark Stookey

Intercepting a shot at the goal, sophomore Jason Milburn defends his territory. Milburn's team played at the new indoor soccer house built in Johnston. photo by Tammy Walz





Jen Goode
Dave Gray
Sarah Green
Kellie Greiner
Troy Hansen
Lisa Hare
Tim Hartschen

Josh House
Lori Howard
Nathan Huber
Damian Ingersoll
Tyler Jacobsen
Heidi Kiester
Derek Kim

Nathan Krofta
Dan Kuster
Nate Lamb
Chad Larson
Krista Larson
Robert Larson
Shawn Larson

Tim Luse
Aditya Mahajan
Amy Martens

Three-years-old at the time, freshmen John and Steve Good take a break from playing in the driveway. Although they did a lot of the same things when younger, they later developed different interests. Steve said, "We have totally different lifestyles and are involved in totally different things." photo by Jayette Good



Sophomores Melissa and Marcia Mattern take a nap together during their Kindergarten year. The Matterns liked having each other there because they dealt with the same problems. photo by Dave Mattern



Chrystal Martin
Marcia Mattern
Melissa Mattern
Jeffrey May
Taryn McAdam
Edward McAtee
Kendra McBurney

Felisha Montero
Jorie Moravec
Corrien Mundy
Jeremy Neswold
Stephanie Nichols
Adam Nieting
Shelly Nissen

Chad Pembroke
Andrew Petersen
Eric Peterson
Tonya Pierce
Ryan Pierick
Gina Porto
Justin Portsche

Erin Russom
Leah Rutherford
Angela Schaad
Jed Schmidt
Matt Schonhorst
Carrie Schroeder
Dana Schultz





SPLITING ZYGOTES

Twins proved that two can be better than one

Twins occured in the United States about once in every 93 pregnancies. Although being a twin is unusual, twins said that their life wasn't much different from usual. "Actually, it's pretty normal unless someone brings it up. I don't think about it day in and day out," said freshman Lance Routson.

Twins were forced to think about it when they got called by the wrong name all of the time. Many twins said they didn't mind because they had gotten so used to it. One way people told twins apart was by finding simple differences like hair length, but sophomores Shauna and Shelby Sleep found a unique way. "When I was in sixth grade Shelby ran over my nose with her bike, which broke my nose and made it crooked," said Shauna.

Being a twin aroused certain unique experiences. "On April Fool's Day, when Nicole and I were in second grade, we tricked our teachers and switched classes for the day," said freshman Natalie Grimm.

Considering both the good and bad, most twins agreed that two could be better than one. Freshman Jeny Oderkirk said, "There's always someone to be with and just to be there." **Story by Joann Stark**



Katherine McClure
Margo McCravy
Ryan McGowan
Carolyn Merrill
Lyna Milbrandt
Jason Milburn
Benny Molayal

Dayan Noble
Wesley Nyberg
Erin O'Brien
Lisa Odland
Greg Olcott
Nicholas Parenza
Jodi Peitzman

Jeremiah Pugh
Heather Rains
Robert Reese
Alexander Ricard
Tonya Riley
Merrin Rose
Steven Roth

Anne Sciorrotta
Brian Sellner



JUGGLING AGENDAS

Students constructed their class schedules

Like years in the past, students had the option of scheduling their own classes. All students were issued a course-request list and priority number which they used to assemble their schedules. The process was completed by formulating a master schedule from the collection of stickers.

Self-scheduling offered students the freedom to schedule their own day. Students could construct a schedule however they wanted. "I like being able to schedule my own classes so I can get them with my friends, the periods I want and with the teachers that I want," said junior Justin Ehm.

Self-scheduling was also more flexible for upperclassmen who wished to have late arrival or early dismissal. Students did a variety of things in their early dismissal time. "Early dismissal is basically the only free time I have. Self-scheduling allows me to have this extra time before and after school," said senior Rebecca Longmire.

Many students liked the process of self-scheduling because it was flexible and allowed them freedom. Sophomore Gina Porto said, "Self-scheduling is a system that worked well for me this year, and I hope the school decides to continue using it in the future." **Story by Dan Kuster**

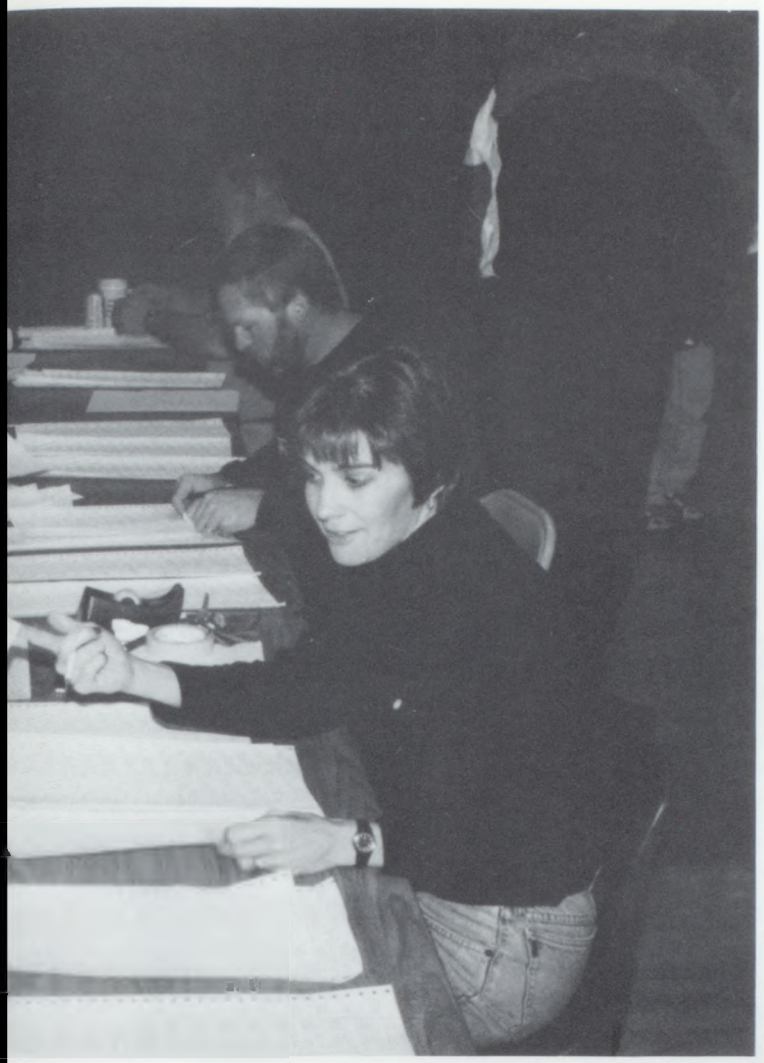
Brad Sewell
Kevin Shafer
Elizabeth Simpson
Celeste Six
Shauna Sleep
Shelby Sleep
Kelly Sloan

Shawn Stetson
Michael Stevens
Lisa Stradley
Micah Sturdevant
Keriann Sullivan
Tiffany Swanson
Charles Terhune

Kelly Trees
James Tully
Amy Van Der Linden
David Vannausdle
Josh VanOort
Andy Vis
Kate Vocelka

Emile White
Mary Whitehill
Eric Wilcutt
Amanda Willcox
Isaac Williams





Sophomore Celeste Six exchanges stickers with Mrs. Julie Walk. The process of self-scheduling involved collecting stickers from the teachers of each specific class. photo by Dan Kuster

Juniors Ellen Bryant and Mary Ann Johnson finalize their schedules. Self-scheduling was utilized so students could organize their own school day. photo by Dan Kuster





Valeria Sloan
Amanda Smart
Lanie Smith
Millie Smith
Shane Smith
Stephanie Southard
Jessica Staley

Amanda Thomas
Chad Thompson
Dan Thompson
John Thoren
Bill Tiernan
Theresa Timmins
Jason Timmons

Tammy Walz
Jessica Way
Jennifer Weaver
Rachel Webster
Josh Wells
Justin West
Brent Whipps

Andrew Willson
Katie Wong
Kelly Woodward



ROCK & ROLL

Jam sessions allow students to express feelings

One part of being a teenager was the need to express oneself freely. The way that some found this was through music.

"I discovered my singing ability while in the bathroom when I was a little kid," said senior Damon Huber. "Singing allows me to express my feelings."

Huber and a few of his friends made up a band that rehearsed after school on early dismissal days. Their band consisted of seniors Damon Huber and Seamus Murphy and sophomores Nathan Huber and Wes Nyberg.

Another group of students that joined together to play music called themselves 3 Minutes. This group consisted of juniors Justin Hoefling, Rob Rice and Ryan Jayne. They performed in Des Moines and surrounding areas at clubs such as Longshot and Thumbs. They also played on the radio station KDPS 88.1. "We try to do the best we can in Iowa. Major fame isn't exactly in our grasp yet," said Hoefling

Playing as a hobbie was a way that some began their bands. Others used their free time to play for a shot at fame. **Story by Mark Stookey**

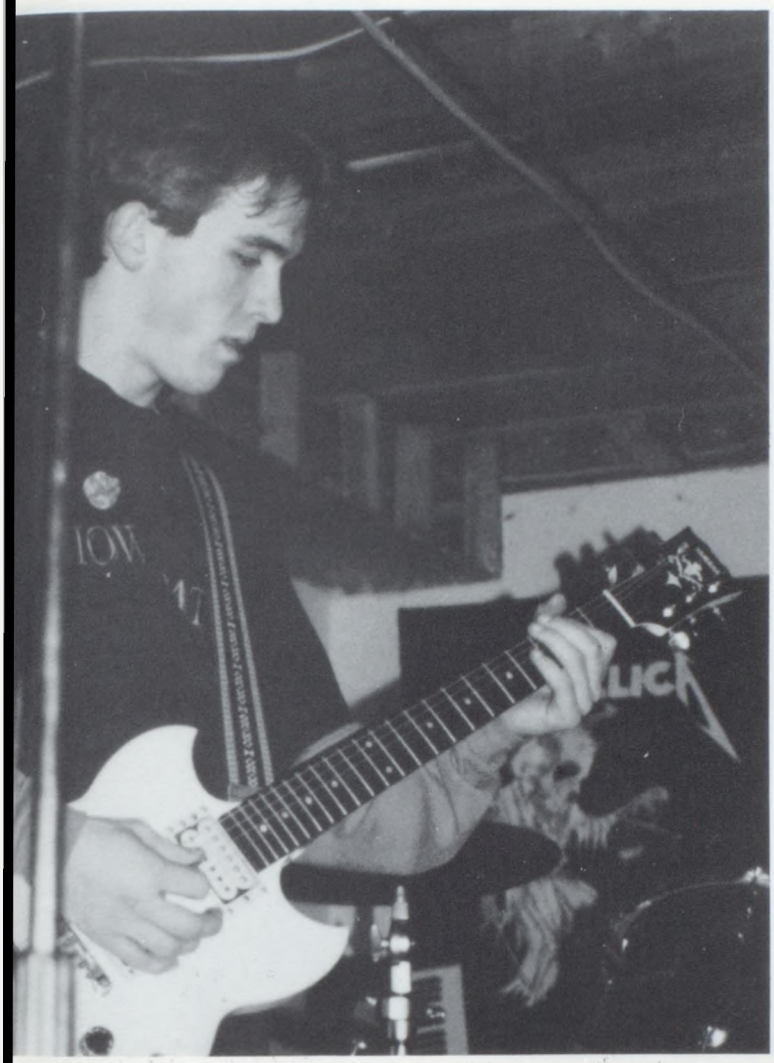
Timothy Adkisson
Amber Alli
Chad Anderson
Alyssa Andrews
Daniel Armstrong
Samantha Arndt
Joel Ashby

Nicole Benson
Thomas Berkemann
Nigel Berndt
Holly Bidney
Adam Bilbrey
James Bird
Kimberly Bjornson

Kyle Campbell
Jarod Carl
Chris Ceolla
Christopher Ceretti
Tyelene Cervetti
Casaundra Christensen
Heather Corbin

Reid Davis
Christina DeHamer
Wendy Dennis
Erin Derby
Christopher Dickey
Tanika Dixon
Kimberly Dorrell





Practicing some fingerings on his guitar, senior Seamus Murphy rehearses *End of the World* by R.E.M. Murphy received a guitar from his uncle six years ago and has been playing ever since. photo by Mark Stookey



Senior Damon Huber sings the words to *Wonder Wall* by Oasis. Alternative rock was the main type of music that Huber and his band rehearsed. photo by Mark Stookey



Emily Baker
Stephanie Barnes
Katherine Barnett
Jacob Bass
Pankhury Batra
Andrea Bean
Natalie Beck

Timothy Boesenberg
Jessica Boever
Bridget Bond
Sadie Braune
Andrew Briggs
Rachel Bryant
Marie Bunce

Lacey Corcoran
Gregory Cottrell
Andrew Creger
Ryan Culver
Dennis Dane
Karolina Czerwinski
Ellen Dane

Justin Douglas
Eric Downing
Adena Dudney
Daniel Echtenkamp
Megan Evans
Lori Faber
Melissa Fackler



Discussing the days events, sophomores Aditya Mahajan, Josh House, Emile White and Alex Ricard wait for the bus. Gathering in front of the school to catch the bus was a common practice for many. photo by Mark Stookey

Sophomore Sarah Batchelder catches a few Z's on the way home from an away basketball game. Naps, homework and post-game talk helped pass the time while riding the bus. photo by Tammy Walz



Stephanie Findley
Angela Finestead
Rory Flynn
Jonathan Foley
Jon Ford
Jeremy Gannon
Matthew Gaukler

Natalie Grimm
Nicole Grimm
Lucas Hall
Jason Halstead
Chuck Hall-Hamilton
Nathan Hamilton
Lindsay Hansen

Ryan Helps
Jessica Henning
Matthew Henrichs
John Heth
Joshua Hildreth
Justin Hilsenbeck
Ryan Hoffman

Daniel Knapp
Kristyn Knight
Daniel Korte
Matthew Kroeger
Heather Lamb
Megan Lehman
Paul Leto



spread by Mark Stookey



RIDING THE BUS

Students without cars took the dreaded way home

Throughout one's high school career, there's an event in which almost everyone takes part - riding the bus.

Many consider the bus a convenience while others think of it as a nuisance. "I hate riding the bus, but I have to because it's a hassle for my parents to take me and pick me up from school," said freshman Adam Hawkins.

Besides the inconvenience of waiting for the bus, some were irritated with the younger kids that rode the bus. "There are a lot of annoying little fifth graders on our bus and it seems like I have to sit by one every day," said freshman Leslie McAtee.

Next to riding the bus home from school, several organizations used the buses as their means of transportation. "Taking the bus to basketball games is different from the 'after-school' scene," said sophomore guard Tammy Walz. "On the way to a game we're pretty quiet, but if we win, on the way home everyone's really excited."

Riding the bus was a part of school that some took for granted. However, many would be left at home without its services. **Story by Mark Stookey**



Jennifer Gleason
John Good
Steven Good
Jason Grant
Brenton Gray
Michael Green
Ricky Green

Matthew Hansen
Ryan Hargens
Braxton Harmon
Sara Harper
Adam Haug
Adam Hawkins
Julianne Heffling

Ron Holley
Matthew Holub
Daniel Houser
Sean Hulsebus
Andrew Johnson
Dan Johnson
Jeffery Johnson

Adam Lewis
Cindy Loffler
Brenton Loss
Nathan Lynch
Kennith Madison
Sara Madison
Donna Mahers



PUMPING IRON

Lifting weights helps students' athletic performance

With the weight room in its second year, more students became involved in lifting weights and got in shape to improve their athletic performance. They also found out the different things lifting could do. "Lifting weights gives me a physical high. It allows me to set goals and work to accomplish them," said junior Ben Oviatt. "It also relieves stress and makes me feel good about myself."

As well as feeling good, lifting weights could do many things for the body. Weight exercising could help tone ones' muscles, build muscle mass and improve their physique. "I lift to get bigger, stronger and faster. Lifting weights gave me an extra edge in football. It helped me break tackles and take hits better," said sophomore Brent Whipps.

Senior Katie Jacobsen had her own reasons for lifting weights. "I'm trying to improve my speed and quickness for track. I've been lifting for a short time and I can already see a difference in my performance," said Jacobsen.

"Throughout the past few years lifting weights became part of many students lives and the improvements could be seen on and off the field," said senior Jay Nichols.

Story by Wes Nyberg

Margaret Marcucci
Sarah Martin
Jenna Matkins
Fredrick Matulka II
Morgan McChurch
Leslie McAtee
Jill McCleary

Alan Millard
Emily Miller
Thomas Milleson
Karla Mills
Robert Mitchell
Jaison Molayal
Nathaniel Monroe

Patrick Ohollearn
Lisa Oviatt
Jill Palensky
Amy Palmer
John Parenza
Joshua Parry
Zachary Parsons

Kendra Reames
Matthew Reber
Justin Reimann
Martin Reis
Lindsey Rice
John Roarick
Alexander Roth





Grinding his teeth, senior Jon French puts in one more repetition. French spent a lot of his summer in the weight room to get ready for the football season. photo by Wes Nyberg



Senior James Peterson works on developing his triceps. Lying tri-cep extension was one of the many lifts in the Arizona State program that many used. photo by Wes Nyberg



Andrew McGhay
Justin McKeever
Sarah Meston
Emily Meyer
Rebecca Michael
Patrick Midtlyng
Luke Milbrandt

Sarah Morris
Norman Munoz
Brook Music
Michelle Norton
Megan O'Banion
Jeny Oderkirk
Laura Oderkirk

Shannon Perkins
Anthony Peterson
Dustin Peterson
Jacob Popiano
Katie Poston
Jacquelyn Prine
Kaitlin Rainwater

Dawn Routson
Lance Routson
Angels Ryan
Jason Schafer
Christopher Scheuchl
Jennifer Schleuter
Sara Schnotala

BREAKING THE LAW

Students find ways to bend the rules

As time ticked by, students learned to live with the everyday chores and rules that parents enforced. Some found that following the rules was the easiest way out, but there were some that tried to take the law into their own hands.

There were times when students needed to stretch their curfews any way that they could in order to go to a late night party or a midnight movie. "I'm careful about sneaking out," said freshman Jill McCleary. "I go out my window, on to the garage and jump onto the car."

Certain places didn't meet parents' approval. Students found ways to get there without their parents knowing. "My parents are always paranoid and playing 20 questions if I go anywhere. They need to know where I'm at 24 hours a day," said sophomore Shane Smith. "I usually say I'm going one place and then go some place else."

Other times students laughed in the face of danger to have a good time. "Once my friend and I sneaked out to the garage and took the riding lawn mower. We drove around the neighborhood, screaming Metallica songs at the top of our lungs," said junior Ryan Rohlf. "When I got home my dad was very angry. I haven't been allowed to touch his lawn mower since."

With the chance of getting caught, students tried to bend the rules. There's a saying, " rules are made to be broken," and students were making it true. **Story by Anne Sciorrotta**



Mary Schwab
Bradley Schwarz
Amanda Sellers
Rodney Serbus

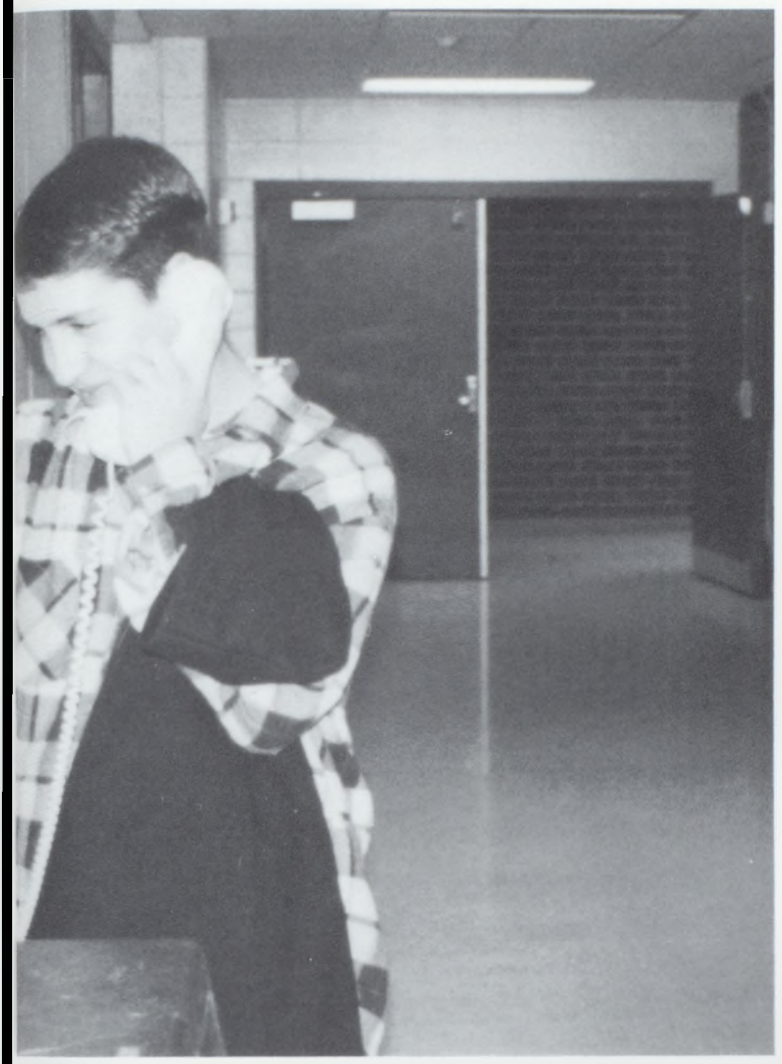
Andy Shanley
Megan Sheeks
Shelly Sheldahl
Cynthia Shumaker
Amanda Simpson
Harold Simpson III
Megan Sinnwell

Adam Straw
Katie Stricklin
Rebecca Tapken
Joshua Tapken
Jennifer Tarp
Eric Thompson
Gregory Thompson

Laura Vankuiken
Andrew Vannausdle
Paul Venter
Christopher Wagner
Jess Wagner
Matthew Wagner
Timothy Walker

Daniel Whitten
Meghann Wiig
Lindsay Wilde
Kelly Wilges
Christopher Williams
Justin Williams
Rosemary Wilson





Calling home after a Friday night basketball game, freshman Dan Armstrong waits for his parents to answer. Like many students, Armstrong called home for permission to go out after the game. photo by Anne Sciorrotta

Despite the cold, sophomore Kelli Brown takes her dog, Fluffy, for a walk. This was just one of the many chores that Brown needed to accomplish every day. photo by Anne Sciorrotta





Emily Slattery
Jessica Smeltzer
Nathaniel Smock
Jason Stamps
Emily Stille
Lacey Stockman
Stephanie Strack

Tyler Tompkins
Nicholas Touch
Troy Trobaugh
Steven Tyrrel
Michelle Vacco
Trisha VanGorp
Nicholas VanGurdy

Jason Walsh
Natalie Warren
Carter Wasilewski
Katherine Weisz
Andrew Westcott
Andrea Westover
Jennifer White

Kirk Wisecup
Robert Wisniewski
Benjamin Wissink
Damian Wojtowicz
Aaron Wych
Nicholas Wylie
Justin Zortman



MOM IS ALWAYS THERE

Parents get an opportunity to educate their children

Most parents only got the chance to help their kids with their homework, but some parents could work with their children in school.

"I enjoy working in the same school with them. On occasion I get the opportunity of seeing (senior) Jodi and (junior) Sara during the day whereas most parents don't get to," said Mrs. Sheryl Hill.

A couple of teachers even had the chance of teaching their kids in their classes. Mrs. Susan McCravy was in the same school as her daughter, sophomore Margo McCravy, since she was in kindergarden. "I have an advantage because I get to know her friends and make sure she gets her assignments done," said Mrs. McCravy

Mrs. McCravy had her daughter in her student development class and world studies class. "It doesn't bother me. When we get home she doesn't help me with my assignments. It's a normal situation," said Margo.

Even though the teachers and the students see each other in everyday life at home, they don't seem to be bothered by the fact that they're at the same school. **Story by Kristin Sorrells**

Tamara Andrews
Garry Auxier
Jeannette Babcock
Susan Baker
Denise Book
Dennis Briggs
Judy Briles

Dale Doudna
Terry Frisch
Jennifer Golay
Stephanie Groathouse
Arline Gunhus
Michael Halder
Marty Harswick

Molly Lauen
Susan McCravy
Marilyn Middleton
Mary Moermond
Maurine Morris
Mark Muehlenthaler
Craig Oldham

Gary Ross
Mary Schilling
Pamela Schumacher
Iris Scott
Evie Sewell
Steve Smith
Jerry Stratton





Both a teacher and a mother, Mrs. Susan McCravy flips through a world studies book with her daughter, sophomore Margo. Mrs. McCravy taught Margo during her freshman and sophomore year. photo by Kristin Sorrells

Mrs. Sheryl Hill reaches for her purse to get money for her daughter, junior Sara. "I hate it when she gets to know my grades before I do, but it's nice that she's there when I need money," said Sara. photo by Kristin Sorrells





Justin Carlson
Jim Casey
Phyllis Caswell
Sue Cline
Kelly Coleman
Cookie Cranston
Barb Cupp

Stephanie Heitz
Sheryl Hill
Shawn Holmes
Pam Johnson
Jerry Kinder
Pat Kinsey
Anne Koth

Jessica Paff
Cindy Partington
Mike Partington
Martha Pierce
Cheryl Pitts
Joyce Rash
Denise Reif

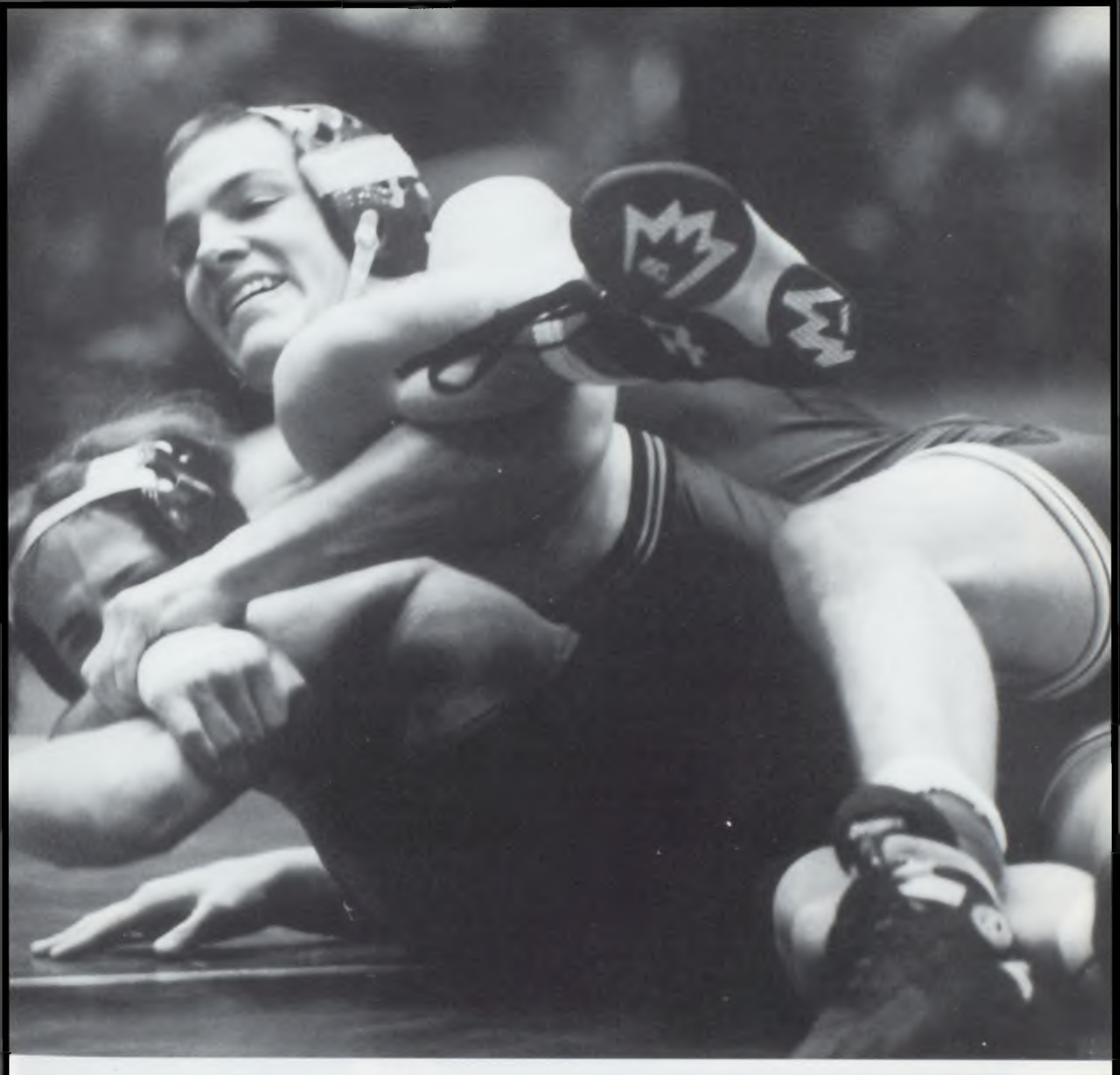
Larry Strickler
Jan VerHoef
Julie Walk
Jim Wandro
Pat Westcott
Jody White



go,
f i g h t,
win◆shoot for
two◆hustle◆keep your
eye on the ball◆get your
head in the game◆follow through
bump, set, spike◆block the shot◆pace
yourself◆get your second serve in◆take your
mark◆get your glove down◆point your
toes◆box out◆take the pitch◆be
a team player◆pin your man
take it to the rack◆pump
up the crowd
don't give
up

go for the gold

spread by Danielle Carroll



Wrestling his way to a second place finish, senior Ben Barnes tightens his hold on Jon Walker of Sioux City East in the semifinal round of the state tournament. Barnes beat Walker by a technical fall to advance to the final round. He qualified for the state competition all four years, earning fifth, third and second place titles. photo by Johnston Advance



VARSITY BASEBALL. Jeremy Comer, Matt Simpson, Jeff Nieting, Blake Cruikshank, Tim Halling, Donnie Tyrrel, Jay Christianson, David Rittgers, Ben Barnes. **ROW 2.** Brad Hartschen, Greg Olson, Scott Good, Tom Caswell, Jon Ross, Cory Liljedahl, Matt Kunert. **ROW 3.** Mike Landis, Cody Koch, Aaron Vis, Brent Cutler, Ryan Gray.

Varsity Baseball

North 6-2	Hoover 8-6, 3-13
Ames 11-7, 9-10	Pella Christian 3-2, 5-4
Roosevelt 3-5, 0-4	Carlisle 1-2, 8-3
Ballard 1-0	Atlantic 9-3, 3-7
Saydel 4-1, 11-1	Newton 11-6
Lincoln 8-6	Clarke 13-0, 13-5
Urbandale 6-7,9-8, 7-11	Dowling 11-14
Winterset 9-0, 6-4	Perry 3-0
Nevada 7-3, 6-13	ADM 8-1
Ankeny 8-15	Webster City 12-1
Norwalk 6-8, 12-2, 10-0	Davenport Assum. 6-13
Boone 0-3, 2-9	

Season Record 23-15

District Champions
State Tournament Semi-finalists

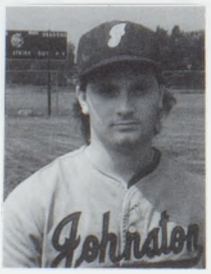
Cory Liljedahl, senior

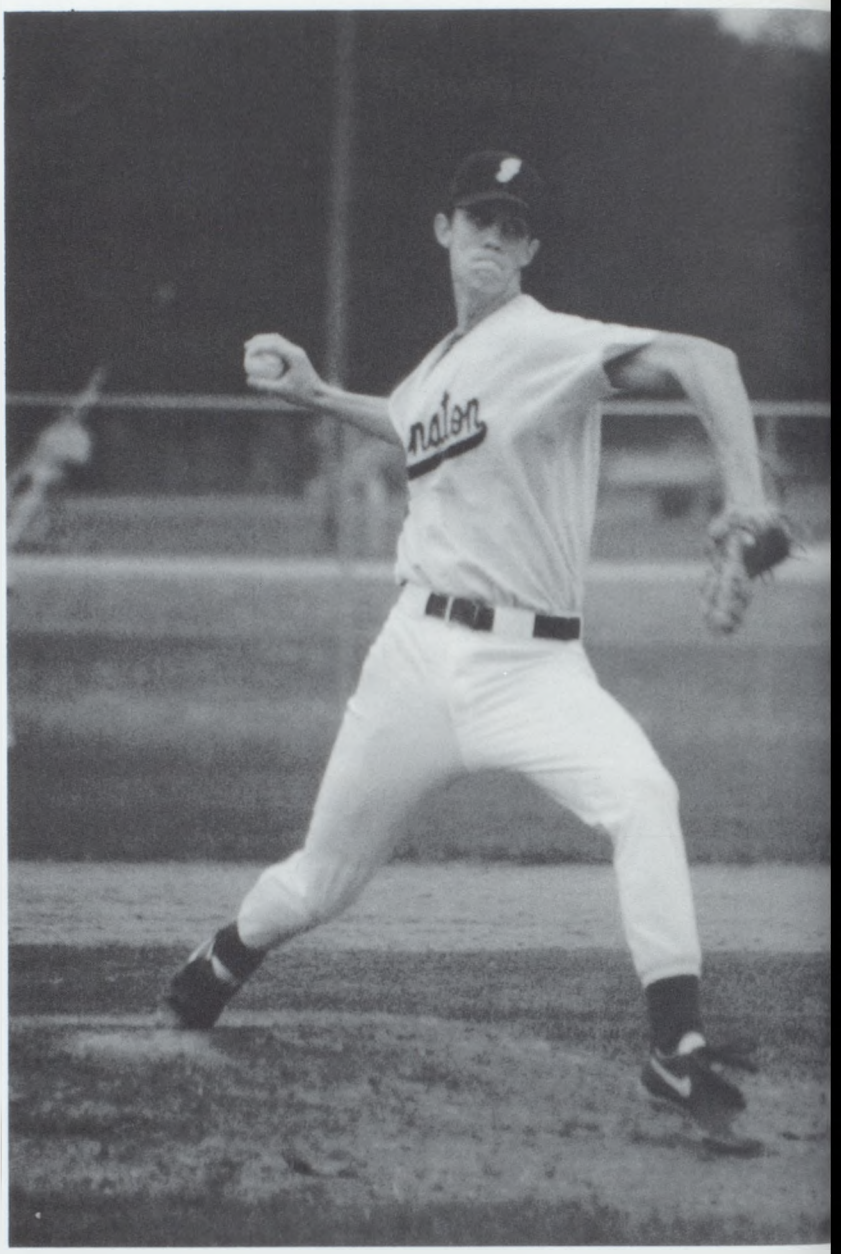
"I died laughing when Josh Twedt threw a baseball through our equipment shed. It left a huge hole in the top of the shed."



Jeremy Comer, senior

"I loved practicing at Urbandale's field after they got knocked out of the state tournament and we were still in it."





Delivering a pitch, graduate Aaron Vis goes for his second win of the season. Vis earned All-Conference honors as a utility player. photo by Mark Stookey



Preparing for the next state tournament game, senior Jon Ross throws a few pitches to work on his form. Ross led the team in hitting with a .470 average. photo by Jeff Simpson

spread by Tammy Walz and Cody Koch



ON TO THE TOURNEY

The varsity team came out strong at districts to gain momentum on their way to the state tournament semi-finals

"It's a simple game, hit the ball, catch the ball, throw the ball." This was coach Jim Mahoney's philosophy on baseball. Mahoney relayed this philosophy to the boys' varsity baseball team as they set goals for themselves on the first day of practice.

They decided on three team goals. "Our first goal was to win our conference, second was to go to state, and the third was to win state," said senior catcher Tim Halling. They didn't win their conference, finishing second to class 4A Boone, but the team did earn a trip to the state tournament at Carroll.

"The field was amazing at Carroll," said senior infielder Matt Simpson. "A lot of the players joked about wanting to roll around in the grass because it was so nice."

Drawn by the reputation of the field and the tournament, they played in front of the largest crowd of the season as they defeated the Webster City Lynx in the first round. They would go on to lose to the eventual state champions, Davenport Assumption, in the semi-finals. "The highlight of the season was playing Davenport Assumption in the state tournament," said senior pitcher Josh Twedt. "We played with them for most of the game and then let up in the final innings."

Although they only accomplished one of their goals for the season, they finished the year as one of the top teams in the state in class 3A. **Story by Tammy Walz and Cody Koch**



Catching a Webster City opponent in a run-down are graduate second baseman Donnie Tyrrel and senior first baseman Greg Olson. The team defeated the Lynx by a score of 12-1 in the first round of the state tournament. photo by Jeff Simpson



VARSITY SOFTBALL. Kate Jones, Kelly Clarkson, Kyla Kiester, Jodee Kennel, Sarah Nichols, Shauna Sleep. **ROW 2.** Sarah Batchelder, Kellie Barney, Dana Schultz, Laura Block, Lacey Corcoran, Tara Lashley, Shelby Sleep. **ROW 3.** Coach Carlson, Amy Myer, Heidi Kiester, Kelli Brown, Kelly Sloan, Christy Thies, Coach Kiester.

Varsity Softball

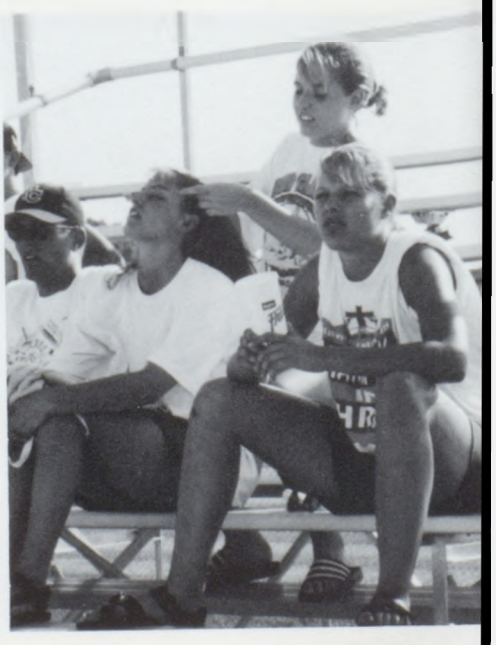
Perry 16-4	Clarke 1-3
North 0-1	Winterset 2-0
S. Tama 18-0	Iowa Falls 6-5
M. St. Mary's 7-0	Boone 4-5
Nevada 6-4	Estherville 5-1
Clarke 1-4	Nevada 1-0
Waukee 15-3	North 3-1
Pella 4-3	D.C. Grims 13-3
S.E. Polk 3-2	Boone 0-6
Waukee 12-7	C&M 5-0
Boone 1-4	Indianola 1-2
Winterset 7-5	Winterset 1-0
Pella Christian 3-0	Carlisle 2-0
Pella Christian 4-2	Saydel 3-1
Oskaloosa 3-0	S.E. Polk 7-9
Souix City N. 2-5	Norwalk 0-1
Moravia 6-0	Norwalk 2-6
Solon 5-3	East 1-7
Carlisle 2-3	**Season Record 23-14**



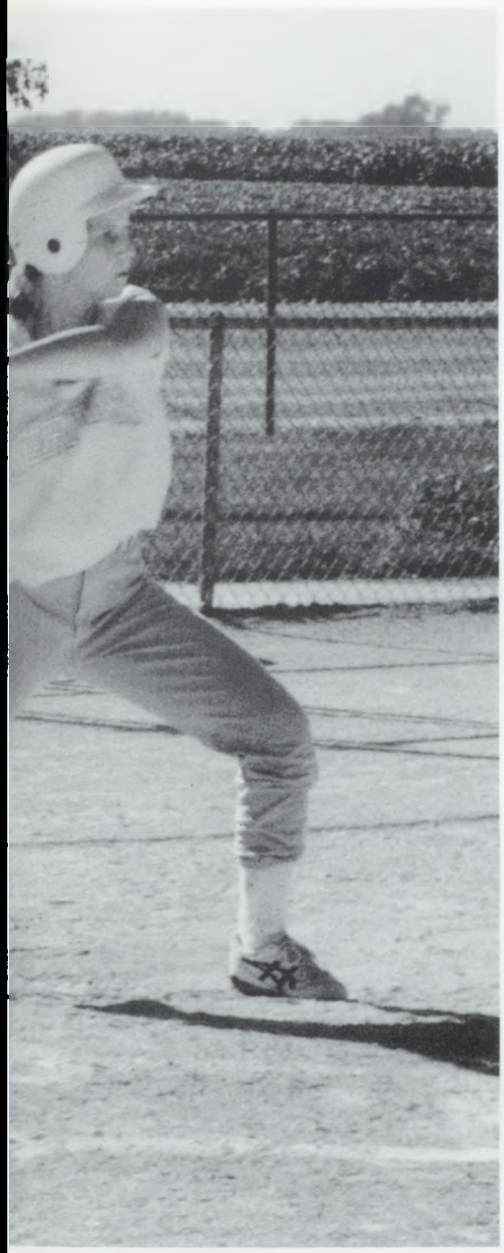
JUNIOR VARSITY SOFTBALL. Jamie Mai, Christy Thies, Marcie Peterson, Shelby Sleep, Shauna Sleep, Jill Cameron. **ROW 2.** Kate Vocelka, Tara Lashley, Kelly Sloan, Lacey Corcoran, Sarah Batchelder. **ROW 3.** Coach Kiester, Kelli Brown, Heidi Kiester, Kellie Barney, Shea Braune.



Sophomore Kelly Sloan concentrates on the ball in hopes of keeping her season strike-out record at zero. Sloan successfully completed the season without any strike-outs and maintained a batting average of .400. photo by Jen Goode



Helping teammate senior Laura Block keep cool, junior Sarah Nichols braids her hair while junior Kyla Kiester watches the JV game. Both Kiester and Nichols were selected to the Little Hawkeye All-Conference team. photo by Meghan Mandsager



BEAT THE HEAT

Even the extreme heat couldn't stop the softball team from obtaining the best record ever

Mother nature proved to be one of the toughest opponents the softball team faced. Heat indexes soared over 120°. "We were already dripping with sweat by the second inning," said sophomore Kelly Clarkson. "Between games we had to lay our shirts out on lawn chairs to let the sweat dry."

The heat wasn't the only obstacle the softball team had to overcome. The team consisted of only one graduate. Although some of the players didn't have much experience at the high school level, they had played softball for many years. "Even though I was a freshman and this was my first year playing varsity, I've been playing softball for as long as I can remember," said freshman Lacey Corcoran. "I think I started with tee-ball in kindergarten."

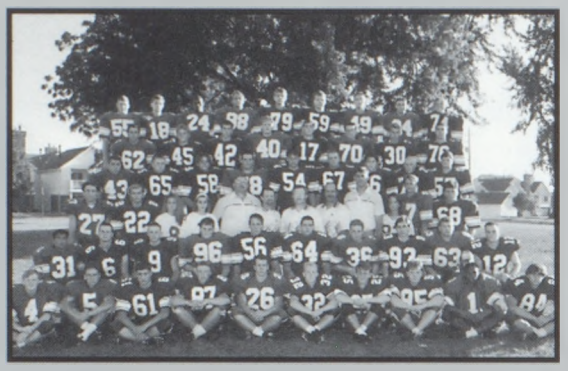
Despite the heat and their youth the softball team completed the season with one of the only winning seasons ever. " I think we did really well considering we were so young," said senior Kate Jones. "We had the best record in this school's history."

The season ended abruptly with a first-round loss in district play. "I was disappointed," said Coach Justin Carlson. "Basically, the breaks didn't go our way. We had opportunities to score and couldn't get that done. But the best part is that all the players will be back next year." **Story by Jen Goode and Meghan Mandsager**



Looking up at the umpire, sophomore Shauna Sleep awaits his decision at the plate. Sleep struck out nearly 20 percent of the batters she faced and had an ERA of 3.17. photo by Meghan Mandsager

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VARSITY FOOTBALL. Corey Dickey, Jay Nichols, Jim Burkhead, Dan Sunblad, Jeff Foster, Todd Pembroke, Brian Wattier, Jeremy Comer, Maurice Davis, Myles Cochran. **ROW 2.** Steve Rodriguez, Jon French, Brendan Mahoney, A.J. Simpson, Kevin Goering, Shaun Riley, Derek Trobaugh, Nick Nichols, BJ Knapp. **ROW 3.** Jon Ross, Christopher Stafford, Manager Amy Martens, Manager Katie McClure, Coach Ted Christensen, Coach Mike Halder, Coach Gary Auxier, Coach Fritz Keeling, Coach Spence Evans, Manager Marisa Hansen, Derek Haag, Jason Ceretti. **ROW 4.** Chase Young, Keith Hoppe, Casey Hansen, Greg Olson, Brian McCleary, Zac Christensen, Ben Oviatt, Eric Sable, Chris Willems. **ROW 5.** Josh Fausch, Ryan Ruisch, Ken Jones, Travis Schuling, Ryan Gray, Tim Keck, Mike Fackler, James Peterson. **ROW 6.** Mike Bennett, Jon Vocelka, Michael Martin, Tanner Cain, Brian Blessman, Kevin Shafer, Cory Kiper, Cody Koch, Tim Hruska.

Varsity Football

Grinnell 15-7	Webster City 26-13
Norwalk 20-6	Jefferson 30-14
Boone 17-6	Nevada 35-6
Carroll 42-21	Saydel 28-8
ADM 55-0	Spencer 10-14

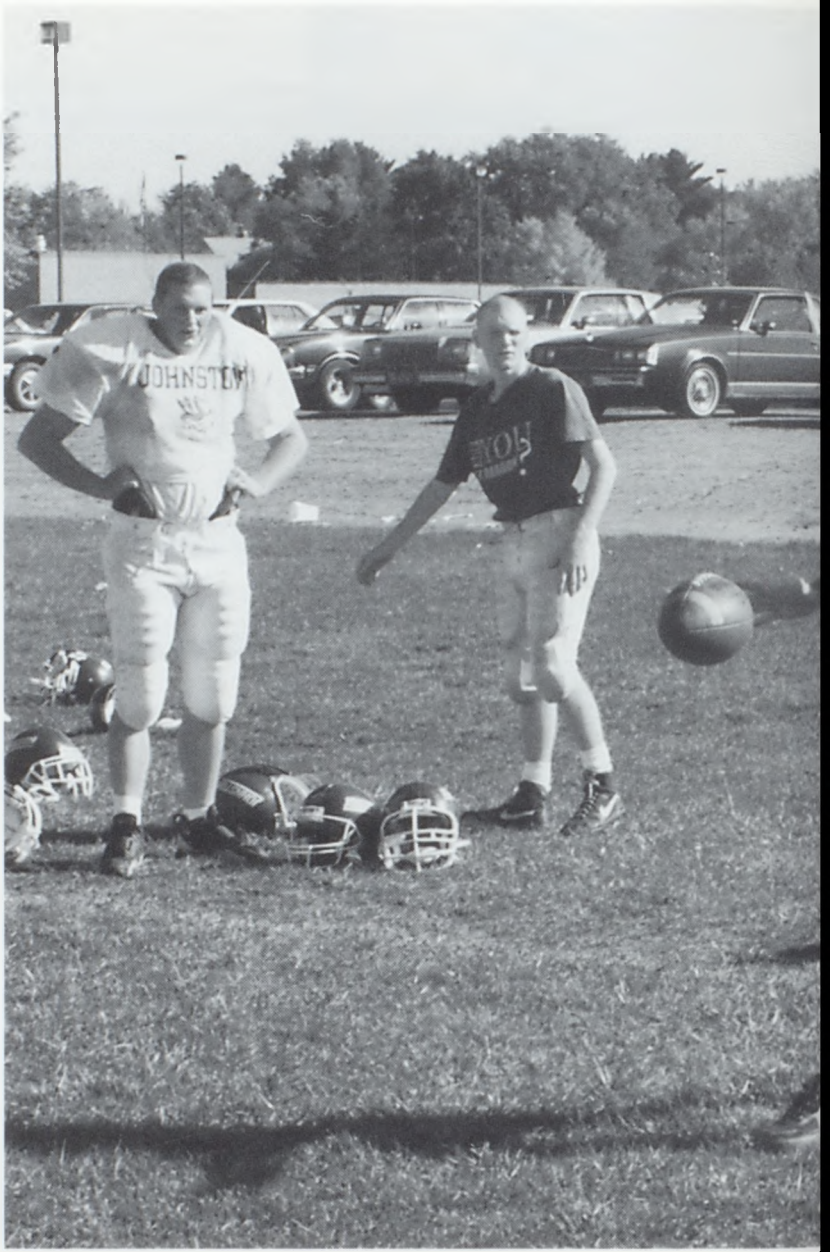
Season Record 9-1

District Champions
State Play-off Qualifiers

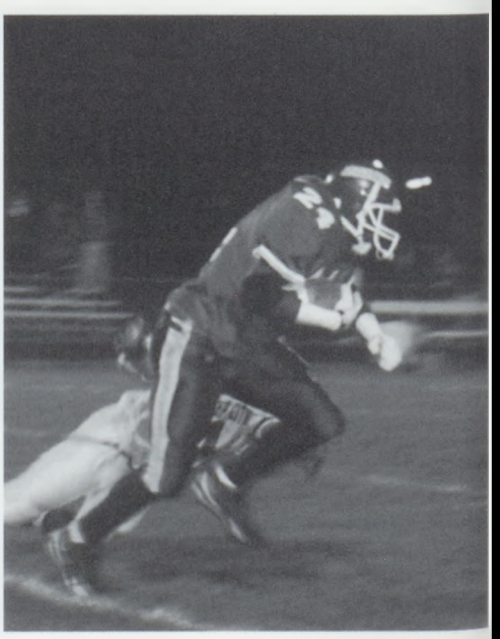
Casey Hansen, junior

"This was the best year I have had playing football. It was such a close knit team and that just added to the success of our season."

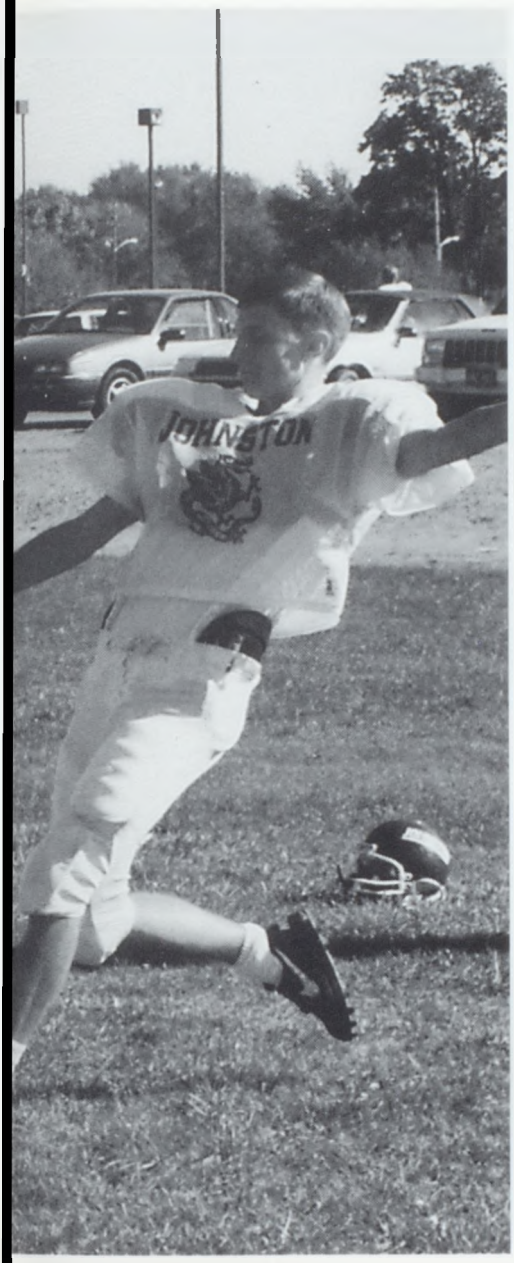




Working on his form before practice, senior punter Jon Vocelka kicks while seniors Eric Sable and Corey Dickey observe. Vocelka had a season average of 37 yards per punt. photo by Tammy Walz



Eluding a Norwalk defender, senior defensive back Michael Martin attempts to score. Martin earned first team All-District honors at his respective position. photo by Mark Stookey



SEASON TO REMEMBER

Improving their 2-7 record from 1994, the varsity football team earned a trip to the play-offs and an undefeated regular season

After a 2-7 season in 1994, the varsity football team regrouped and made school history. It became the first team to have an undefeated regular season as well as only the second in school history to qualify for the state play-offs. "It definitely was much better than last year," said head coach Gary Auxier. "We came out and surprised a lot of people this year."

Surprise people they did. After starting the season with two non-conference victories over Grinnell and Norwalk, the team faced then third ranked Boone. Defeating Boone gave it an eighth place ranking in the state as well as the respect the team deserved. "Our win over Boone was the first time people realized we were not the same team as last year," said senior wide receiver Christopher Stafford. "It gave us some confidence."

The team used its newfound confidence to go on to win its first homecoming in three years and to propel itself to the state play-offs. "I've played varsity for three years," said senior linebacker A.J. Simpson. "It was nice to finally win homecoming, especially my senior year."

The team won its last two regular season games to solidify their undefeated regular season. It then lost its first round play-off game to Spencer on a fake punt to end their season with a 10-1 record. "It was tough to end our season on a trick play," said junior linebacker Shaun Riley. "That is the one thing I will remember for a long time." **Story by Cody Koch**



Attempting to cover a fumble, a group of Johnston defenders swarms to the ball in the first round of the state play-offs. The Dragons lost the game 10-14 on a fake punt with three minutes left in the fourth quarter. photo by Tammy Walz



FRESHMAN FOOTBALL. Eric Downing, Andy Briggs, Kenny Madison, Joel Ashby, Kirk Wisecup, Chris Dickey. **ROW 2.** Tom Berkemann, Luke Milbrandt, Manager Sara Schnoltola, Manager Megan Evans, Head Coach Frank Baltzley, Asst. Coach Jerry Stratton, Manager Becca Tapken, Manager Stephanie Findley. **ROW 3.** Eric Schuechl, Adam Straw, Tony Peterson, Rodney Serbus, Jon Bertlo, Nick Touch, Daniel Armstrong, Dan Echtenkamp. **ROW 4.** John Heth, Chris Ceretti, Brent Loss, Lance Routson, Zach Parsons, Jon Parenza, Brad Swartz. **ROW 5.** Adam Lewis, Justin Reimann, Andy Kroeger, Matt Hansen, Nathan Lynch, Troy Trobaugh, Pat O'Hollearn, Dan Whitton.

Freshman Football

Ankeny-B 0-0	Grinnell 6-19
Boone 0-22	JSPC 8-6
Carroll 8-16	Newton-B 38-8
Winterset 22-8	Nevada 18-0
ADM 26-15	Knoxville 6-18

Saydel 0-8

Season Record 5-5-1

Sophomore Football

Grinnell 20-6	North 56-6
Norwalk 53-0	ADM 32-6
Saydel 34-6	Carroll 41-8
Boone 26-6	Ankeny 33-13

Season Record 7-1



SOPHOMORE FOOTBALL. Brain Sellner, Joe Hockett, Adam Foster, Chad Pembroke. **ROW 2.** Bill Tiernan, Nate Lamb, Brent Whipps, Manager Amy Martens, Defensive Coach Ed Terhune, Offensive Coach Brad Johnson, Manager Katie McClure, Dave Gray, Jacob Lohr, Seth Elliott. **ROW 3.** Josh Wells, Matthew Chatham, Brad Sewell, Kristofer Logue, Adam Davis, Andrew Wilson, Jeremiah Pugh, Troy Hansen. **ROW 4.** Eric Peterson, Dan Thompson, Kevin Burpee, Chad Larson, Shawn Larson, Charles Terhune, Jed Schmidt, Nathan Krofta, Adam Nieting.



Freshman Pat O'Hollearn punts the ball for the freshman team. Along with punting, O'Hollearn also played tight end, defensive end and kicker. photo by Mark Stookey



After breaking his collar bone, freshman Lance Routson winces in pain as freshman manager Sara Schnotala and Mike Vibratto, the team physician, tend to his needs. Routson played only the first couple of games due to his injury. photo by Mark Stookey



REFUSE TO LOSE

Freshman and sophomore football players take on attitudes and mottos to complete their season

The attitudes of the freshman and sophomore football teams focused on being mentally positive throughout their seasons.

"At the beginning of the season, there was an attitude of individuality and they did not know how to feel positive about themselves and their team," said assistant coach Jerry Stratton. The freshman team gained a positive attitude without gaining a winning season.

Finishing the season with an improved record from the previous two years, the freshmen felt positive about their year. " It felt good to win five games in one season," said freshman Dan Echtenkamp. "Our motto now is refuse to lose, we don't like losing and we won't allow ourselves to lose again."

With winning being a usual occurrance, the sophomores loss to Ankeny was the first defeat that the team had encountered since they began playing in seventh grade. "I was really upset that we didn't beat Ankeny. It seemed like everyone had a fat head about the game," said sophomore Adam Foster

Success worked against the sophomores at the end of the season. "This group got to the point where they thought they could just show up and win," said offensive coach Brad Johnson. "Hopefully they understand that it will take a total commitment and not just an occasional visit to the weight room."

Both teams had seasons with differing records. However, each had successes of their own and kept the attitude, "Refuse to lose." **Story By Jared Grant**



Sophomore Brad Sewell calls the play out to his offensive unit during the game against Ankeny. Sewell started at the quarterback position for the entire season. photo by Jared Grant



Varsity Volleyball. Lisa Shanley, Laura Block. **ROW 2.** Tara Lashley, Kyla Kiester, Anne Mullenix, Paige Stover, Sarah Batchelder, Kate Jones, Jane Zirkelbach.. **ROW 3.** Dana Schultz, Lacey Corcoran, Coach Michelle Roque, Coach Rick Brooks, Coach Pam Boland, Christine Notis, Alyssa Friedow.

Varsity Volleyball

WDM Valley 3-2	Saydel - 1st
DM North 3-0	Urbandale - 3rd
Winterset 0-3	Oskaloosa - 3rd
Nevada 3-1	Johnston - 3rd
Norwalk 3-0	**Districts**
Boone 3-2	Boone 3-1
Pella Christian 0-3	Fort Dodge 3-0
Carlisle 3-1	**Sub-state**
Clarke 3-0	LeMars 1-3
Tournaments	**Season Record**
Ballard - didn't place	**20-10-5**

Jane Zirkelbach, senior

"We were just kind of thrown together, but we worked well together and did the best Johnston's ever done."



Paige Stover, junior

"Coach Brooks helped us work together. He was like a friend to us and he was very knowledgeable."

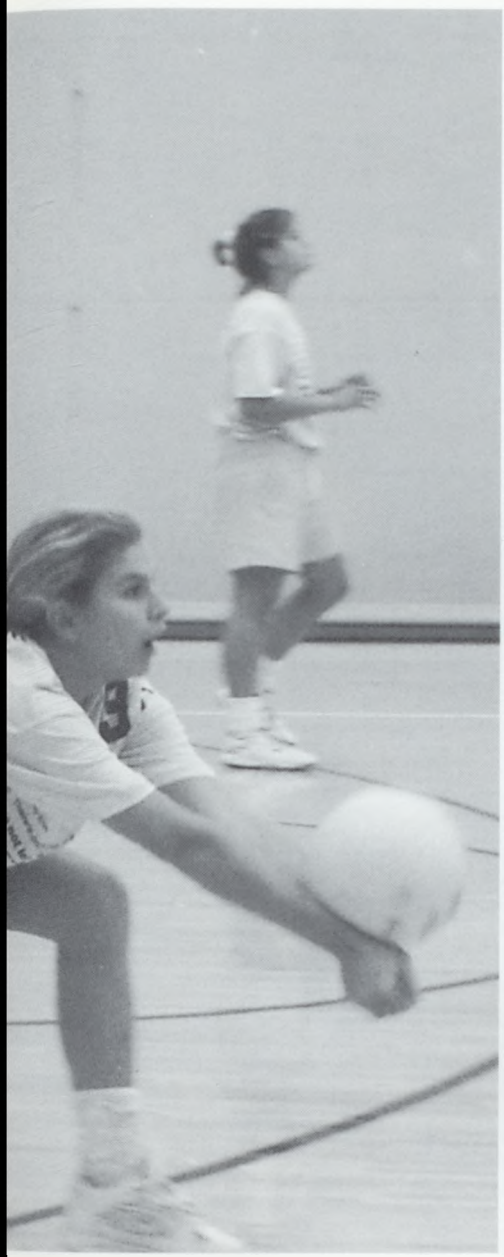




Sophomore Dana Schultz digs the ball during warm-ups of the Carlisle game. Schultz led the team in blocks with 40 and was also one of three underclassmen who started. photo by Matt Simpson



Jumping high to tip the ball, sophomore Tara Lashley punches it over two Norwalk opponents. Lashley started at setter and led the team in assists with 491. photo by Matt Simpson



BREAKING RECORDS

The varsity volleyball team combined youth with experience for a record setting season and a district championship

The varsity volleyball team went farther than any other team in Johnston's history. Part of the reason for its success was the team's high goals. "We wanted to win conference, beat Pella Christian, and make it to state," said senior co-captain Laura Block.

Although the team didn't quite reach its goals, it finished the season by making it to the sub-state final before falling to LeMars. This was the first team ever to make it past the first round of districts.

In order to have a successful season, the team had to combine youth with experience to form a team that worked as one unit. The squad had no difficulty blending three underclassmen with three seniors in the starting lineup. "We learned to play together and communicate a lot better throughout the year and all of us had the ability to play," said freshman outside hitter Lacey Corcoran.

Using communication and hard work the team strived for its goals. It finished with the best record ever and a district championship. **Story by Matt Simpson**



Passing to the setter, senior co-captain Lisa Shanley receives the serve from a Boone opponent. Shanley had 170 kills, 103 assists, 209 digs, 41 aces and 35 blocks on the year. photo by Matt Simpson



JV VOLLEYBALL. Kelly Sloan. **ROW 2.** Anne Sciorrotta. Amber Petersen. Coach Pam Boland, Missy King. **ROW 3.** Tonya Riley. Morgan Cavanaugh. Heidi Kiester. Tammy Walz, Theresa Timmins. **ROW 4.** Sharon Ehm. Shelly Nissen. Jana Yanders. **ROW 5.** Reeanna Larson, Kellie Barney. Brandy Shelly.

JV	Freshman
Valley 0-2	Winterset Inv. 2nd
North 2-0	Nevada W
Winterset 1-2	Norwalk W
Nevada 2-1	Pella Christian W
Norwalk 2-0	Nevada Inv. 1st
Boone 2-1	Carlisle L
Pella Christian 0-2	Valley W
Carlisle 3-0	Clarke W
Clarke 2-1	
Season Record 6-3	**Season Record 5-1**



FRESHMAN VOLLEYBALL. Jenny Oderkirk. Laura Oderkirk. Rachel Bryant. Katie Poston, Erin Derby. **ROW 2** Amber Alli. Kendra Reames. Michelle Norton. Meghan Lehman **ROW 3** Sarah Morris. Shannon Perkins. Coach Michelle Roquet. Katie Weisz. Sara Madison.

Erin Flynn, sophomore

"The coach seemed to work well with our team because she was closer to our age and she understood us."

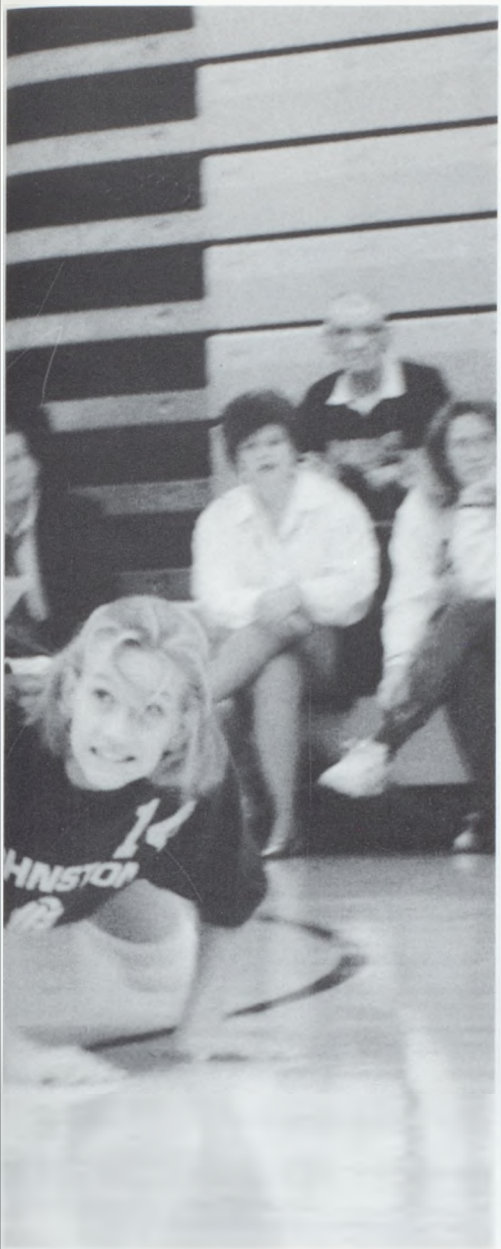




After digging a Winterset opponent's spike, freshman Katie Weisz looks to make sure the ball remains in play. The freshman team fared well at tournaments, taking first place at the Nevada Invitational and second place at Winterset. photo by Jen Goode

Junior Jana Yanders concentrates on the ball in an attempt to serve an ace. Yanders started at the outside hitter position, and helped lead the team to a winning season. photo by Jen Goode





MIXING IT UP

The Freshman and JV teams won by dealing with unpredictability and the loss of former teammates

After losing three players to varsity, the JV volleyball squad adjusted both strategies and player mix to build a strong team. That meant harder work and dedication.

"We played well considering that this was the first year we were mixed up. In our seventh, eighth, and ninth grade years, it was always the same people," said sophomore Tammy Walz.

Coach Pam Boland skillfully molded the raw talent into seasoned players through the use of many methods and drills. The team practiced all aspects of the game, including sprawls, passing, spiking and digging.

While the JV team dealt with the loss of players, the freshman team coped with unpredictability. "Some days we played really well, and the next day we'd fall apart," said freshman Rachel Bryant.

Although the team had potential, the players didn't start to recognize their talents until the end of the season. "I don't think we knew how good we were," coach Michelle Roquet said of the freshman team's sporadic play.

As the season drew to a close, the JV and freshman volleyball teams saw the products of their efforts. The teams had turned their devotion into winning seasons. **Story by Dan Kuster**



Freshman Katie Poston works to return her opponent's serve. Poston was a starter in the back row for the freshman team. "I was probably one of the better passers on the team. Coach (Roquet) really pushed us to do our best," said Poston. photo by Jen Goode



JV CROSS COUNTRY. Aditya Mahajan, Ryan Helps, Nick Munoz, Nathan Benn, Jeremy Gannon. **ROW 2.** Kate Vocelka, Marie Bunce, Jessie Smeltzer, Rachelle Webster, Jamie Westcott, Jim Wynn. **ROW 3.** Courtney Johnson, Pat McGowan, Amy Brehmer, Todd Bass. **ROW 4.** Coach Craig Oldham, Dan Kuster, Chris Kroeger, Carter Wasilewski, John Good, Matt Fisher, Manager Kevin Anderson, Coach Dave Beason.

CROSS COUNTRY

BOYS'	GIRLS'
Urbandale 7th	Urbandale 12th
Winterset 3rd	Winterset 1st
Johnston Invite 3rd	Johnston Invite 5th
Ballard 4th	Ballard 8th
Johnston Invite 4th	Johnston Invite 5th
Nevada Invite 4th	Nevada Invite 6th
Perry 7th	Perry 6th
Newton 4th	Norwalk 7th
Conference 4th	Conference 5th
Districts 13th	Districts 13th

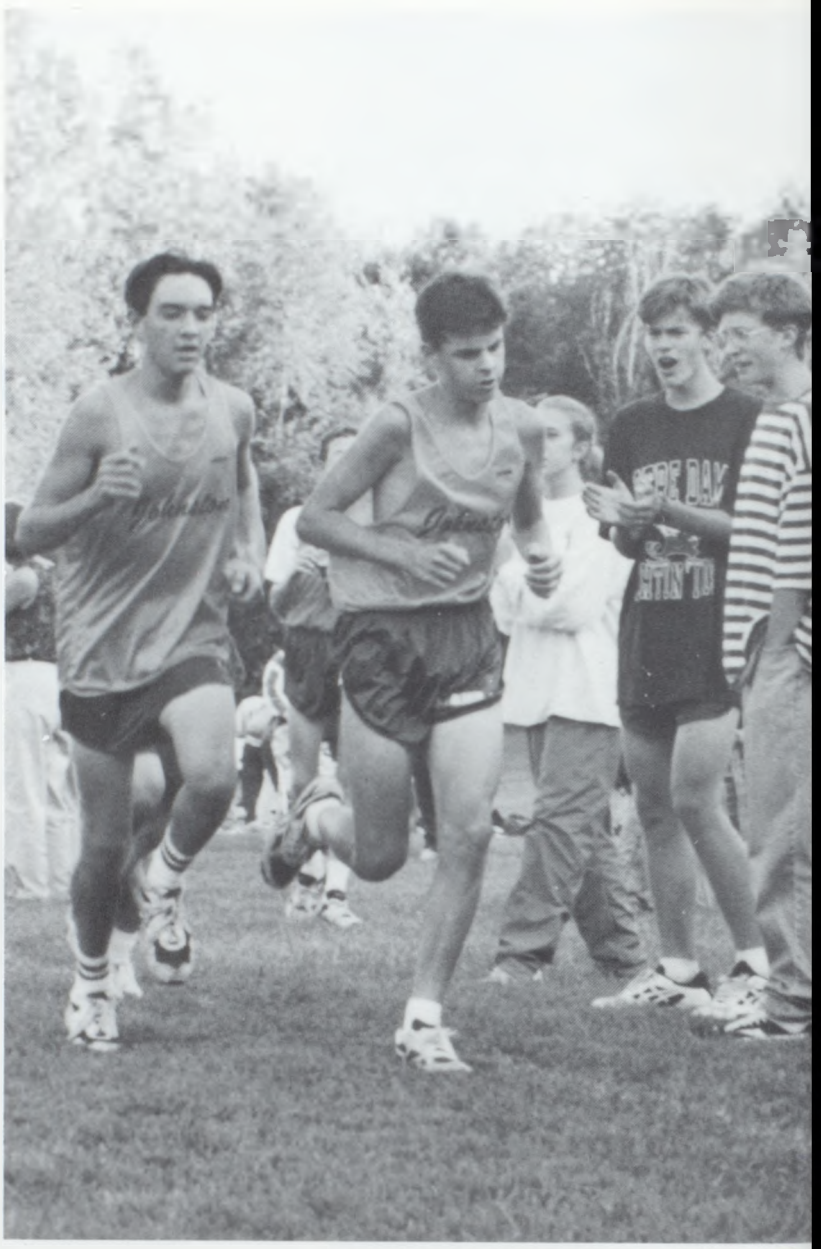


VARSITY CROSS COUNTRY. Kristin Warren, Angie Hefner, Lisa Beaman, Jessica Way, Jennifer Georgen. **ROW 2.** Manager Kevin Anderson, Jose Tovar, Sari Roarick, Nicole Timmins, Cindy Loffler. **ROW 3.** Coach Craig Oldham, Manager Sara Blasco, Ryan McGowan, Matt Webster, Greg Tibbocl, Jason Brehmer, Matt Sinnwell, Dennis Dain, Coach Dave Beason.

Courtney Johnson, senior

"Having separate coaches split the girls and guys up so it wasn't as much fun and there was no comradery."

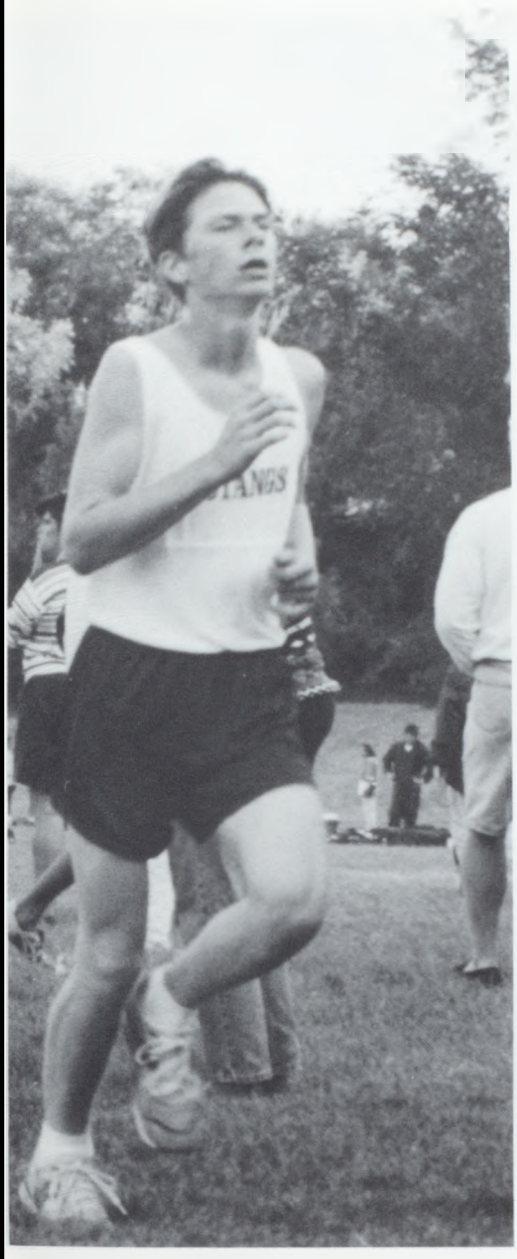




Junior Matt Sinnwell and sophomore Ryan McGowan follow close behind a D.C. Grimes opponent during the Johnston Invitational. The boys' team finished fourth overall. photo by Joann Stark



Preparing for the race sophomore Celeste Six removes her warm-ups at the Johnston Invitational. The girls earned 5th place. Nicole Timmons led the team with a time of 14:47. photo by Joann Stark.



SEPARATION STRAIN

For the first time ever, the boys' and girls' cross country teams did not run side-by-side

Dividing the boys' and girls' team meant making new adjustments. Mr. Craig Oldham coached the girls and Mr. Dave Beason took the guys.

"Not running with the guys was easier because we ran a lot less. The most we ever ran at practice was four miles," said senior Sari Roarick.

Although the runners thought practices were easier, the coaches thought they improved. "Our girls showed a lot of improvement throughout the season," said Coach Oldham. "The runners that really stood out were (sophomore) Jessica Way and (freshman) Cindy Loffler," said Oldham. Way tied senior Nicole Timmons for the number one average time during her first year.

A high point in the season was the Winterset Invitational. Here, Timmins placed third and Roarick placed fourth, leading the girls to a first place team finish.

The boys' team had their own success. "The thing that helped us most was starting in the summer," said senior Matt Webster, who placed first for the second time at conference.

Overall the boys' team placed fourth at the conference meet. Coach Beason said, "We had really strong underclassmen. Both (sophomore) Ryan McGowan and (sophomore) Jason Brehmer had excellent seasons."

Although the teams did not run side-by-side some runners thought this was better. Senior Kristin Warren said, "Having the different coaches made the teams more separate which gave each team more unity within itself." **Story by Kristin Sorrells and Joann Stark**



During the Perry Invitational, freshman Dennis Dain and senior Greg Tibboel push their way to the finish line. Dain finished second with a time of 18:36 and Tibboel finished third with 18:42 helping the team earn 7th place overall. photo by Kristin Sorrells

GOING BOWLING

Squads used new coachs' techniques to prepare for their Gator Bowl performance



"All right, down and give me twenty!" belted new cheer coaches Todd Slezack and Molly Richardson. A group of girls drenched with sweat circled around their new instructors. Pausing from their vigourous conditioning exercises, they completed their coachs' orders.

Slezack and Richardson, who were hired after Jayette Good's retirement, added conditioning to the practice schedule to enhance the girls' endurance and overall fitness.

"Conditioning was really hard at first because we weren't used to it," said freshman Angela Finestead. "We have to run a lot and do toning drills so we can be the buffest cheerleaders. It may not be fun, but it will help us in the long run."

The girls commited themselves to the program and focused on their performance at the Gator Bowl in Jackonsonville, Florida.

"We were all really excited about being invited to perform at the Gator Bowl," said junior Wendi Collins. "We worked really hard before we went, and I could tell that our work payed off when we got there."

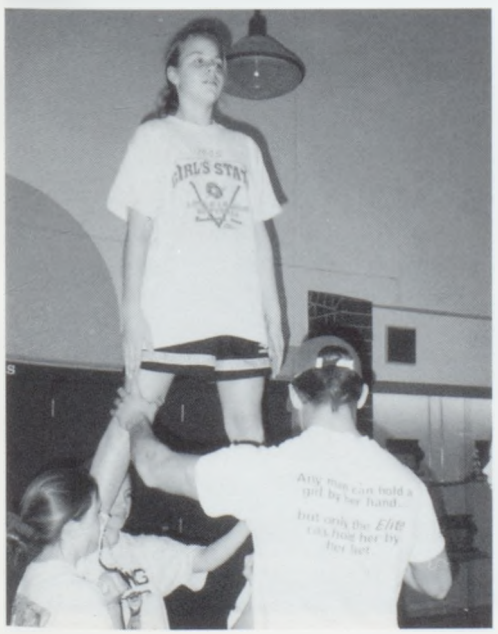
The squad was in Jacksonville for ten days of preparation, performing and partying. "The Gator Bowl was an experience I'll never forget," said senior Amanda Fisher. "We had several really long practice days where we would work for hours and hours. We had to perfect our routine before we performed at halftime."

The squads continued to work hard when they returned home. The pom squad placed first in regional competition and earned the right to compete at nationals. **Story by Jen Goode**



Varsity wrestling cheerleaders junior Alicia Baumgarn and sophomore Shelby Sleep do a take-down cheer for senior Nick Mitchell. Varsity cheerleaders held many fundraisers throughout the year to rasie money for their trip to the Gator Bowl including car washes, can drives and a street dance. photo by Dan Whitten





Pom squad members junior Holly Susic and sophomore Jessica Leindecker dance to a medley of upbeat funk songs. The squad performed the routine during state competition and received a superior rating. photo by Jen Goode

Building a half extension, freshmen Marie Bunce and Amy Palmer hold freshman Julie Heffling while coach Todd Slezack adjusts their grip. The squads practiced stunts including basket tosses, full extensions and pendulums to help evoke the crowd's full support. photo by Lindsey Rice



POM SQUAD. Shannon Fisher, Amanda Fisher, Kristy Wilges, Dani Williams **ROW 2.** Amanda Coates, Kelli Wong, Holly Susic, Emilie Houle. **ROW 3.** Jessica Leiendecker, Emily Brown, Jenna Logan, Wendi Collins. ROW 4. Shelby Sleep, Shauna Sleep, Melissa Mattern, Marcia Mattern, Lisa DeFigueiredo.



VARSITY CHEERLEADING. Annie Mullenix, Amanda Fisher, Shannon Fisher, Kristy Wilges. **ROW 2.** Kelli Wong, Sarah Nichols, Samantha Hufford, Mandy Jamison. **ROW 3.** Kelly Angstrom, Shelby Sleep, Alicia Baumgarn, Brooke Miller, Jessica Leiendecker.



JV / FRESHMAN CHEERLEADING. Katie McClure, Katie Wong, Rachel Webster, Emily Meyer, Julie Heffling, Alyssa Andrews, Marie Bunce, Kim Bjornson, Amy Palmer. **ROW 2.** Megan O'Banion, Marcia Mattern, Gina Porto, Heather Rains, Stephanie Black, Melissa Mattern, Kaitlin Rainwater, Lindsay Hansen, Sara Schnotala. **ROW 3.** Jen Goode, Leah Anderson, Angela Finestead, Leah Rutherford, Angela Schaad, Jodi Petzman, Lindsey Rice, Karla Mills.



GIRLS' SWIMMING. Amy Johnson, Amanda Naert, Kelsi Michael, Lisa Stradley, Meghan Mandsager, Stephanie Strack, Laurel Erickson, Cindy Rullan, Lyna Milbrandt. **ROW 2.** Sara Hill, Julia Wille, Erin Wignall, Lisa Gentile, Nicole Blackman, Kelly Angstrom, Tyelene Cervetti, Erin Behanish. **ROW 3.** Cali McCune, Michelle Perpich, Coach Jay Schelin, Coach Shari Walling, Coach Jennifer Webster, Coach Matt Wolfe, Chris Timmerman, Stephanie Stone. **ROW 4.** Shelly Sheldahl, Lanie Smith, Rachel Broek, Jodi Hill, Emily Skow, Sara Myer, Sara Glasgow, Daisy Lemke, Anna Olson, Stephanie Peters

Swimming

Girls'	Boys'
Newton 111-69	Ames 69-101
Lincoln121-64	Fort Dodge 88-82
Ankeny 83-87	Lincoln 103-67
Mason City 40-62	Newton 89-81
Dowling 72-113	Indianola 117-42
Valley 62-124	Mason City 77-93
Marshalltown 65-121	Ankeny 55-115
Ames 94-92	Dowling 51-119
Fort Dodge 132-53	Valley 71-99
Season Record 4-5	Season Record 5-5



BOYS' SWIMMING. A.J. Bilbrey, Mike Hicklin, Josh Fausch, Doug Owen, Mark Barta, Dan Jablonski, Zac McCune, Ryan Parks. **ROW 2.** Andy Petersen, Kevin McConnell, Sean Flannery, Justin Ehm, Kevin Galvin, Dennis Dane, Brandon Williams, Nick Stravers, Nathan Nelms. **ROW 3.** Erik Johnson, Jared Grant.



Using the new timing system, freshman A.J. Bilbrey practices his start before district competition. At districts, Bilbrey dropped six seconds in the 100 backstroke. photo by Meghan Mandsager.



Senior Sara Myer places her hand on her head, exasperated after her first place backstroke finish. Myer qualified for the state meet for the fourth year in a row. She finished fifth in the 500 freestyle at state with her lifetime best. photo by Meghan Mandsager



HAIRY TO HAIRLESS

No matter what sex, swimmers had to shave their legs if they wanted to shave the last seconds

The seasons were full of Christmas presents, razors and shaving cream. Both teams tried to cut the final seconds while still having fun.

During the last six weeks of the season the girls weren't allowed to shave their legs. Before competition, they shaved together to prepare for the race. "By state, Sara Myer had leg hair so long you could braid it," said sophomore Lisa Stradley.

"I was jealous of the divers because they could shave their legs anytime they wanted," said freshman Tyelene Cervetti.

"Christmas" came early for the girls' swim team. They received a new timing system for starts which coach Shari Walling affectionately referred to as "Christmas." It was one of only five in the nation. "We sang Christmas carols the day it came," said junior Sara Hill. The system helped both the girls and boys fine tune for competition.

The boys' team also shaved their legs in addition to shaving their heads. Before taking it all off, they decided to have a little fun. Some dyed their hair and others shaved designs into their head. "It's nice to finally shave off all your hair because then you don't have to comb it in the morning," said junior Sean Flannery.

Winter weather made things even more difficult for the boys. Pool temperatures dropped to 65°. They made the best of their situation, though. "We had a snowball fight and built a snowman by the pool. When we were done, we threw the snowman and our assistant coach Amy in the water," said junior Jared Grant.

The boys received their Christmas present a little late. Even though it had been deemed a "rebuilding year" they placed in the top ten at state for the second time ever. **Story by Meghan Mandsager**



Flutter kicking, junior Josh Fausch focuses on qualifying for the state meet. "I was disappointed because I didn't make it to state in any individual events. I was happy with my times but I thought they were good enough to qualify," said Fausch. He competed both the 200 and 400 freestyle relays at state. photo by Meghan Mandsager



VARSITY GIRLS' BASKETBALL. Manager Kevin Anderson. Laura Block, Lisa Shanley, Alicia Rollison. **ROW 2.** Dana Schultz, Kelly Clarkson, Kellie Greiner. **ROW 3.** Coach Justin Carlson, Lacey Corcoran, Kyla Kiester, Jenny Meek, Jill Cameron, Sarah Batchelder, Coach Rick Flatt.

Varsity Girls' Basketball

Ames 36-59	Pella Christian 31-55
East 56-45	Norwalk 49-29
North 49-34	Nevada 42-32
Nevada 57-35	Pella Christian 42-62
Eddyville-Blakesburg 53-38	Carlisle 41-53
Carlisle 41-65	Boone 74-45
Winterset 46-35	Winterset 77-51
Davis County 61-46	Clarke 53-73
Boone 40-39	PCM 80-46
Clarke 40-60	Norwalk 40-52
Districts	**Season Record**
Ames 38-43(OT)	12-9

Kellie Greiner, soph.



"(The Ames game) was so close. I thought we were actually going to take them. Then it went into overtime and a few errors sunk us."

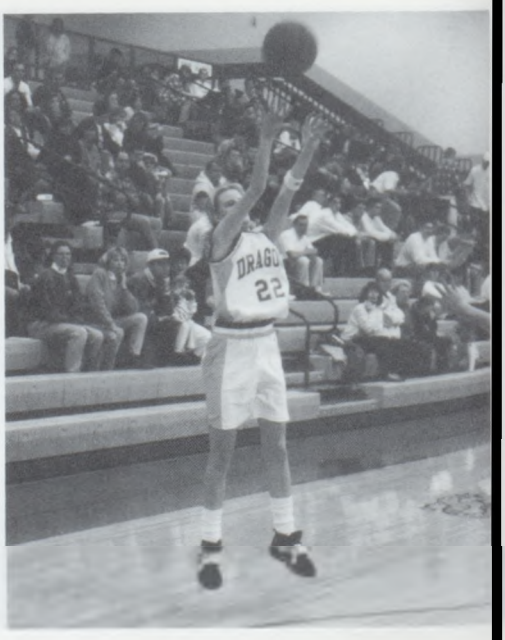
Laura Block, senior



"It was hard to play together at first, but then we started to click. The younger players had a lot of ability, they just didn't have a lot of experience to begin with."



Rising above her Winterset opponent, junior Jenny Meek takes a jump shot in the lane. Meek started at center and led the team in blocked shots and rebounds. photo by Matt Simpson



Spotting up for a three pointer, senior co-captain Lisa Shanley follows through to the basket. Shanley led the team in assists with 56 on the year. photo by Matt Simpson



ROCKY ROADS

The varsity girls' basketball team journeyed through the season's highs and lows to gain experience

The season was a rocky road for the varsity girls' basketball team. It managed, however, to travel it quite well. Despite bumps in the road like inexperience and learning to work together, the team improved and went on to the most successful season ever.

"The seniors provided good leadership and the younger players had a lot of talent, but it took a while for them to learn how to play together," said Coach Justin Carlson. "When you look at how soundly Ames beat us to open the season, though, and then how close the district game was, it's obvious we improved a lot. With a little luck we should have won that game."

With four sophomores, one freshman and only two seniors, the Dragons had a very young squad. "We had the talent, but I don't think people expected much from us because we didn't have varsity experience," said sophomore Kelly Clarkson.

While the team proved they could play well, at times they struggled. "It was hard on our confidence because we would win so easily and then turn around and lose really badly," said junior Kyla Kiester. "We had no close games and that hurt us in the district game because it was something brand new for us."

The team traveled through the many hills and valleys of the season to obtain a 12-9 record and took a very talented Ames team into overtime in districts. **Story by Matt Simpson**



Freshman Lacey Corcoran pushes the ball up the court on a fast break against Norwalk. Corcoran came off the bench for the team and averaged 5.4 points per game. photo by Matt Simpson



FRESHMEN GIRLS' BASKETBALL. Natalie Warren, Andrea Webster, Wendy Dennis, Emily Miller, Katie Stricklin, Megan Sinnwell, Kendra Reames, Angela Ryan, Nicole Grimm. **ROW 2.** Jessica Boever, Sarah Harper, Jill Palensky, Bridget Bond, Tanika Dixon, Sadie Braune, Sarah Morris, Coach Rick Brooks.

FRESHMAN GIRLS' BASKETBALL

Roosevelt 32-35	Norwalk 44-40
East 14-30	Clarke 8-31
Nevada 23-27	Norwalk 34-42
Boone 45-35	Pella Christian 22-37
Urbandale 13-49	Winterset 24-31
Pella Christian 23-39	Boone 34-48
Carlisle 25-42	Clarke 36-25
Winterset 34-26	Nevada 48-41

SEASON RECORD 5-11

JV GIRLS' BASKETBALL

Roosevelt 31-21	Clarke 35-30
East 33-31	Norwalk 47-41
Nevada 29-52	Nevada 42-21
Boone 45-20	Pella Christian 54-58
North 42-41	Carlisle 41-49
Urbandale 32-49	Winterset 37-13
Southeast Polk 44-42	Boone 93-34
Pella Christian 43-38	Clarke 30-25
Winterset 51-20	PCM 76-24
Norwalk 28-36	Nevada 48-40

SEASON RECORD 15-5



JV GIRLS' BASKETBALL. Kelli Dennis, Shauna Sleep, Kate Vocelka. **ROW 2.** Coach Rick Rynning, Natalie Grimm, Kelli Brown, Jenny Weaver, Tammy Walz.



Maneuvering around her defender, freshman point guard Jeny Oderkirk dribbles behind her back as she brings the ball up the court. Oderkirk was one of two freshmen who moved up to the JV team. photo by Matt Simpson



Driving the baseline, sophomore Kelli Dennis runs into a double team. After picking up her dribble, Dennis looks for the open player. photo by Matt Simpson



STEPPING UP

The freshmen and JV girls' basketball teams dealt with the loss of players by working hard and having fun

The freshman and JV girls' basketball teams had to deal with losses not only on the court, but off the court as well.

The freshmen lost three players who moved up to the JV and varsity teams. "It initially hurt that class, but in the long run it helped them because the second and third-string players now became first-string players," said Coach Rick Brooks.

Even though the team finished with a record of only 5-11, it was much more competitive than the record showed. "Because we lost three players we had to pick up our game. Most of our games were close and, despite the record, we always found something to laugh about in practice," said freshman Laura Oderkirk.

The JV team was affected by a loss of players as well. With four sophomores moving up to varsity, the team started the year with only six members. Even after the addition of freshmen, it was shorthanded.

"We didn't have enough people to practice with so sometimes we practiced with varsity and sometimes we practiced with the freshmen. It made us improve a lot and work harder," said sophomore Kate Vocelka.

Coach Rick Rynning agreed that as the season went on, the lack of players helped the team improve. "It affected us a lot early. It was tough to plan practices and conditioning hurt us early, but it helped us later in the year," said Rynning. Despite its lack of players, the team won eight of its last 10 games finishing the season with a record of 15-5.

The freshman and JV girls' basketball teams handled the adversity of losing players differently. While the JV team adjusted quickly, the freshman team's losses were too great for it to overcome. **Story by Matt Simpson**



Fighting for the loose ball, freshmen Katie Strickland and Jill Palensky fall to the floor during practice. Palensky led the team in scoring with 84 points during the season. photo by Michelle Norton

EXCEEDING EXPECTATIONS

Balance and teamwork carried the Dragons to a Little Hawkeye Conference title and extended their winning streak to 58

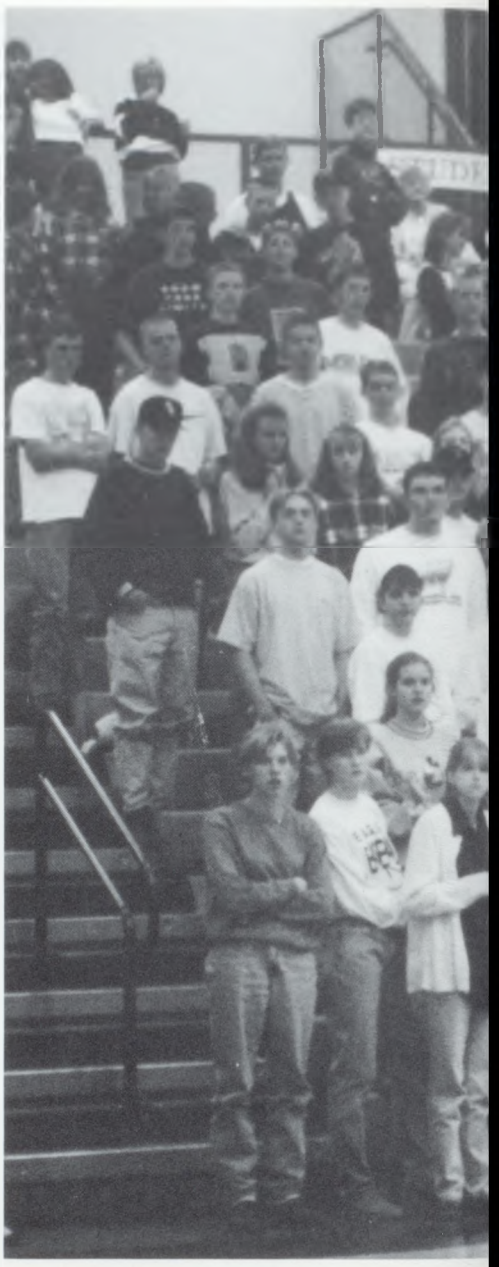
Even before the varsity boys' basketball team practiced a lay-up, ran a play or put on a uniform, a heavy burden was placed on their shoulders. "We never really talked about the (50 game winning) streak but I knew the kids knew about it," said Head Coach Frank Sanders. "They had a lot of pressure placed on them."

The Dragons opened the season with eight straight wins before Pella Christian ended the streak. "When Pella Christian beat us it seemed as though they'd just won the state championship," said senior Tim Halling. "It was a big deal to beat us which made us feel confident about our talent."

Putting the streak behind them, the team focused on another goal: defending their two-time state championship title. The Dragons finished the regular season strong and entered district play with a record of 15-3 and were rated tenth in the state.

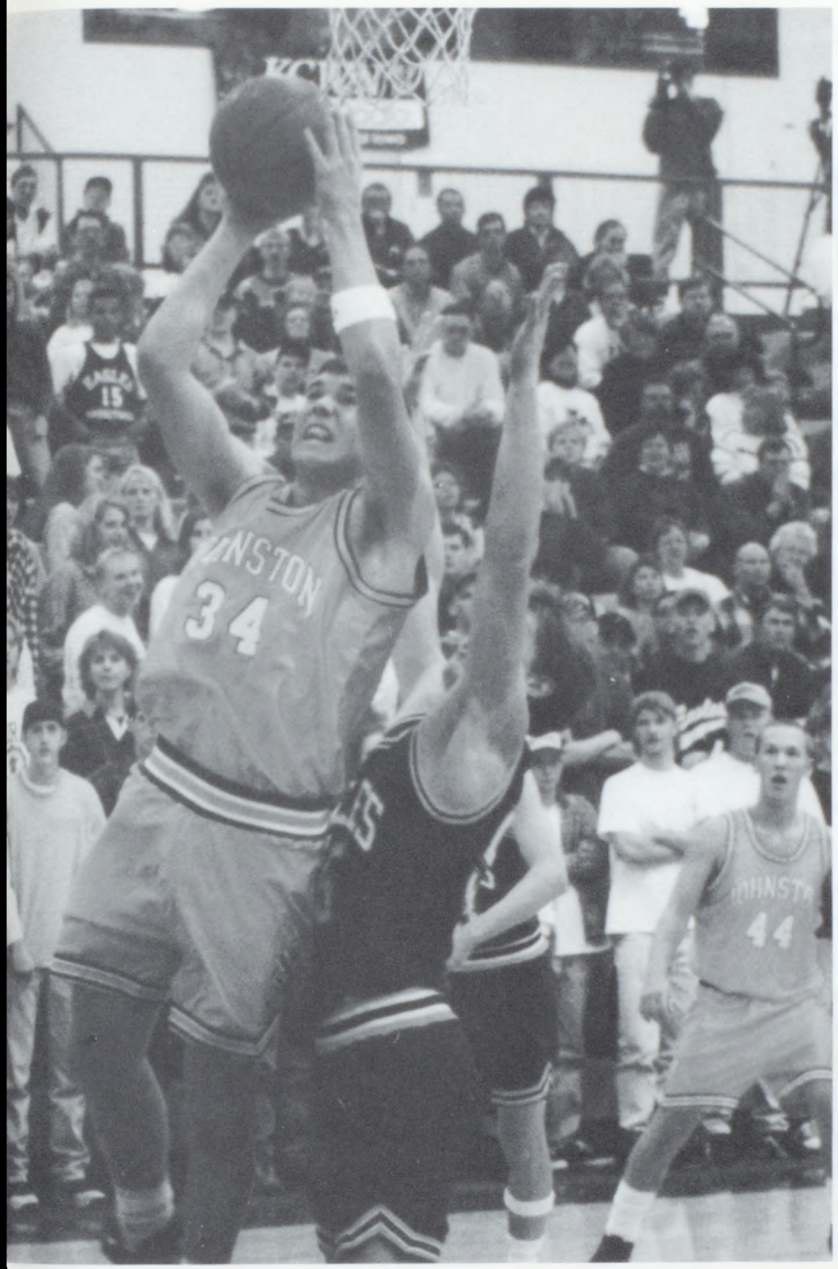
In their first round of districts, the team travelled to the foggy town of Grinnell. "Districts are supposed to be played at a neutral site and it was evident that Grinnell college's gym wasn't neutral enough," said senior Nick Iwig. "It was like they had home court advantage." The Dragons played well for the first three quarters, but despite having an 11-point lead in the fourth, Grinnell pulled away with three-point shooting.

Even with their season ending early, the Dragons were happy with their overall performance. "I don't think anyone really expected us to win state at the beginning of the year," said senior Josh Twedt. "Because we worked so well as a team throughout the season, we were able to prove ourselves and we had a shot at our third title." **Story by Stephen Ring**





Running the Gold defense, senior point guard Christopher Stafford closes out on a Ballard opponent. Stafford shot 60% from the field and had 14 steals on the season. photo by Stephen Ring





VARSITY BOYS' BASKETBALL. Tim Halling, Dan Sundblad, Michael Martin, Matt Simpson, Jon Ross. **ROW 2.** Josh Twedt, Ryan McClanahan, Taryn McAdams, Stephenie Southard, Christopher Stafford, Jeff Allen. **ROW 3.** Assistant Coach Jeff Simpson, Brian Blessman, Ryan Gray, Nick Iwig, Adam Corcoran, Ken Jones, Ryan Ruisch, Mark Oiler, Cory Kiper, Aaron Corcoran, Brian Sheeks, Head Coach Frank Sanders.

Varsity Boys' Basketball

Ballard 60-52	Carlisle 59-63
Nevada 59-50	Boone 59-54
Carlisle 60-31	Winterset 75-41
Winterset 55-28	Clarke 77-48
Boone 55-44	Hoover 50-36
Clarke 61-37	Norwalk 57-38
Pella Christian 49-42	Ankeny 52-72
Norwalk 57-49	Nevada 44-43
Pella Christian 43-51	East 70-59

Districts	Season Record
Grinnell 37-43	15-4

Matt Simpson, senior



"Michael Martin's dunk in our game against Grinnell was the most incredible thing I've ever seen. But I would have traded it for a victory."



After receiving a pass from senior Matt Simpson, senior Ryan Gray takes it to the rack. Gray averaged 7.4 rebounds per game and led the team in steals with 36. photo by Stephen Ring

Senior small forward Jon Ross takes an open three point shot. Ross averaged 10.5 points per game and led the team in free-throw percentage shooting 86.5%. photo by Stephen Ring

REMAINING FOCUSED

While freshmen concentrated on fundamentals, sophomores singled out defense and worked to perfect it

"Offense wins games but defense wins championships." This saying was not only what was printed on the new sophomore coach Tom Rea's T-shirt, but was also how the team approached the game. "I stressed defense because I believe not every night everybody will shoot it in the hole 100% of the time," said Coach Rea. "If you can get your team to play together defensively, you'll be in every ball game and it gives the kids a chance to win."

The chance to win came more often than not as they finished the season with a 12-8 record. "We had a lot of close games that we could have pulled out," said sophomore Jed Schmidt. "We just buckled under pressure."

The freshman team finished with a similar record but broadened their approach to the game to obtain it. "We worked hard to run plays and our defenses, but come on, we're freshman. We had to stick to the fundamentals to get anywhere," said freshman Chris Dickey.

Highlighting the freshmen's season was a one-point victory against Urbandale. "It was a good win for us because we'd been in a slump the previous four games," said freshman Troy Trobaugh. "We came together at the end to pull out our first victory ever against Urbandale."

Whether it was the sophomores practicing the "hop-to-the-ball" drill or the freshmen's basic dribbling, passing and shooting drills, both teams focused their energy to come away with winning records. **Story by Stephen Ring**





Advancing the ball upcourt, freshman John Roarick tries to beat an Ankeny defender. Roarick scored a career high 26 points early in the season against Des Moines North. photo by Stephen Ring





Laying in the ball, sophomore Dan Kuster scores two of his eight points in a game against East. Kuster led the team in blocked shots with eight on the season. photo by Stephen Ring

Exploding past his defender, sophomore Brad Sewell attempts to score. Sewell averaged 15 points per game and was named co-MVP by his teammates. Sewell shared co-MVP honors with sophomore Jed Schmidt. photo by Stephen Ring



FRESHMAN BOYS' BASKETBALL. Lance Routson, Aaron Wych, Brad Schwartz, Brent Loss, Zack Parsons, Andy Westcott, Matt Kroeger. **ROW 2.** Troy Trobaugh, Matt Holub, Adam Lewis, Pat O'Hollearn, Jon Foley, Nate Lynch, Andy Kroeger, John Parenza. **ROW 3.** Nick Touch, Kyle Campbell, John Roarick, Chris Dickey, Dan Armstrong, Tyler Tompkins, Andy Briggs, Nick Wylie, Shane Foster.

Freshman Boys' Basketball

Nevada 59-57	Pella Christian 46-63
North 70-58	Winterset 59-39
Pella Christian 38-55	Carlisle 47-38
Carlisle 53-42	Nevada 27-50
Winterset 56-48	Boone 50-48
Boone 62-60	North 53-60
Norwalk 45-32	Clarke 39-44
Clarke 56-33	Atlantic 57-68
Marshalltown 31-41	Urbandale 41-40
Norwalk 60-25	Ankeny 55-89

Season Record 12-8

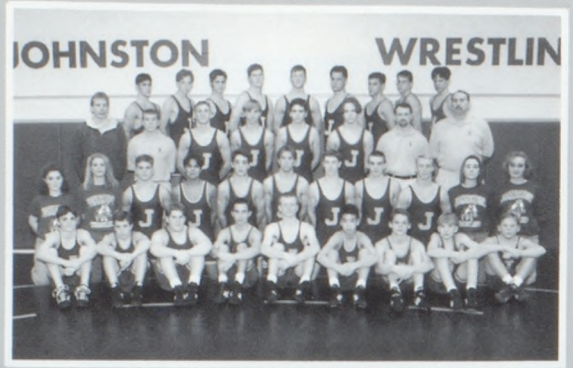
Sophomore Boys' Basketball

Ballard 68-61	Norwalk 44-41
Nevada 50-49	Pella Christian 39-42
Lincoln 63-50	Winterset 75-33
Fort Dodge 46-53	Carlisle 66-49
Pella Christian 42-53	Boone 34-40
Carlisle 71-63	Hoover 50-41
Winterset 57-34	Nevada 53-50
Boone 63-76	Ankeny 55-79
Norwalk 47-48	East 78-52
Clarke 41-49	

Season Record 11-8



SOPHOMORE BOYS' BASKETBALL. Jason Timmons, Wes Nyberg, Tim Luse, Tim Hartschen. **ROW 2.** Dan Kuster, Jed Schmidt, Eric Peterson, Reggie Burke, Brad Sewell. **ROW 3.** Dan Thompson, Tony Dunsky, Coach Tom Rea, Andy Vis, Kevin Burpee, Jerod Hockensmith.



WRESTLING. Jeremy Gannon, Eric Downing, Jim Simpson, Josh Wells, Corey Dickey, Derek Kim, Chris Williams, John Thorn, Kenny Madison. **ROW 2.** Manager Nate Slauson, Manager Erin O'Brien, Jordan Boley, Steve Rodriguez, Chad Baker, Kevin Whitehill, Nick Mitchell, Ben Barnes, Todd Pembroke, Manager Carrie Schroder, Manager Amanda Simpson. **ROW 3.** Coach Scott Long, Coach Jerry Stratton, Matt Madison, Rodney Serbus, Tony Peterson, Dan Corte, Coach Mike Halder, Coach Frank Baltzley. **ROW 4.** Dave Gray, Jon Good, Kris Logue, Mike Bennet, Greg Tibboel, Brian McCleary, Troy Hansen, Zach Mulder, Luke Milbrandt.

Wrestling

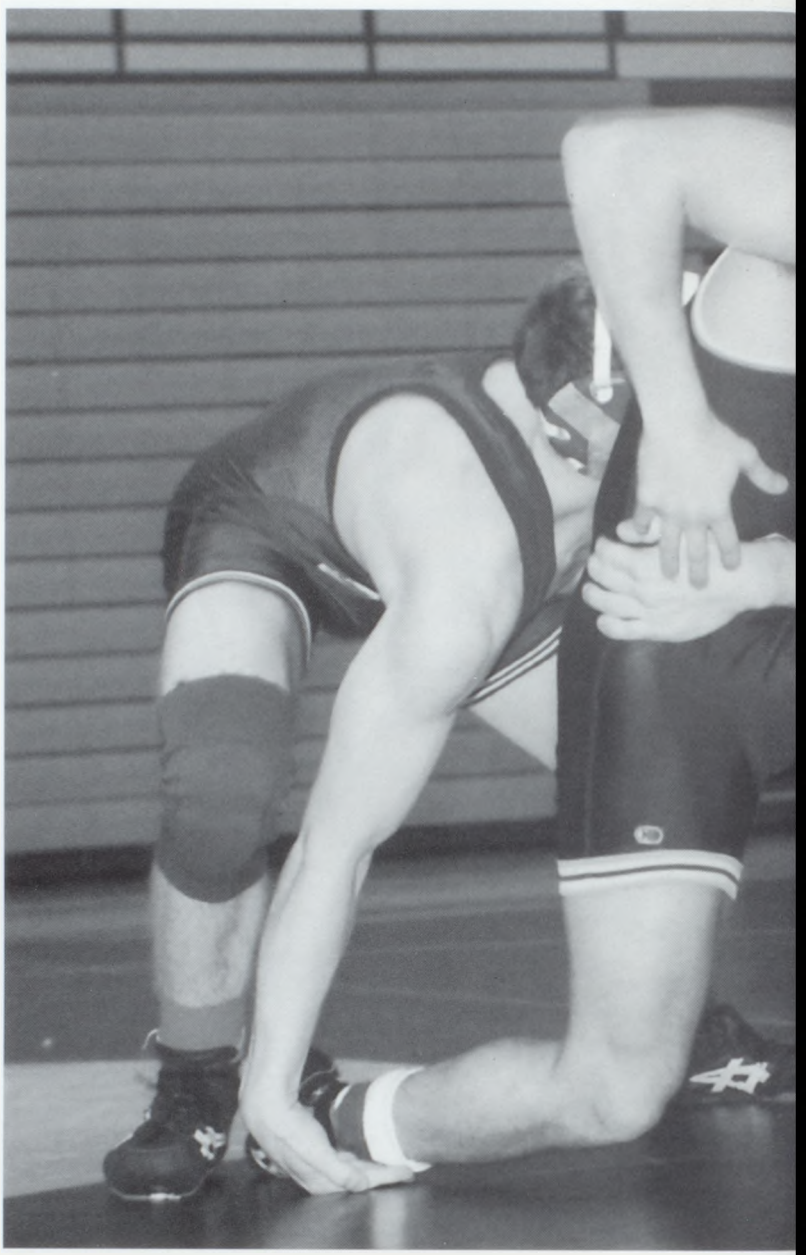
Urbandale 13-53	Valley Inv. 5th
Hoover 58-17	Winterset 24-42
Clarke 28-33	JHS Inv. 5th
Carlisle 31-34	Norwalk 41-28
Clarinda Inv. 3rd	Grinnell 41-31
Marshalltown 19-51	Lincoln 31-27
Boone 33-38	JHS Duals 1st
Nevada 48-21	Boone 3-99
Boone Inv. 5th	Districts 3rd
Perry 30-39	State 6th

Season Record 13-19

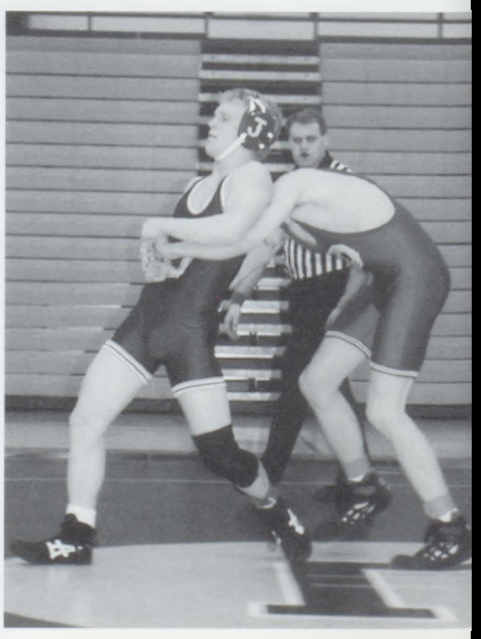
Troy Hansen, sophomore

"I'll never forget when Coach Baltzley's pants ripped at a meet. He had to walk around wearing purple mesh shorts over his khakis."





Fighting for an escape, senior Jordan Boley adds a point to his score. Boley sat out several meets because of illness, but still finished the season 18-4. photo by Cheryl Larson



Senior Todd Pembroke struggles to avoid a take down. Pembroke wrestled at several weight classes to adjust to the many absences. photo by Cheryl Larson



DEFYING DEFEAT

Turning its season around, the wrestling team achieved its highest state finish

Before the wrestling team hit the mats, it was carrying a heavy burden. With four state qualifiers returning, it was expected to win state.

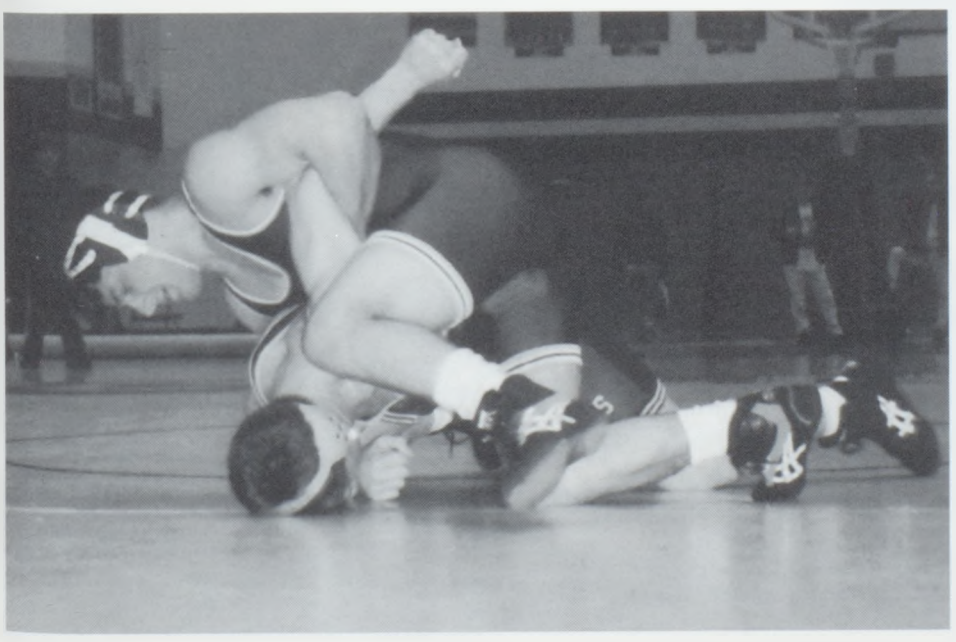
When several key students didn't go out for wrestling, the team was left to make several unexpected changes. "We had a few guys who didn't go out this year that we just assumed would, so a lot of guys had to move up to the varsity level," said senior Ben Barnes.

Despite many adjustments and losing six of the first eight meets, the team altered its attitude and used its determination to overcome these obstacles. "There was drastic improvement at the end of the season," said Coach Jerry Stratton. "There were a lot of guys who were no longer varsity rookies. We won the last seven of eight dual meets. We just wrestled better as a team."

They finished the season strong with a 13-19 record. Focusing on their goal of winning state, the team went into districts with a confident attitude. They finished third overall and advanced five wrestlers to state competition.

Although it didn't meet it's goal, the team placed sixth. "I know we weren't completely satisfied with sixth place because we wanted to win first," said senior Steve Rodriguez, "but we were all really happy. We can't complain, it's the highest finish ever."

Story by Jen Goode



Readjusting his grip, junior Jason Ceretti focuses all his energy on pinning his opponent. Ceretti joined the team late in the season after having surgery. He finished fifth in districts at the 189 pound weight class. photo by Jen Goode



BOYS' GOLF. Chad Baker, Mitch Kunert, Jason Reber. **ROW 2.** Brian Sheeks, Josh Van Huckelom, Jon Vocelka.

Golf

Boys'	Girls'
Clarke 165-181	Nevada 200-202
Pleasantville 157-173	Norwalk 200-212
Norwalk 182-181	Boone 213-231
Carlisle 171-180	Winterset 192-201
Saydel Inv. 1st	Carlisle 164-161
Nevada Inv. 1st	Ballard 133-133
Carlisle 156-175	Ankeny 197-191
Norwalk 163-182	Marshalltown 197-162
Nevada 163-159	Norwalk 209-210
Grinnell 162-158	Johnston Inv. 3rd
Conference 2nd	Saydel Inv. 3rd
Districts 3rd	Norwalk Inv. 1st
Season Record	Urbandale Inv. 6th
9-1	Districts 2nd
	Regionals 2nd
	Conference 1st
	Season Record
	7-3



GIRLS' GOLF. Jamie Mai, Paige Stover, Erin Derby, Sara Madison. **ROW 2.** Jodi Hill, Sarah Bidney, Morgan Cavanaugh, Lisa Gentile.

Lisa Gentile, junior



"The top four spots didn't really change, but there was competition for the fifth spot. We all had to play well to keep our positions."



Practicing her sand shot at Longview driving range, sophomore Tara Lashley keeps her eye on the ball. Lashley played in the number two spot on varsity. photo by Anne Sciorrotta



Senior Jon Vocelka follows through while working on his putting at the practice green. Vocelka was the runner-up medalist against Clarke. photo by Anne Sciorrotta



COMPETING

Contention on the boys' and girls' golf teams led to seasons that ended just short of state berths

The competition was fierce for the boys' golf team. It wasn't necessarily their opponents that were intense as much as their teammates. "Everybody was fighting for spots on the team. It was close the whole time. Because we were always competing against each other, it helped us when we competed against other teams," said senior Josh Van Heukelom.

While the fighting for spots was beneficial, it also had some setbacks. "As a coach with so many golfers at equal ability, you would always wonder if the right players were playing at particular times," said Coach Frank Sanders.

The girls' golf team didn't have many struggles for spots, but competing was one of their focal points. "We focused on trying to be competitors at meets, trying to be at the front of the group rather than at the back of the pack," said junior Sarah Bidney.

In order to gain that aggressiveness, the team played in tournaments of a different format than in the past. "A big thing that we tried to do this year was to play in more 18 hole tournaments than nine hole ones because there is a big difference between them," said Coach Steve Smith.

Regardless of where the competition came from, it led to successful seasons for both teams. The boys finished second at conference and missed a state berth by three strokes. The girls finished the year as conference champs and ranked second at regionals. **Story by Matt Simpson**



Preparing for practice, junior Brian Sheeks loads his clubs into his car after school. Sheeks shot a season low 43 against Carlisle. photo by Matt Simpson



VARSITY BOYS' TENNIS. Jon Martin, Andy Briggs, Mark Stookey. **ROW 2.** Ryan Kirkpatrick, Casey Smith, Mark Oiler, Adam Nieting. **ROW 3.** Andy Shanley, Matt Lundberg, Ryan Roeth.

Tennis

Boys'	Girls'
Ankeny 1-10	Norwalk 7-4
North Polk 8-3	East 9-2
Hoover 3-8	Hoover 10-1
Boone 0-11	North Polk 9-2
Saydel 9-0	Knoxville Invite 2nd
Indianola 8-3	North 10-1
Norwalk 5-6	Grinnell 5-2
East 11-0	Pella Christian 4-7
Clarke 8-1	Clarke 9-0
Conference 3rd	Boone 9-2
	Indianola 4-7
	Conference 3rd



VARSITY GIRLS' TENNIS. Joann Stark, Brenda Mitchell, Lisa Shanley. **ROW 2.** Chrissie Huisman, Leanna Morris, Celeste Six, Anne Mullenix. **ROW 3.** Renee Ebke, Chris Timmerman, Jaqlyn Collier, Laura Block.



Senior Laura Block prepares to win the point by delivering a smash. Block qualified for state by winning districts with her doubles partner Lisa Shanley. photo by Mark Stookey



Anticipating her teammate's serve, senior Chrissie Huisman gets into position. Huisman and her partner sophomore Tammy Walz defeated their Boone opponents 6-4, 6-0. photo by Mark Stookey



FORTY-LOVE

Both the girls' and boys' tennis teams scored winning seasons and combined, sent four players to state

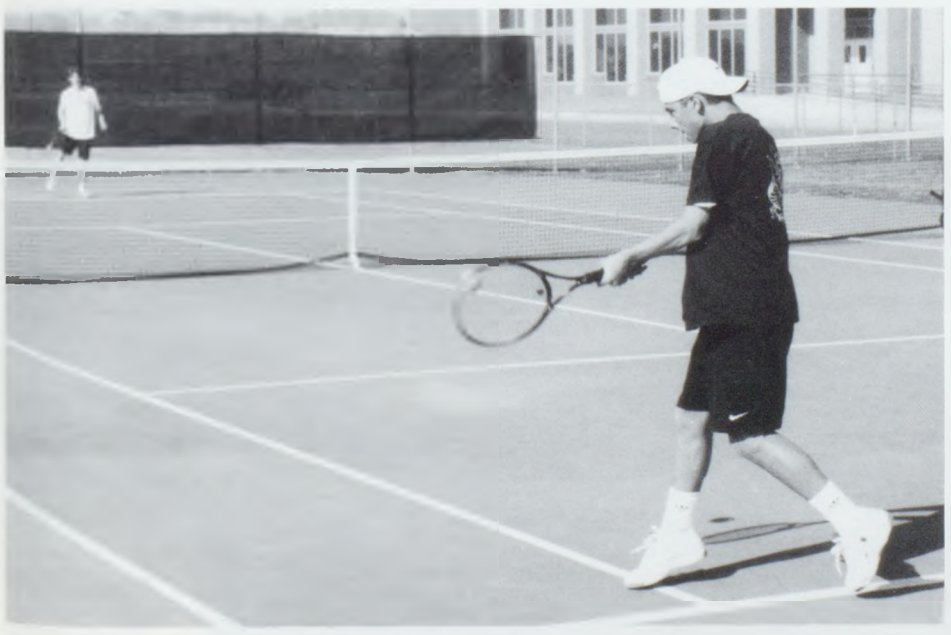
For the first time since they split from the conglomerate Johnston-Urbandale team three years ago, the boys' tennis team recorded a winning season. "Having a winning season was one of the several objectives we strived for," said boys' coach Leslie Shipp.

In addition to leading the team to a winning season, number one player junior Ryan Roeth battled his way to state. "At state, the level of competition was much greater," said Roeth. "It was impressive how good some people were."

Almost making it to state was the doubles team of junior Mark Oiler and senior Casey Smith who were defeated in three sets by North Polk. However, after this loss, they received third place at districts.

The girls' team had a winning season as well. The team was dominated by seniors who held the top 12 positions. Three of these seniors went on to compete at state. Senior Annie Mullenix, who held the number two position, won districts in the singles division. Seniors Laura Block and Lisa Shanley placed first as a doubles team at districts. "I felt my doubles team was successful because Laura and I were good friends which allowed us to communicate better," said senior Lisa Shanley.

Along with qualifying four people for state, together both teams pulled off winning seasons. **Story By Dan Feets and Mark JoMamma**



Swinging his backhand, sophomore Ryan Kirkpatrick returns the ball to his opponent. Kirkpatrick played in the number five singles position for the majority of the season. photo by Dan Kuster

TACTICS OF VICTORY

In order to win, the girls experimented with good luck charms while the boys exercised senior leadership

Lucky beads on safety pins, making a wish on a screw, wearing the same undergarments to every meet. These were just a few superstitions the girls' track team used in order to have a successful season.

"We'd pass around the plaque and kiss it, and other people wore the same sports bra to every meet," said sophomore Jessica Way. The girls didn't depend on just luck to make it through the season.

Coach Craig Oldham felt the girls worked together extremely well. "We had an excellent year because we had so many people contributing to the total success of the team."

Whether or not they used superstitions, team unity or raw talent, the season ended well with seven qualifiers advancing to the state track meet.

Like the girls, the boys' track team also had a successful year. They qualified in twelve events for state. "We won the conference meet, broke several school records and had outstanding leadership by the seniors," said Coach George Sypniewski.

During the conference meet the distance runners came through and won events they weren't expected to win. "We finally got some of the attention in the paper that the sprinters always get," said junior Ken Jones.

The sprinters got their share of attention by being state champions in the 4x200 meter relay. The relay team consisted of sophomore Brent Whipps and seniors Christopher Stafford, Maurice Davis and Michael Martin.

Overall, the team got eighth place at state, won the conference meet and the Adel and Carlisle Invitationals and school records were broke for the 1600 meter medley, 800 meter relay, 1600 meter relay and the high jump record was tied. **Story by Erin Russom and Joann Stark**





Sophomore Nathan Krofta streches out prior to running in the Johnston Invitational. Krofta was voted most improved sophomore along with Dave Gray. photo by Cheryl Larson





Running the preliminary 200 meter dash at the state track meet, senior Maurice Davis races for a spot in the finals. Davis qualified for finals with a time of 22.78 seconds and earned seventh place overall. photo by Joann Stark

Competing in the 100 meter hurdles at the state track meet, sophomore Heidi Kiester sprints three steps between hurdles. Kiester finished the race with a time of 16.0 seconds. photo by Joann Stark



GIRLS' TRACK. Tenisha Davis, Angie Hefner, Kelly Clarkson, Sarah Batchelder, Katie Jacobsen, Cindy Loffler. **ROW 2.** Alicia Rollison, Penny Nichols, Holly Bidney, Angela Ryan, Dana Schultz, Sarah Nichols, Amanda Sellers, Jessica Way. **ROW 3.** Kyla Kiester, Heidi Kiester, Michelle Norton, Lacey Corcoran, Lisa Beaman, Jenny Meek, Katie Weisz, Amy Vanderlinden, Karolina Czerwinski.

Track

Girls'	Boys'
Clarke Inv. 2nd	Hoover Inv. 4th
Bondurant Inv. 2nd	Urbandale Classic 4th
Johnston Inv. 2nd	Roosevelt Inv. 3rd
Waukee Inv. 1st	Adel Inv. 1st
Carlisle Inv. 1st	Norwest Classic 2nd
Little Hawkeye Conference 1st	Carlisle Inv. 1st
District Track Meet 8th	Little Hawkeye Conference 1st
	Johnston Inv. 3rd
	State Track Meet 8th



BOYS' TRACK. Jason Brehmer, Nathan Benn, Jake Lohr, Chris Ceretti, Jason Ceretti, B.J. Knapp, Tommy Myers, Jared Clark, Chris Kroeger, manager Sara Blasco. **ROW 2.** Lance Routson, Andy Westcott, Chase Young, Brad Sewell, Daniel Armstrong, Brent Whipps, Ryan Ruisch, Dave Gray, Ryan McGowan, Todd Bass. **ROW 3.** Steve Rodriquez, Maurice Davis, Matt Webster, Ryan Gray, Greg Tibbetl, Michael Martin II, Aaron Cocoran, Myles Cochran, Jon French, Christopher Stafford, manager Stephanie Findley. **ROW 4.** Isaac Williams, John Good, Nick Munoz, James Coover, Tim Walker, Nathan Krofta, Ken Jones, Adam Corcoran, Ryan McClanahan.



BOYS' SOCCER. Eric Wilcut, Adam Clark, Chad Pembroke, Jared Grant, Jose Tovar, Chris Dickey, Jordan Boley. **ROW 2.** Chase Young, Aditya Mahajan, Brent Routson, Jason Milburn, Ryan Culver, Seth Elliot, Jonathan Foley. **ROW 3.** Tyler Jacobsen, Bradley Schonhorst, Matt Schonhorst, Lukasz Czwerwinski, Patrick O'Hollearn, Ken Jones.

Soccer

Girls'	Boys'
Varsity	Hoover 0-2
Indianola 0-1	Indianola 1-2
Lincoln 11-0	Lincoln 0-1
North 10-0	North 7-2
Season Record 2-1	SE Polk 4-2
(as of May 29)	Ames 2-10
	Urbandale 0-5
JV	Mason City 7-2
Indianola 0-1	Ames 1-3
Lincoln 3-0	Newton 1-3 Russel 3-0
Season Record 1-1	Valley 0-6
(as of May 29)	Hoover 0-4
	Marshalltown 1-1
	Season Record 4-8-1



GIRLS' SOCCER Millie Smith, Marisa Hansen. **ROW 2.** Lindsey Wilde, Penny Nichols, Marcia Mattern, Jennifer Hunter, Lauren Pendergraft, Sarah Meston, Melissa Mattern, Heather Rains. **ROW 3.** Mary Schwab, Alicia Rollison, Sara Hill, Tarsha Wiseman, Tyelene Cervetti, Jennifer Georgen, Margo McCravy. **ROW 4.** Michelle Vacco, Jenny Meek, Felisha Montero, Sarah Harper, Erin Barlow.



Using practice time, junior Sara Hill and sophomore Millie Smith warm up. This was the first year the girls' soccer team was sponsored by the school. Over forty girls tried out for the two teams. photo by Cheryl Larson



Attempting to block a Valley player, sophomore Lukasz Czerwinski protects the ball from going out of bounds at a home game against Valley. Czerwinski played offense for the JV team. photo by Cheryl Larson

spread by Cheryl Larson and Crystal Smith



MAKING IMPRESSIONS

The boys' and girls' soccer teams took to the field to defend their reputation and prove themselves worthy

Young blood and new faces took the field determined to have successful seasons. Both the boys' and girls' teams set their expectations high, striving for team unity and persistence.

Although the majority of both teams consisted of underclassmen, there were some upperclassmen who fulfilled the positions of team leaders and role models. "I guess that we were the team leaders out on the field. But everyone played an important part of our team," said senior Alicia Rollison.

As the soccer season progressed, both varsity and JV boys met fierce competition that tested their skills and goals. "I think our most difficult game was at Urbandale. No matter how hard we ran or kicked the ball, Urbandale just seemed to be one step ahead of us," said junior Ken Jones.

As the girls' soccer teams took the next step and became a school sponsored organization, they were dead set on making their season the most memorable. "We wanted to prove to the school that sponsoring girls' soccer was a good decision," said sophomore Maria Brown.

The boys' team had a past to defend and the girls' had a reputation to mold, but both teams played to prove themselves. **Story by Cheryl Larson and Crystal Smith**



Stretching his hamstrings and calves, junior Jared Grant prepares for a varsity game against the Urbandale J-Hawks at the Urbandale Classic Invitational on April 19. Urbandale defeated Johnston 5-0. photo by Cheryl Larson



sing
y o u r
heart out◆learn
your lines ◆ e-nun-ci-
ate◆practice good posture
stand up straight◆grab the spot-
light◆strike a pose◆act the part◆take
deep breaths◆spit out your gum◆make the
most of what you've got◆toot your
own horn◆say it, don't spray it◆be
in your seat at 8:01◆always
carry a pencil◆keep
your toes up
b e a
star

break a leg



Playing his part in the annual "Olde English Madrigal Feaste" skit, senior Zac Christensen participates in the dress rehearsal while seniors Damon Huber, Jamie Westcott, Lisa Henning and Robin Sanders patiently wait to recite their lines. Many people put time and effort into the dinner, including the students in concert choir, their parents and other volunteers. photo by Jen Goode

COMPETING

Making history in first year of competition

While many students stayed up late to make the most of their summer vacation, members of the marching band set their alarm clocks and turned in early to prepare for the upcoming marching season.

As well as an early start on the season, several were not accustomed to the commitment it would take to pull the band together. "This was a transition year for us," said band director Jessica Paff. "It was like having a band of freshman since none of us had done this before."

On September 30, the band went to Glenwood, Iowa, for the Loess Hills Marching Band Contest. With the pressure to do well hovering over it, the band won first place in its class. The colorguard also received "Best Auxilary" of the competion.

With the first contest completed, the band had two weeks to prepare for the Iowa High School Marching Band State Contest. This contest was held in Des Moines at Lincoln High School where it received a "I" or superior rating.

Many people from the community and several band members were pleased with the overall performance of the band. "This year was very successful and I think it was above and beyond everyone's expectations," said senior drum majorette Heather Tuttle. **Spread by Wes Nyberg and Mark Stookey.**



Keeping in step, senior trumpeter Bill Sims plays the notes to *"I,Don Quixote."* This was the opener to the band's show that received first place at the Loess Hills Contest. photo by Tammy Walz



Flags. Mandi Jamison, Trisha Vangorp, Michelle Haught, Andrea Bean. **ROW 2.** Jenn Porto, Gina Porto, Alyssa Andrews, Christina Schwab, Noelle Wagner. **ROW 3.** Erin Russom, Alycia Comer, Jennifer Burklund, Shalon Clark.



Flutes and Saxophones. Jessica Dawson, Carolyn Merrill, Beth Simpson, Alexi Jameson. **ROW 2.** Katie Barnett, Sarah Meston, Megan O'banion, Jennifer Gleason, Heather Lamb, Jenni Tarp. **ROW 3.** Steven Tyrrel, Lisa Odland, Amy Palmer, Erin Derby, Wendy Dennis, Amanda Sellers, Valeria Sloan.

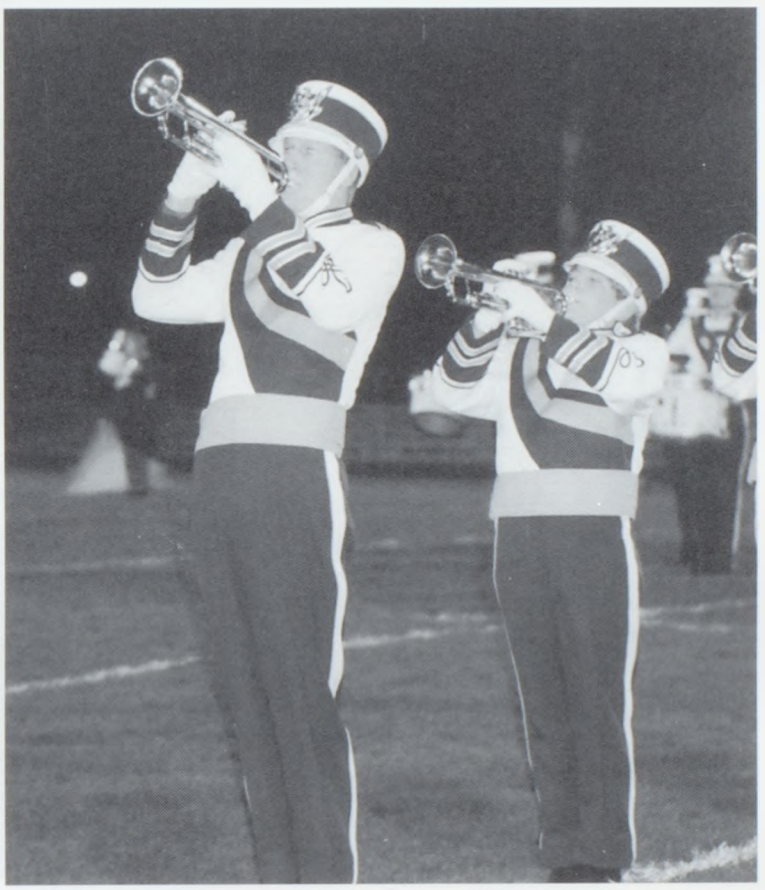


Clarinets and Low Brass. Dawn Routson, Michelle Casto, Jarod Carl, Ellen Dane, Natalie Beck, Valerie Hall, Missy Knowles. **ROW 2.** Jennifer Stockman, Tyelene Cervetti, Jennifer Georgen, Lisa Koch, Dennis Dane, Sarah Bidney, Morgan Cavanaugh. **ROW 3.** Nancy Masinando, Chris Sundell, Amy Vanderlinden, Ben Molayal, Aditya Mahajan, P.J. Holmertz, Chris Ceolla. **Row 4.** Christina Hon, Marty Reis, Jason Schissel, Steven Good, Sara Harper.



Freshman baritone player Jarod Carl follows along in his music to *"Music of the Night."* Carl was one of 45 freshmen to join the marching band. photo by Jen Goode

Sophomore Tony Dunsky and freshman Adam Hawkins play *"My Favorite Things."* This song was one of three that made up the band's award winning show. photo by Jen Goode





Brass and Percussion. Bryan Burkhardt, Mary Schwab, Errin Clark, Adam Hawkins, Emily Slattery, Kristyn Knight, Adena Dudney, Monica Kim, Heather Tuttle. **ROW 2.** Brenton Gray, Dan Johnson, Kaitlin Rainwater, Alex Ricard, Shawn Stetson, Nick Vangundy, Robbie Backstrom. **ROW 3.** Brooke Burbank, Matt Longmire, Aaron Wych, Dan Houser, Mark Stookey, Beau Brindley, Lance Routson, Wesley Nyberg. **Row 4.** Bill Sims, Tony Dunsky, Shane Kinsey, Jess Wagner, Matt Holub.



Freshmen Steven Tyrell and Nate Lynch play the National Anthem. Due to limited time between the freshmen game and pre-game show, Lynch performed in his game uniform. photo by Tammy Walz

Junior Morgan Cavanaugh plays the contra bass while she and the rest of the concert band perfect their parts. The concert band performed at large group contest and received a "I" rating. photo by Mark Stookey



Sophomore jazz band members Andy Krejci and Sarah Green rehearse their parts to "My Favorite Things." Although this was the same song the marching band played, the jazz band used a different arrangement. photo by Jennifer Gleason





Concentrating on his music, freshman Chris Ceolla follows along with the other members of the concert band. The band's contest pieces consisted of "Into The Storm" and "La Banda Nascente." photo by Mark Stookey



FLUTES AND CLARINETS. Nancy Mavinando, Missy Knowles, Valarie Hall, Trisha Van Gorp, Tylene Cervetti, Mandy Jamison, Erin Russom, Gina Porto, Jenn Porto, Jessica Dawson, Lisa Odland, Tammy Proehl, Angela Schaad. **ROW 2.** Ellen Dane, Amy Vanderlinden, Jennifer Georgen, Christina Schwab, Jennifer Burklund, Noelle Wagner, Monica Kim, Wendy Dennis, Katie Barnett, Laura Van Kuiken, Andrea Bean, Alyssa Andrews, Alexi Jameson. **ROW 3.** Sara Harper, Dawn Routson, Chris Sundell, Lisa Koch, Jennifer Stockman, Carolyn Merrill, Jennifer Tarp, Amanda Sellers, Sarah Meston, Megan O'Banion, Kendra McBurney, Elizabeth Simpson, Heather Lamb, Heidi Wych.



IMPROVING

Sacrificing early mornings for rehearsals payed off

"Do it again," said director Miss Jessica Paff.

These three words became a nightmare for some band members. "This year it seemed like band was a lot more work than fun," said freshman Jess Wagner. "It's really hard to stay focused when we play the same part of a song over and over the whole rehearsal."

In addition to tedious rehearsals, early morning practices were commonplace. "We had early morning rehearsals for weeks at a time," said senior Heather Tuttle. "Although I didn't like getting up early I felt most of them were productive."

Besides some having conflicting views toward band, others felt it had a positive influence on them and they were able to pull together. One way this was illustrated was by the way the large number of freshman were accepted into the band.

"The concert band was mostly freshman this year," said junior Sarah Bidney. "However, I feel we were able to adjust quite quickly and keep moving in a positive direction."

Pulling together to improve was one of the key goals Miss Paff and several band members had for the season. This, though, was not rewarded without hours of dedication and practice. "The hard work and sacrifices that students have made to be in the band program are greatly appreciated," said Miss Paff. "I feel that their level of commitment is directly proportional to their level of achievement."

Story by Mark Stookey



Junior Jade Baltazar and sophomore Aditya Mahajan practice with the jazz band before school. It was the first year the jazz band ever qualified for state contest. photo by Jennifer Gleason



LOW BRASS, FRENCH HORNS, AND PERCUSSION. Chris Ceolla, Adena Dudney, Kaitlin Rainwater, Emily Slattery, Mary Schwab, Jade Baltazar, Heather Tuttle, Billy Knapp, Jason Schissel. **ROW 2.** Steven Good, Bryan Burkhardt, Benny Molayal, Dennis Dane, Aditya Mahajan, Martin Reis, P.J Holmertz, Michelle Casto, Natalie Beck, Sarah Bidney. **ROW 3.** Jennifer Gleason, Brooke Burbank, Dan Johnson, Matt Holub, Aaron Wych, Wesley Nyberg.



TRUMPETS AND SAXOPHONES. Bill Sims, Nick VanGundy, Kristyn Knight, Robbie Backstrom, Errin Clark, Adam Hawkins, Matt Longmire, Tony Dunsky. **ROW 2.** Mark Stookey, Lance Routson, Shawn Stetson, Brenton Gray, Shane Kinsey, Jess Wagner, Beau Brindley, Valerie Sloan-Lyon. **ROW 3.** Andy Krejci, Nathan Lynch, Steven Tyrrell, Dann Houser, Josh Tapken, Chris Timmerman, Morgan Cavanaugh, Erin Derby, Nate Smock.



JAZZ BAND. Josh Tapken, Jason Schissel, Andy Krejci, Nathan Lynch, Nate Smock, Jessica Dawson, Billy Knapp. **ROW 2.** Matt Holub, Sarah Tuttle, Jade Baltazar, Benny Molayal, Aditya Mahajan, Dann Houser. **ROW 3.** Heather Tuttle, Mark Stookey, Bill Sims, Beau Brindley, Lance Routson, Adam Hawkins.

MOLDING

Musicians were created with focus and practice

It was time to show off, impress their parents and demonstrate what they had practiced for the first six weeks of the semester. The freshmen were to take the stage for their first concert with confidence, but as with many firsts, along with confidence came chaos.

"It was the most frantic beginning that I have ever had. They were all very animated. I think it came from moving from our home (the vocal music room) into the band room for a final run through and then to the stage," said choral director Mrs. Jody White. The disorder provided the group a stepping stone for maturity and improvement.

They were all separate voices, solitary figures. The freshman chorus' goal was to come together, improve their tone and extend their attention span for more than 30 minutes. "Mrs. White was always asking us if we could ever make it through 45 minutes without talking," said freshman Jaison Molayal.

On their journey toward improvement, a stress on warm-up exercises and a stretch in the caliber of literature was vital. "The warm-ups, like Bumblebee and I Rode My Little Leaky Boat, helped to make us better singers. They taught us how to shape our mouths and harmonize," said freshman Amanda Sellers.

With stronger concentration, hours of rehearsal and leaky boats, the chorus merged together. They were no longer just solitary singers, they were unified musicians. "Toward the end of the year and especially at the concerts, we sounded so good singing together. Not only had we learned our songs, we had conquered our goal," said freshman Jarod Carl. **Story by Tammy Walz**



Keeping a close eye on their director, freshmen Chris Dickey, Ryan Culver and Joel Ashby sing in the finale of the winter concert. The freshmen and mixed chorus combined to perform the song "Cindy." photo by Tara Guttridge.



TENORS AND BASSES. Jarod Carl, Andy Briggs, Chuck Hall, Chris Dickey, Joel Ashby, Jaison Molayal. **ROW 2.** Kyle Campbell, Rory Flynn, Tyler Tompkins, Josh Hildreth, Andy Johnson, Justin Zortman. **ROW 3.** Ryan Culver, Shane Foster, Brad Schwartz, Matt Holub, Dan Johnson, Jim Simpson, Phil Gauther. **ROW 4.** Luke Hall, Morgan McChurch, Andy Westcott, Chris Ceretti, Dan Houser, John Heth. **Row 5.** Adam Lewis, Nate Lynch, Nick Munoz, Steve Good, Matt Reber



SOPRANOS. Alyssa Andrews, Lindsay Hansen, Angela Finestead, Sarah Martin, Erin Derby, Amy Palmer. **ROW 2.** Amanda Sellers, Holly Bidney, Megan Sinnwell, Laura Oderkirk, Trisha Van Gorp, Cindy Loffler. **ROW 3.** Karolina Czerwinski, Heather Lamb, Emily Stille, Megan Sheeks, Megan Evans, Sara Schnotala, Lindsey Wilde. **ROW 4.** Christina Dehamer, Jenna Matkins, Meghann Wiig, Shelly Sheldahl, Jill Palenski, Bridget Bond.

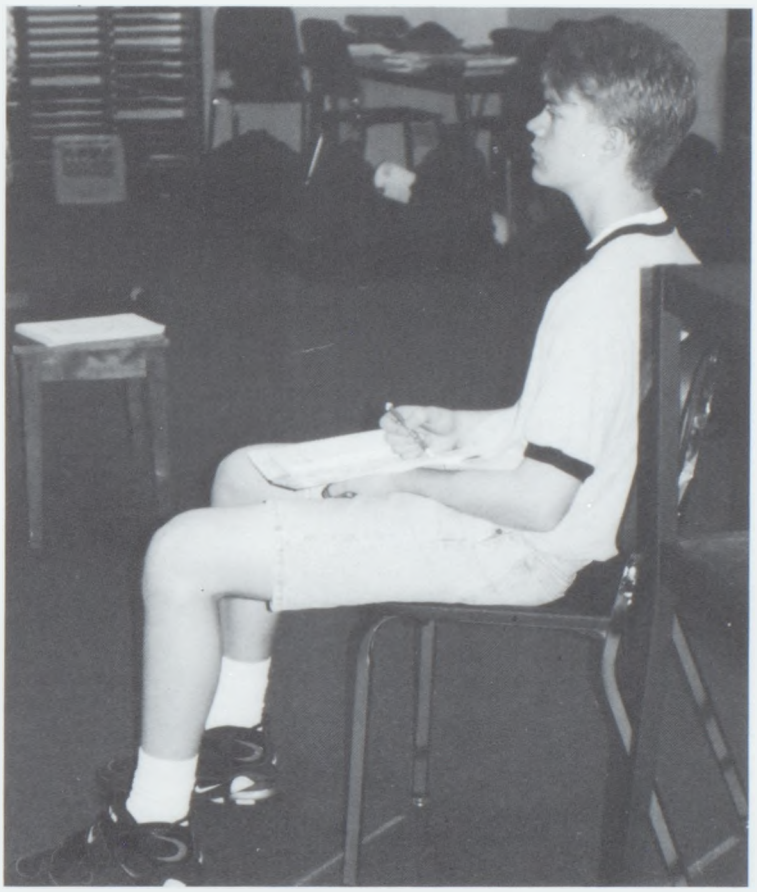


ALTOS. Marie Bunce, Casaundra Christensen, Karla Mills, Katie Barnett, Emily Miller, Julie Hetfling. **ROW 2.** Emily Slattery, Rosemary Wilson, Kristyn Knight, Lisa Oviatt, Tyelene Cervetti, Andrea Bean. **ROW 3.** Jeny Oderkirk, Leslie McAlee, Stephanie Strack, Sara Madison, Kendra Reames, Kim Bjornson. **ROW 4.** Mehgan Lehman, Katie Weisz, Rachel Bryant, Jessica Smeltzer, Kaitlin Rainwater, Becca Tapken.



Freshman alto Megan Lehman practices her intonation and vowel shapes before the fall concert. The freshman chorus began each rehearsal with exercises to improve their singing. photo by Mark Stookey

Scanning the group to see who is absent, freshman Matt Holub takes attendance. The chorus was made up of 83 freshmen. Upperclassmen were in a seperate choir. photo by Tammy Walz



Karolina Czerwinski, freshman



"We were singing the song 'Gloria Deo' in our first concert. In one part when it got really high, Holly Bidney's voice cracked. Everyone heard it and laughed through the rest of the concert."



Freshmen Leslie McAtee, Andrea Bean and Katie Barnett follow the lead of Mrs. Jody White to sing "My Dearly Beloved." The level of literature was constantly upgraded to expand the singers' knowledge. photo by Tammy Walz

Sopranos sophomore Kelli Dennis, senior Beth Marvin and junior Penny Nichols watch director Ryan Beeken for cues. After the first semester, the mixed chorus split into a women's chorus and a men's chorus. photo by Mark Stookey

Looking through a handful of literature, sophomore Gina Porto hands out music for one last run-through. The choir read music to better coordinate the song with the freshman chorus. photo by Tara Guttridge







Alto sophomores Shelby Sleep, Carolyn Merrill and Lisa Koch take a glance at their music. The mixed chorus combined with the freshman chorus to perform "Cindy" at the February 20 concert. photo by Mark Stookey

Melissa Mattern, sopohomore



"I like being in mixed chorus because I get to see a lot of my friends, like upperclassmen that I wouldn't otherwise have class with."



DIVIDING

Mixed Chorus split the sexes into two choirs

A new year brought many changes to the Mixed Chorus, including a new director and the division into separate men's and women's choirs.

The new director, Mr. Ryan Beeken, eased the load on veteran director Mrs. Jody White by helping with the Mixed Chorus. Mr. Beeken was the third director to hold the job after two previous directors resigned. "I like having Mr. Beeken because he knows what we need to accomplish and we get it done," said sophomore Anne Schoville.

The addition of Mr. Beeken to the choir department enabled another change to take place. After the February 20 concert, the men and the women of the mixed chorus split to form two separate choirs to prepare for competition in the State Large Group Contest. Mr. Beeken took charge of the women's Treble Clef Choir and Mrs. White directed the men's Bass Clef Choir.

The splitting allowed each of the choruses freedom to try new things such as different teaching techniques. "The split choirs let us hone in on women's voices and men's voices and do some different things as well as different literature," said Mrs. White.

Many students appreciated the changes that were made, including the addition of Mr. Beeken. Junior Brian Freeman said,"I am not at all suprised that Mr. Beeken finished the year. From the beginning, he was serious and knew what he was doing. I have a hunch he'll be around for a long time." **Story by Dan Kuster**



Sophomore Kent Anderson, juniors Tim Keck, Sean Flannery and Dan Mills line the aisles of the auditorium to perform "Musick's Empire."
photo by Anne Sciorrotta



SOPRANOS. Nicole Chavas, Kelli Kramer, Carrie Shroeder, Elizabeth Simpson, Beth Marvin, Jennifer Gilchrist, Angela Schaad, Brenda Mitchell, Bethany Ashby. **ROW 2.** Heather Smith, Jennifer Georgen, Sara Blasco, Christina Huisman, Andrea Beck, Lisa Henning, Jamie Westcott, Mandy Jamison, Ashley Sires. **ROW 3.** Rachel Webster, Erin Russom, Felisha Montero, Chrystal Martin, Kelli Wong, Amy Martens, Taryn McAdam, Jessica Leiendecker, Sharon Ehm, Kelli Dennis **ROW 4.** Penny Nichols, Sarah Green, Anne Schoville, Gina Porto, Brooke Burbank, Angela Hefner, Jennifer Porto, Heather Patterson, Alicia Frasier.



ALTOS. Jessica Ligas, Katie Wong, Melissa Mattern, Mary Ann Johnson, Alicia Baumgarn, Stephanie Nichols, Lisa Koch, Carolyn Merrill, Shauna Sleep, Shelby Sleep. **ROW 2.** Wendi Collins, Shelly Nissen, Jana Yanders, Brooke Miller, Jen Goode, Krista Larson, Monica Wiig, Christine Buchmeier, Emily Skow, Jorie Moravec. **ROW 3.** Marcia Mattern, Casey Abler, Emily Betz, Kristin Warren, Amanda DeReus, Jodi Peitzman, Megan Bengard, Joann Stark, Renee Ebke, Tara Guttridge, Crystal Smith **ROW 4.** Angela Dehamer, Jessica Way, Robin Sanders, Ellen Bryant, Alyssa Friedow, Tammy Walz, Amy Brehmer, Leanna Morris, Sheri Wmrich, Alycia Comer, Stephanie Black, Kirsten Angstrom, Anne Mullenix.



TENORS AND BASSES. Robert Larson, Mark Hansen, Seamus Murphy, Pat McGowan, Todd Bass. **ROW 2.** Nathan Huber, Mike Herrmann, Kent Anderson, Wes Nyberg, Ed McAtee, Jason Brehmer. **ROW 3.** Bryan Collins, Sean Flannery, Bryan Burkhardt, Zac Christensen, Justin Ehm. **ROW 4.** Mark Hornback, Dan Kuster, Brian Freeman, Damon Huber. **ROW 5.** Jason Reis, Chris Sundell, Ben Molayal, Eric Peterson, Andy Vis.

PREPARING

Concert Choir progressively strengthened with practice

In preparation for the annual Madrigal Dinner, Concert Choir endured two long days of no sleep, loads of homework and repetitive practices. When they finally took the stage, their stressful schedule was evident.

"The first night was full of mistakes," said senior Leanna Morris. "Everyone forgot all of their lines, we left out entire sections, we missed the wassail toast, and Zac Christenson gave everyone a glimpse of his tightie-whities when he did a spin."

With Madrigal behind them, the choir looked toward upcoming concerts and contests. "We sang literature from a lot of different languages like French and Latin," said freshman Rory Flynn. "They were hard to memorize because we had no idea of what half the words meant."

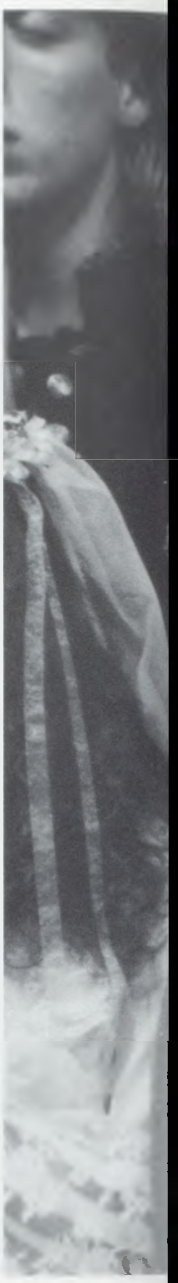
As they prepared for large group contest in Ballard, Concert Choir went through tedious rehearsals to perfect choir and section blending. "Mr. James Cox, a Drake professor, came and worked with us," said sophomore Kelli Dennis. "He had us sing in a circle with the lights out so we would listen to ourselves sing instead of depending on each other."

Whether it was without sleep, singing in different languages or in the dark, all of their hard work payed off when they earned a superior rating at large group contest.

Story by Jen Goode



Performing "Ubi Caritas," senior Brenda Mitchell, sophomore Gina Porto and junior Mark Hansen chant the Latin lyrics. This piece was done a capella. photo by Mark Stookey





SOPRANOS. Erin Russom, Chrystal Martin, Gina Porto, Bethany Ashby, Brenda Mitchell. **ROW 2.** Lisa Henning, Beth Marvin, Jamie Westcott, Andrea Beck, Jennifer Gilchrest. **ROW 3.** Brooke Burbank, Heather Smith, Amy Martens, Penny Nichols, Heather Patterson. **ROW 4.** Jessica Leiendecker, Angie Hefner, Kelli Wong, Jenn Porto, Alicia Frasier, Chrissy Huisman.



TENORS AND BASSES. Mark Hansen, Ryan Culver, Seamus Murphy, Rory Flynn. **ROW 2.** Joel Ashby, Mike Herrmann, Pat McGowan, Ed McAtee, Ben Molayol. **ROW 3.** Jaison Molayol, Jason Brehmer, Todd Bass, Bryan Collins, Zac Christenson, Bryan Burkhardt. **ROW 4.** Mark Hornback, Chris Sundell, Dan Kuster, Eric Peterson, Sean Flannery, Andy Vis.



ALTOS. Joann Stark, Christy Buchmeier, Monica Wiig, Alicia Baumgarn, Leanna Morris, Kaitlin Rainwater. **ROW 2.** Kelli Dennis, Meghan Lehman, Mary Ann Johnson, Joree Moravec, Robin Sanders, Crystal Smith. **ROW 3.** Alyssa Friedow, Kristin Warren, Emily Skow, Megan Bengard, Tara Guttridge, Wendi Collins, Brooke Miller. **ROW 4.** Sheri Winrich, Angela Dehamer, Emily Betz, Kirsten Angstrom, Anne Mullenix, Renee Ebke.



Praying with fellow court members, senior Mark Hornback sings to the song "I Have Longeth." Hornback portrayed the king in the Madrigal Dinner and was involved with Concert Choir for three years. photo by Jen Goode

Senior Joann Stark informs the audience of the pros and cons of the Information Highway. The Madrigal skit was a comical saga about the 14th century's view points on technology and other advancements. photo by Jen Goode



Alicia Baumgarn, junior



"When I was a server for Madrigal, I went to my table to give them some water. When I poured it, I totally missed the glass. It went all over Mrs. Moermond's coat, but luckily she didn't notice."



Representing the peasants, sophomores Ed McAtee and Bryan Collins present the boar's head to the royal court. This offering began the dinner proceedings. photo by Meghan Mandsager

WINNING

Both show choirs had a year full of firsts

With successes at their many competitions entered, Sound Advice and Innovation experienced many firsts. They entered new competitions, tried innovative ideas and each choir received a first place finish.

Innovation loaded buses and travelled for the first time to the Lewis Central competition in Council Bluffs. Even though they came as newcomers, they went home carrying the Grand Champion trophy. "Being named Grand Champion at Lewis-Central was really exciting for all of us," said senior Christy Buchmeier. "It really pumped us up and gave us confidence for Jefferson."

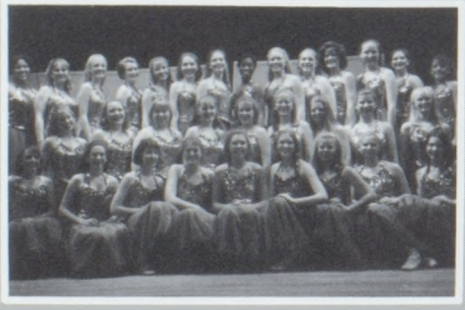
Sound Advice proved themselves worthy at the Jefferson Show Choir Competition where it was the first time for a Johnston prep choir to receive a first place finish. "It was awesome to win because we had a lot of problems last year," said sophomore Jorie Moravec. "It was a great privilege to be the first ever to win in the prep division." Innovation continued its firsts at state receiving a Division I rating and at Urbandale where they recieved first place in class 3-A. Both choirs also exhibitioned at Johnston's first annual show choir competition.

When the competition season halted, the choirs learned and choreographed songs for the annual swing choir show. They concluded the year with their first appearance in the Blue Water Festival in Okoboji. **Story by Tara Guttridge**



Sophomores Robert Larson and Kelli Dennis sing "Music Magic" at a home concert. Sound Advice received a Division II rating at state, a third-place finish at Urbandale and a first-place finish at Jefferson. photo by Tara Guttridge





SOUND ADVICE GIRLS. Shauna Sleep, Gina Porto, Erin Russom, Jennifer Georgen, Angela Schaad, Cassie Christensen, Julie Heffling, Penny Nichols, Lisa Ovaitt. **ROW 2.** Amy Palmer, Kaitlin Rainwater, Sarah Green, Megan Sheeks, Emily Miller, Ashley Sires, Mandy Jamison, Lisa Koch, Alicia Baumgarn. **ROW 3.** Brooke Burbank, Stephanie Nichols, Jodi Peitzman, Jen Goode, Sharon Ehm, Megan Lehman, Chrystal Martin, Shelly Nissen, Jorie Moravec, Tammy Walz, Alyssa Friedow, Kelli Dennis, Shelby Sleep.



SOUND ADVICE BOYS. Wesley Nyberg, Ryan Culver, Chris Dickey, Joel Ashby, Matt Reber, Andy Johnson, Ben Molayal. **ROW 2.** Jarod Carl, Eric Petersen, Chris Ceretti, Andy Westcott, Chuck Hall, Dann Houser, Phil Gauther. **ROW 3.** Rory Flynn, Steven Good, Matt Holub, John Heth, Nathan Lynch, Lucas Hall, Adam Lewis, Jaison Molayal.



INNOVATION. Ed McAtee, Kelli Wong, Bryan Burkhardt, Megan Bengard, Mike Herrmann, Heather Smith, Bryan Collins, Leanna Morris, Jason Brehmer. **ROW 2.** Bethany Ashby, Ben Oviatt, Joann Stark, Todd Bass, Annie Mullenix, Mark Hornback, Jen Porto. **ROW 3.** Robin Sanders, Mary Ann Johnson, Pat McGowan, Beth Marvin, Seamus Murphy, Christy Buchmeier, Chris Sundell, Alicia Frasier, Kristin Warren. **ROW 4.** Sean Flannery, Angela Dehamer, Renee Ebke, Angie Hefner, Sheri Winrich, Zac Christensen.



On the concluding moves of the song "Crazy 'Bout Ya Baby," junior Sean Flannery flips senior Annie Mullenix. Innovation received second runner-up at Urbandale, Grand Champion at Lewis Central and third runner-up at Jefferson. photo by Tara Guttridge

Standing up to the microphone, freshman Joel Ashby sings his solo in the song "That Cat is High." This home concert showcased all choirs along with the special addition of a gospel choir and a finale with all groups. Ashby also sang in the concert and freshman choirs. photo by Tara Guttridge



Joann Stark, senior

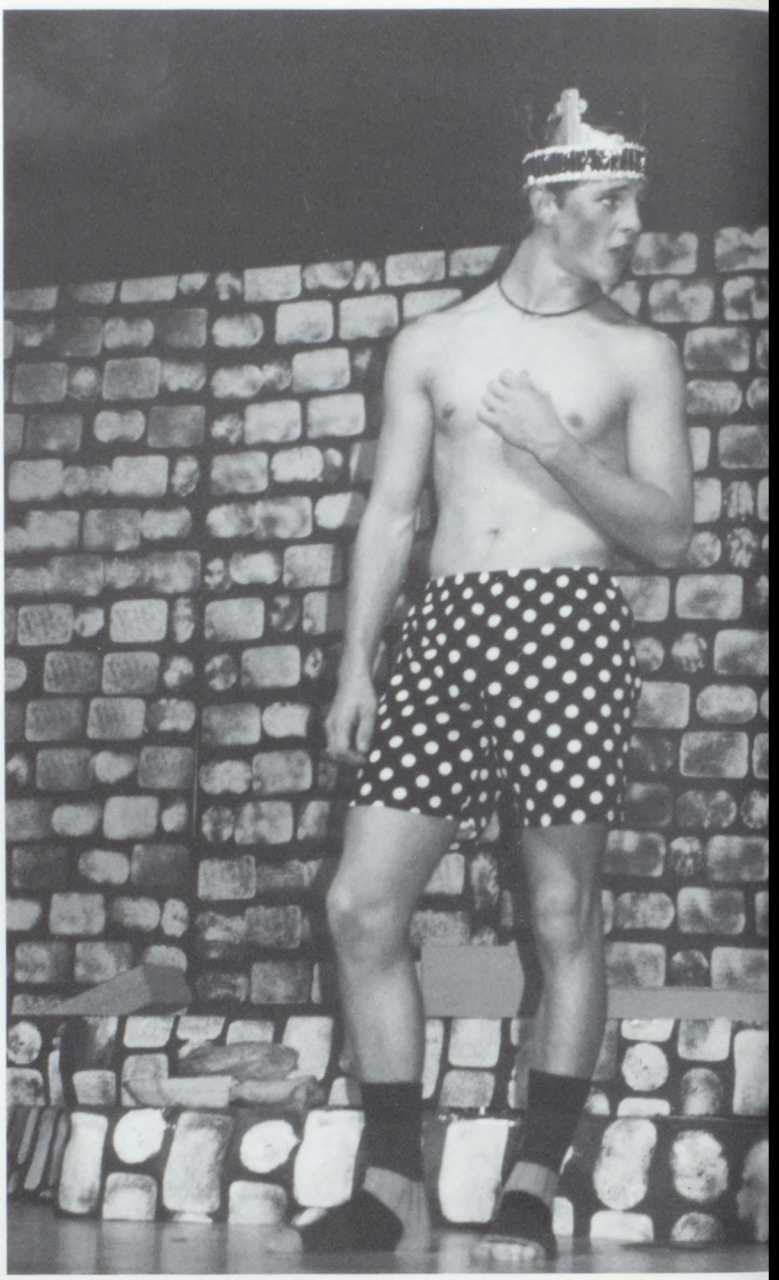


"The bowling shirts that we wore for Innovation were a great attention getter. Everywhere we went people gave us weird looks , asked where we were from and if we were on a bowling team"

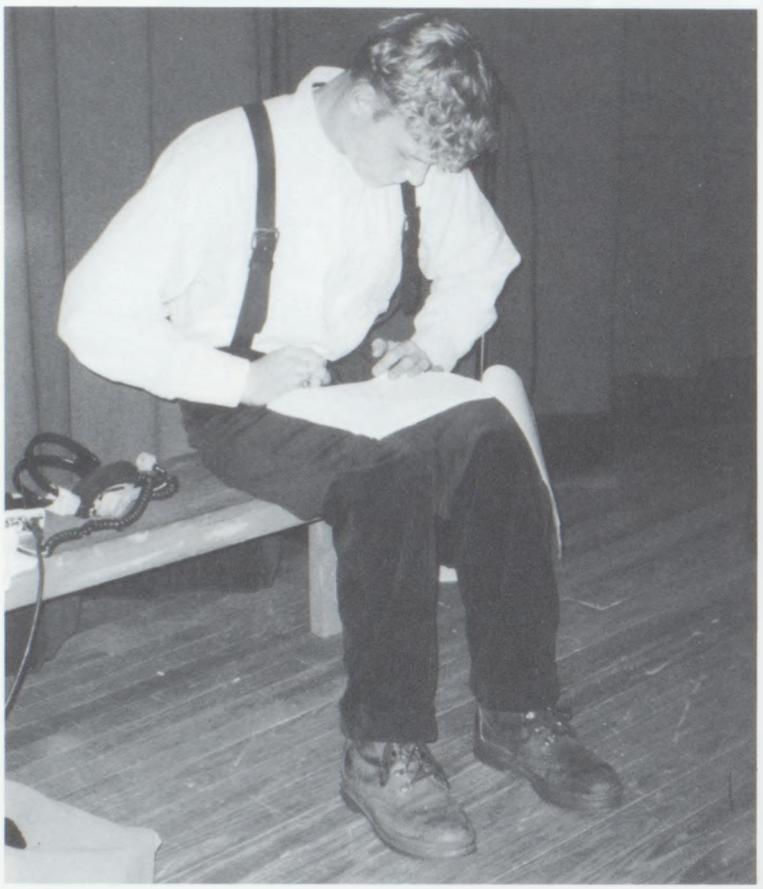


Sophomore Bryan Collins and senior Leanna Morris perform the song "Undecided" at a home concert. Innovation utilized two separate outfits for day and evening performances. photo by Tara Guttridge

Fooled by the new tailors in "The Emperor's New Clothes," junior Emperor Brian Wattier asks the other royalty their opinion of his new clothes. He was later told by his subjects that he actually was only wearing his underwear. photo by Cheryl Larson



Reviewing his lines before a performance, sophomore Bryan Collins prepares for his part in "This is a Test." Drama students were required to participate in two plays as a part of the class. photo by Wes Nyberg





Preparing her hair for the show, junior Kellie Barney uses the curling iron to add another dimension to her appearence. Barney played one of the princesses in "The Emperor's New Clothes." photo by Cheryl Larson.



SIXTH PERIOD DRAMA. Micah Sturdevent, Beth Marvin, Danielle Carroll, Heather Smith, Alicia Rollison. **ROW 2.** Brad Sturtz, Jessica Leindecker, Chrystal Martin, Sara Blasco, Renee Ebke, Ed McAtee.

EMERGING

Students learned to open up by means of drama

The house lights dimmed, the stage brightened and the curtains opened. Some actors left their insecurities behind and let their emotions go to put on the show. "I loved performances because I got this sense of adrenaline as I hit the stage. I forgot who I was and morphed into another character," said junior Mark Hansen. "I also loved performances because of all the variety of parts I had throughout the year."

While it came naturally for some to face an audience, others began acting because it helped them to find their true self. "I remember at the beginning of the semester I was really shy, but throughout the rest of the semester drama made me open up in front of audiences and be myself," said sophomore Millie Smith.

Playing games like charades, improvisational acting and other group projects helped some to open up, but for others it made them look deeper in themselves. Sophomore Ed McAtee said, "Drama helped me explore my inner talents. It also helped strengthened the idea to be different such as, being outgoing, always wanting to be in the middle of things and getting other people involved in what is going on."

After the final bows had been taken, the crowd applauded, the stage lights dimmed and the curtains closed. The actors then transformed back to their normal selves and were left behind the curtains with their newly found acting talents and friends. "I really loved drama because it helped me find new things about myself I didn't know I had," said senior Beth Marvin. **Story by Wes Nyberg**



Junior Sara Tapken plays checkers during "The Final Dress Rehearsal" as a set designer. Tapken acted her part as Mike, the fix it guy, who never paid attention and didn't know what to do during the play. photo by Wes Nyberg



SEVENTH PERIOD DRAMA. Carolyn Merrill, Millie Smith, Jennifer Georgen. **ROW 2.** Heather Patterson, Sara Rippey, Kellie Barney, Kim Kohles, Aditya Mahajan.



ROOMERS/SOME OF MY BEST FRIENDS ARE SMITHS. Courtney Kramer, Merrin Rose, Heather Patterson, Kim Kohles, Bridget Bond, Katie Barnett. **ROW 2.** Millie Smith, Kellie Barney, Pete Floren, Ed McAtee, Heather Smith, Megan Bengard, Andrea Beck, Mitch Henry, Vachel White. **ROW 3.** Jessica Dawson, Sara Rippey, Carolyn Merrill, Charles Terhune. **ROW 4.** Chrystal Martin, Mark Hansen, Nathan Huber, Tim Halling, Renee Ebke.



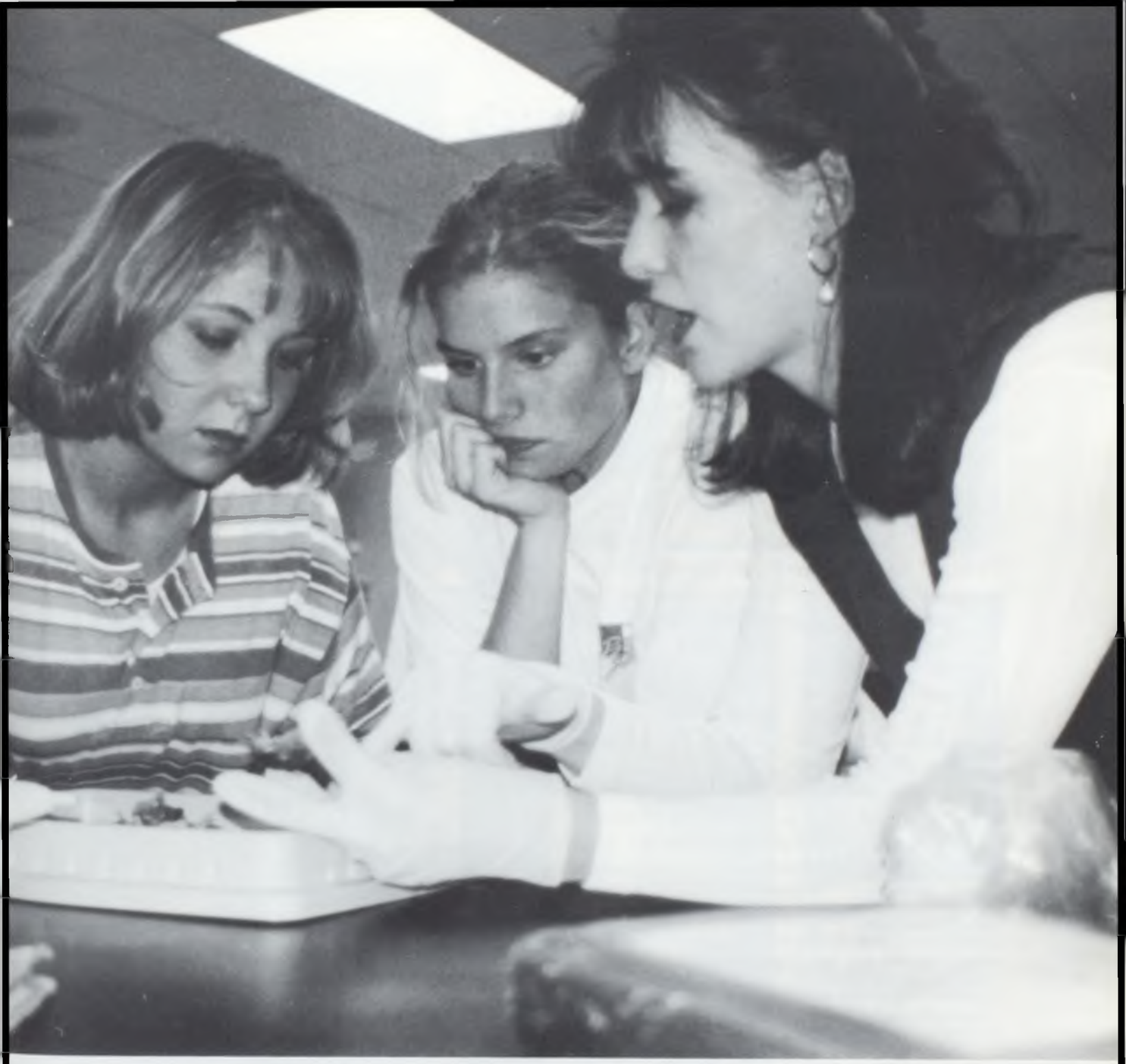
THE EMPEROR'S NEW CLOTHES. Kellie Barney, Heather Smith, Amanda Fisher, Shannon Fisher, Katie Barnett. **ROW 2.** Brian Wattier, Leanna Morris, Andrea Beck, Renee Ebke, Jennifer Georgen. **ROW 3.** Wesley Nyberg, Cassaundra Christensen, Jodi Hill, Carolyn Merrill, Becca Tapken, Errin Clark, Millie Smith, Sara Blasco. **ROW 4.** Mark Hansen, Aditya Mahajan, Charles Terhune, Damon Huber, Ed McAtee.



b e
on time
keep your eyes
on your own paper
circle the most appropriate
answer ◆ fill in the blanks ◆ add
water, then acid ◆ show all your work
keep loose clothing away from the burner
label your answer◆watch out for dangling
participles ◆ use signifigant figures
raise your hand ◆ stretch
your mind, not your
mouth ◆ put on
your thinking
cap

make the grade

spread by Meghan Mandsager



Probing the internal organs of a frog, teaching assistant Stacy Reese shows sophomores Lisa Stradley and Dana Schultz where each of the frog's organs is located. Biology classes dissected frogs to discover how the systems of the body work. A computer simulation program offered an alternative to those who had objections to dissection. photo by Meghan Mandsager

Taking Cover

Art and industrial art classes helped students get a life and form great masterpieces

FRESHMEN

While the freshmen began to crowd into the hallways, their faces showed up in the art room. "I have no life, so I came in after school and worked on my clay projects," said Justin Douglas.

Students studied and memorized the mechanics of art until they were embedded permanently into their memory. "Before I knew it I was turning pictures into great pieces of art," said photo art student, John Good.

SOPHOMORES

As sophomores got into the routine of high school life, they formed their own opinions of how to survive. "(Essentials of art) was a lot harder than other classes because it's not something you can do and be done with," said Corrien Mundy. "It feels good when you finish, the hard work pays off and it shows." Not only did art classes complete projects, but they also learned the basic concept and origin of art history.

JUNIORS

As the juniors accepted the duties of being upperclassmen, some looked for a means of escape. The industrial technology classes became just the refuge. "It gives me a break from the typical class, and the teachers are cool. They'll help you if you make a mistake, but then you're on your own," said Bruce Riegal, a Carpentry I student. Riegal built a pool cue and ball rack as his one graded project for the semester.

SENIORS

Seniors worked in the industrial technology and drafting rooms in an attempt to keep themselves occupied while still looking forward to moving on with their future. "I received full ride tuition to University of Northern Iowa from their industrial technology department." said Derek Trobaugh, who had completed all the available drafting courses. "The only catch is I have to maintain a 3.0."

"I took Essentials of Art and I had to do work outside of class. I didn't mind because you always feel welcome and Mr. Weiss is easy to talk to. He listens with an open mind. - Becca Tapken, freshman"







Preparing to get to work, junior Brian Sheeks changes the paper on the belt sander. Industrial classes taught students not only use, but also the mechanics and care of tools. photo by Anne Sciorrotta



Senior Katie Jacobsen hangs a few photos up to dry for her photo art class. Students were allowed to take pictures of their choice as long as they contained the required elements. photo by Anne Sciorrotta



Adding a few touches of blue glaze, sophomore Dayan Noble prepares her piece for firing. Glazes were tested before being applied to the pieces because they often changed color after going through the kiln. photo by Crystal Smith





Junior Jason Reber works on sanding his gun stock in his Carpentry II class. Students were allowed to work on products that they would later put to use. photo by Crystal Smith

Concentrating on the task ahead, senior Tim Nemmers adjusts the planer. The planer was used to change the thickness of wood boards for desired effect. photo by Crystal Smith

Reality Check

Students get a taste of the real world through extensive projects, labs and class disscussions

FRESHMEN

Throughout the year ELP students participated in several competitions like History Day and Quiz bowl in addition with other optional semester projects and activities. "Competitions are usually challenging and sometimes a lot of work and preparation, but in the end you've achieved more than just a grade in that class," said Jill McCleary.

SOPHOMORES

Home economics students experienced the ups and downs of everyday survival as a result of food labs and leisure art projects. "These classes are reality checks for most students. The activites that are incorporated into the classes give students hands-on experience. Students gain more confidence in what they accomplish in my classes," said home economics instructor Mrs. Molly Lauen.

JUNIORS

Child development and personal family living classes exposed the positive and negative aspects of parent hood and married life through flour babies and pretend marraiges. "Carrying my pretend baby around was kind of traumatic. It was a lot of responsibility to handle for just a week. That experience really made me think twice about becoming a parent," said Sarah Bacino.

SENIORS

Class discussions added to elective classes' activities and their targeted subjects. "The topics that we debate in ELP are serious at times but usually they are spontaneous. They can be about anything from politics to pet peeves. It gives anyone a chance to speak their mind and receive constructive criticism in front of an audience without being judged," said Seamus Murphy.

"In child development I realized that being a parent is one of the most difficult jobs there is. Just having the baby is scary but to take care of and support it for 18 years seems impossible. -Theresa Timmins, sophomore"







Senior Brent Rouston grates a chunk of Mozzarella cheese for an Italian dish which was a part of a free lab. Free labs were a chance for students to create favorite or speciality dishes. The only catch was students had to bring the required ingredients in order to prepare the dishes. photo by Crystal Smith

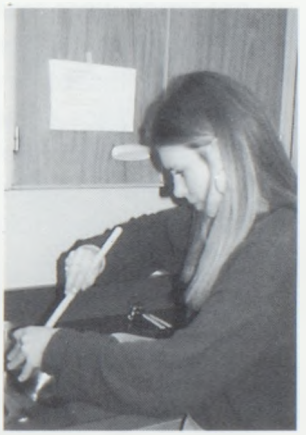
On one corner of the room junior Jason Shissel awaits his turn to add his opinion to a class discussion. ELP students used their class periods to express ideas and explore interests through numerous class discussions. photo by Meghan Mandsager



With a flour baby in her hand, sophomore Tonya Riley reaches for her biology book. Riley and other students became week long parents of flour and sugar babies for a child development activity. photo by Cheryl Larson







Junior Eve Mitchell folds muffin batter during first period home economics. Mitchell and other students cooked nutritionally balanced meals for everyday survival. photo by Cheryl Larson

Offering his opinion freshman Chad Anderson, discusses with freshman Sarah Meston various ideas for possible semester projects. For their first semester final, ELP students participated in the Night of the Notables. photo by Cheryl Larson

English Choices

Various English classes were offered for students to obtain their required credits

FRESHMEN

"I had to research to find out the lifestyles of a peasant to that of an aristocrat during the time of the French Revolution," said Jenna Matkins. Projects and presentations on various books and novels were a major part of all English classes. Freshman English classes read *A Tale of Two Cities, Romeo and Juliet and When the Legends Die* and presented projects on the French Revolution.

SOPHOMORES

"It was interesting to learn how different times were from ours today," said Millie Smith. The sophomore English classes and speech classes were busy with projects on various topics. Speech class had to prepare speeches and videos to present to the class. Sophomore English read novels and made projects on the Holocaust and the economy of the 1930's.

JUNIORS

Juniors were focused more on the writing process and editing in smaller groups than class presentations. Jessica Dawson said of her Advanced Composition class, "I enjoy the ability to get feedback and share my writing with others." Other juniors listened to tapes of *The Good Earth, The Martian Chronicles, Black Elk Speaks, Johnnie Got His Gun, and The Rest of the Story* in American literature.

SENIORS

While some seniors were involved in classes such as Advanced Composition, World Literature and American Literature, others interpreted Shakespeare's *Hamlet* and Arthur Miller's *Death of a Salesman* in A.P. English. "*Hamlet* was a challenge trying to interpret footnotes but, *Death of a Salesman* was my favorite and one I won't soon forget," said Bryan Burkhardt.

"The one thing I remember most about A.P. English is walking by Mrs. Koth's room and looking in the window to see if the chairs were in rows. If they were that meant we were having a quiz. - Zac Christensen, senior"





spread by Kristin Sorrells and Dan Kuster



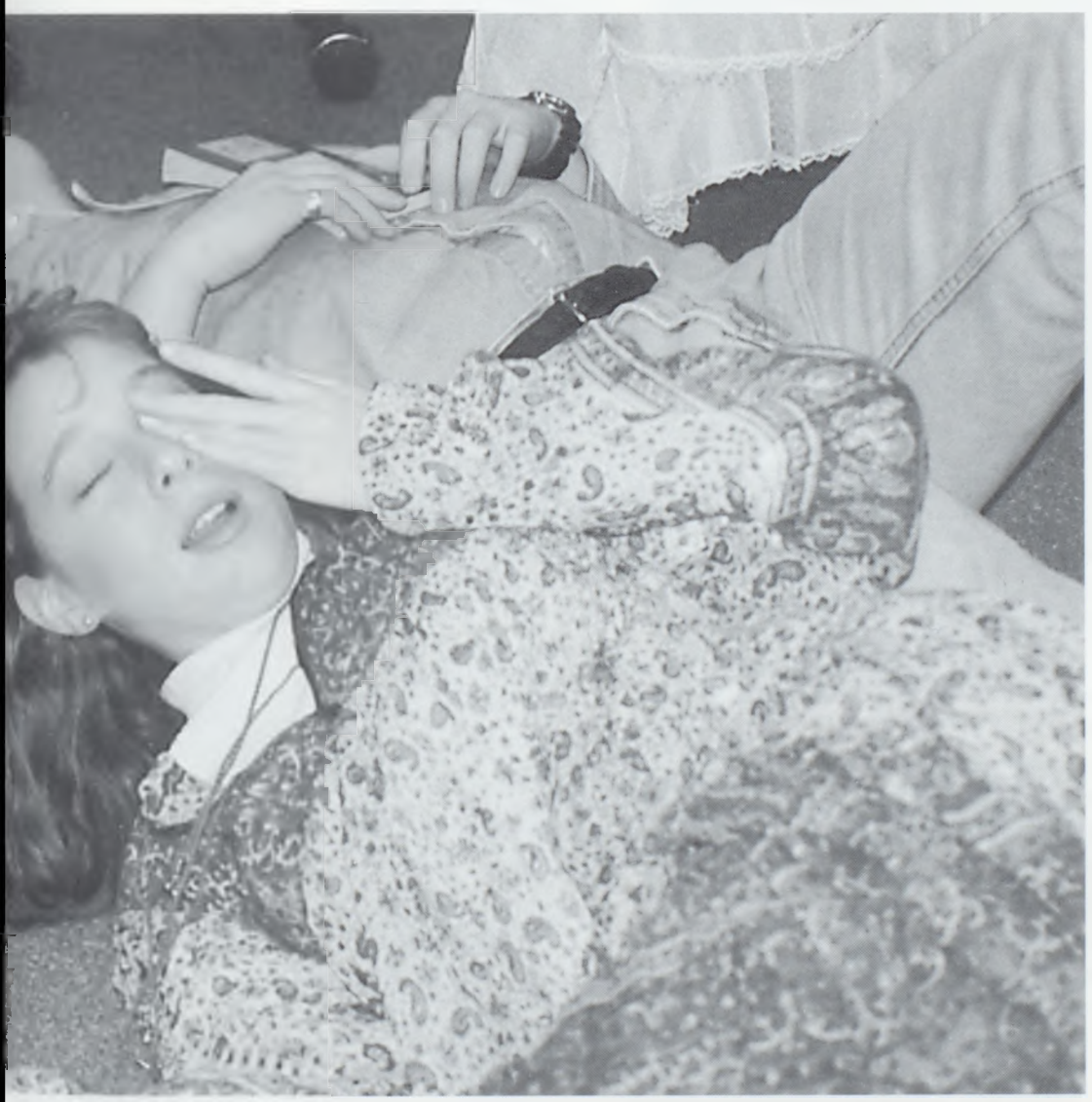
Listening to their headphones, juniors Sara Hill and Brandi Shelby follow along in their book *The Good Earth*. Mrs. Cindy Partington recorded her voice reading the American Literature books for the students to listen to. photo by Dan Kuster



Sophomores Kelly Clarkson, Stephanie Southard, Sharon Ehm and Lisa Stradley present their *To Kill a Mockingbird* project. The projects were to relate the 1930's to the present day on topics such as economy, sports, transportation and fashion. photo by Wes Nyberg

Editing a tape for Speech, sophomore Nicole Chavas looks to see the progress her group had made. Her group chose to record a video on how to prepare and present a speech. photo by Anne Sciorrotta







Freshman Justin Williams corrects his mistakes on his journalism semester exam during fifth period. The Journalism classes had to create their own yearbook or newspaper spread for their semester exam. photo by Kristin Sorrells

Seniors Tara Guttridge and Doug Langworthy act out *A Midsummer Night's Dream* in Mrs. Cindy Partington's World Literature class. They studied many different forms of literature such as plays and novels. photo by Kristin Sorrells

Working out of her Spanish book, sophomore Jodi Peitzman completes her assignment. Besides doing assignments, students played Heart Attack, Spanish Scrabble and Trivial Pursuit. photo by Erin Russom



Junior Jason Reis imagines that he's driving a car as he reads a travel guide and senior Damon Huber looks on. Reis was one of the many students that traveled to France over spring break to learn about the French culture. photo by Zac Christensen



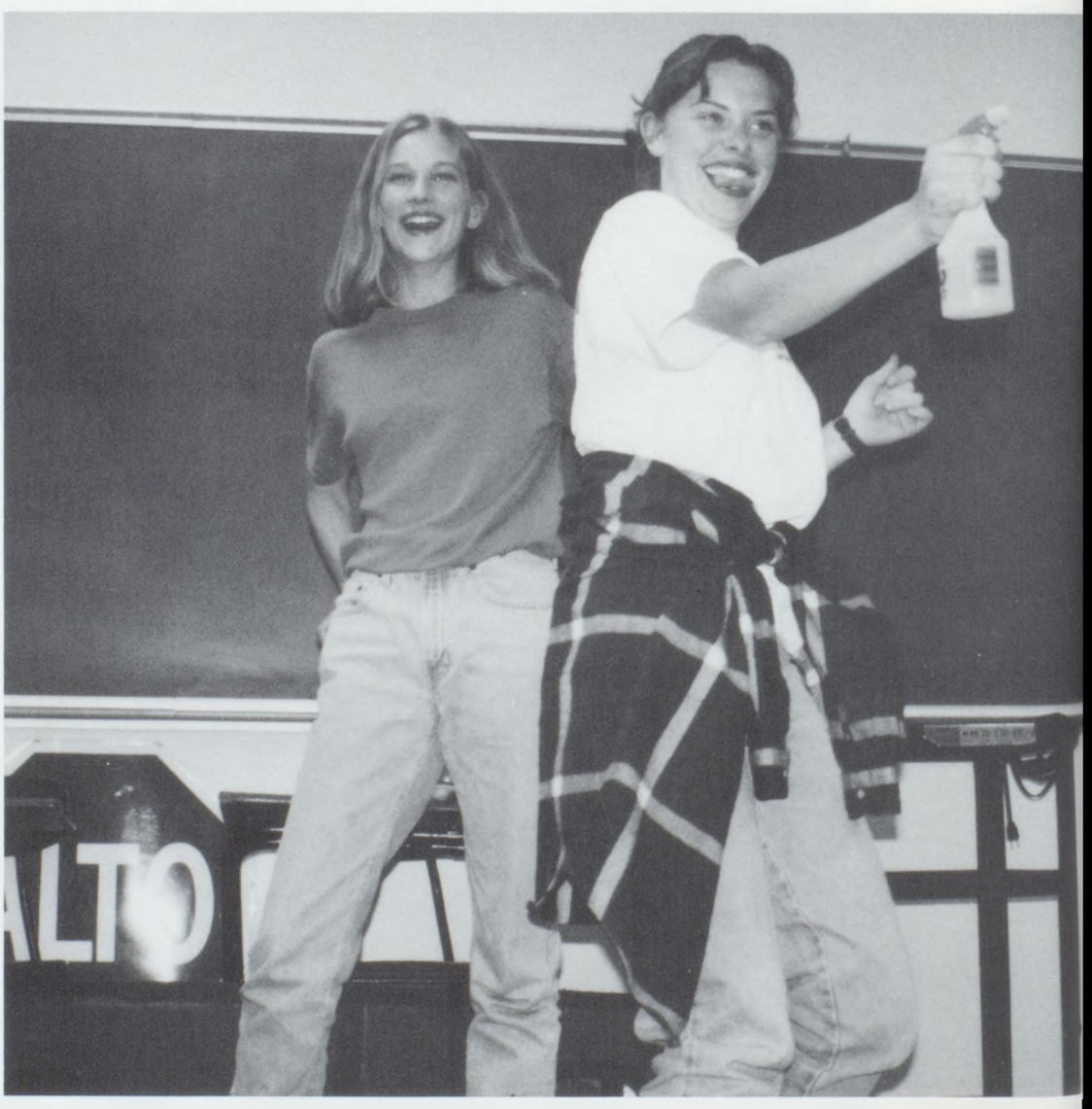
Trying to answer the question correctly, junior Chris Kroeger sits through an oral quiz with juniors Mark Hansen and Paige Stover. In French IV, students got away from the language and learned more about French history. photo by Erin Russom





Adding some Kraft Finely Shredded Cheese to his tortilla, senior Peter Alexander prepares his meal for the oven during an AP Spanish fiesta day. On these days, students ate Spanish food and listened to Spanish songs. photo by Danielle Carroll

Squirting the class with a water bottle, freshman Erin Derby pretends to be a windshield wiper during her skit as freshman Katie Weisz watches. In Spanish II, skits were a way to learn more about vocabulary. photo by Erin Russom







"In Spain, we went to go watch Flamenco dancers on a riverboat. After they were done, we were supposed to disco down the river, but because of an object lodged in the propellers, we stayed docked."
- MaryAnn Johnson, junior

Different Dialects

Students went to school to learn about languages other than English / Anglais / Inglés

FRESHMEN

¿Hablan Uds. Español? Students who did were introduced to the wide world of Spain and its language, culture and food. On fiesta days, students were exposed to Spanish culture. Tyelene Cervetti remembered a day when her class listened to Spanish songs. "One of the songs was 'Hey Macarena' and Mrs. Barnes and some guys started acting like dorks and dancing in their seats."

SOPHOMORES

Parlez-vous Français? During a block scheduling period, some French II students learned about French food. What they really learned was what happened when Americans tried to imitate French crepes. "It was kind of different," said Sean Lester about the cooking catastrophe. "Mrs. Moermond couldn't cook them right because the heat was too high. They all stuck to the pan and she couldn't get them off."

JUNIORS

¿Hablan Uds. Frances? Alyssa Samuelson, like many other students, took more than one foreign language class. Because they were already familiar with one language, the second language was easier to learn. The extra knowledge unexpectedly became useful on Samuelson's trip to Spain. "Three French guys asked me for my autograph. They came up to me, said 'Auto! Auto!' and handed me a pen."

SENIORS

Qu'est que ton sport préféré? That was part of the first question on the oral section of the AP French exam. Sara Myer felt a lot of pressure for the test since prom weekend and the Sunday evening Natalie Merchant concert were before the Monday morning test. Myer had a hard time enjoying the concert because all she could think about was going home to study. "(Natalie Merchant) was dancing around a lot and I was like, 'Sing the dang songs!' "

Occupied with trigonometry, junior Justin Ehm corrects a faulty answer on his assignment. Ehm also used his graphing calculator to complete the worksheet. photo by Erin Russom

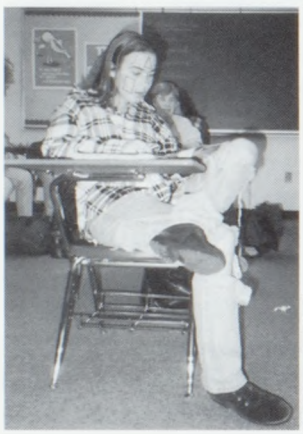


Freshman Megan O'Banion demonstrates to the class how to complete the problem. O'Banion was the day's lucky winner when her name was drawn from a yellow hard hat. She went up in front of her peers to work on the overhead as her prize. photo by Erin Russom



Deep in discussion, sophomores Chad Pembroke and Tiffany Swanson work through their Algebra II assignment. Most students grouped together to finish the review sheet and study for the test. photo by Anne Sciorrotta





Decorated with lipstick, senior Shalon Clark participates in one of Mrs. Van Farowe's infamous geometric days. On these days, students come dressed in geometrical clothes to obtain extra credit or homework passes. photo by Erin Russom



Aided by Mrs. Denise Book, junior Shea Braune attempts to master the tricky problem. Book tried to allow some time during class to work on homework, so students could receive help on their assignments. photo by Erin Russom





Calculus is a hard class to make fun. It's just homework and answers. Mr. Auxier has taught towards the A.P. tests, so he can't step very far outside the bounds of the curriculum.
Jason Schissel, junior

Valuable Lessons

Through math classes, students gained better social skills and study habits

FRESHMEN

Students learned that math wasn't just about solving problems. Adena Dudney said that in Algebra I they learned some social skills as well as solving equations. "Sometimes we work in groups, and although sometimes I can get the work done better on my own, I think working with groups also helps with social stuff, " said Dudney. Above solving for x and y, students found different uses for math class.

SOPHOMORES

Students noticed differences among math and their other courses. "I like math better than my other academic classes because it's easier to understand. There's no deep thinking involved, unlike English or accelerated world studies. It's more cut and dry," said Jason Brehmer. Students learned techniques in class through theorems and equations and with the help of calculators.

JUNIORS

Some students found themselves spending more time sitting at home and working on math assignments than they ever have before. "Trigonometry is one of the most challenging classes for me. I study it a lot more than my other classes," said Beau Brindly. Because of the amount of time put into math equations, students were taught about responsibilities and how they can benefit from good study habits.

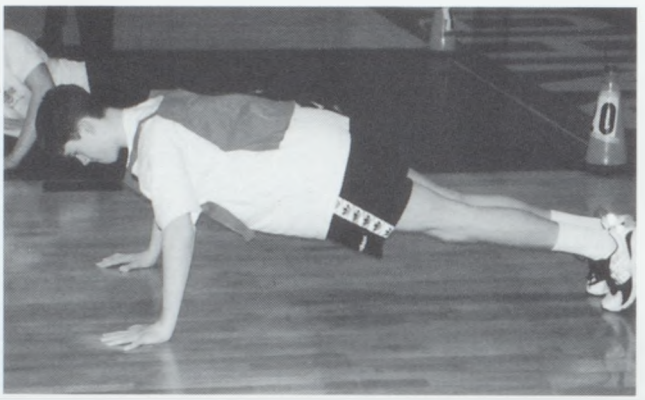
SENIORS

Math classes weren't limited to just calculus and trigonometry. "I like consumer business math better than my other classes because it's everyday stuff that you'll use. You can use it to budget money, buy an apartment, or pay your bills. It's stuff you'll need to know in the future," said Casey Coleman. Math taught students basic concepts to prepare them for their future.

Making a save at the last minute, junior Keith Hoppe prevents the other team from scoring. Hoppe participated in soccer, which was just one of the many sports that were offered to students throughout the year in gym class. photo by Anne Sciorotta

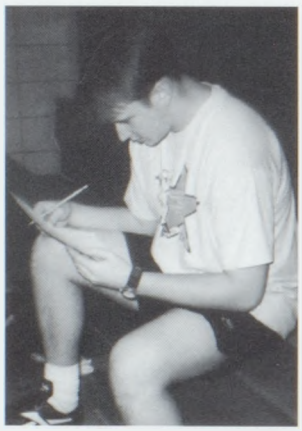


Using his biceps and his triceps, sophomore Matt Chatham completes a push-up. All students warmed up before gym class with a three-minute run followed by 10 push-ups and 10 sit-ups. photo by Anne Sciorrotta



Freshman Dusty Peterson retrieves a plastic tipped arrow after successfully shoooting it at the bull's eye. During the archery unit, students learned how to fire an arrow at a target. photo by Erin Russom





Trying to remember all he can about weightlifting, senior Brent Rouston fills in the little circles on the Scantron test. At the end of most activities there was an exam waiting for the students to prove what they knew about the unit. photo by Erin Russom



Attempting to perfect her front handspring, senior Heather Tuttle flips over the mats. Although Tuttle may not have been successful in her attempt, many other students learned how to pull off handsprings, walkovers and log rolls. photo by Erin Russom

spread by Erin Russom





Feeling the Burn

Flying down the slopes or falling on their faces, students tightened and toned their muscles

"I was running in preparation to do a front handspring but in midair I realized, 'I can't do this.' So I fell on my face and the entire gym class laughed at me."
- Mandy Jamison, junior

FRESHMEN

"My favorite activity was skiing. I'd never gone before and I thought it was a lot of fun." said Lacey Corcoran. The ski trip was a welcome change in the gym class curriculum, and many students took advantage of this opportunity to hit the slopes. The trip allowed students who hadn't been skiing before to experience this aerobic exercise. It was also a refreshing change from a normal day of gym class.

SOPHOMORES

During the cold month of October, students had the choice to play frisbee golf. But high winds and low temperatures made the activity more complicated. "When I was in frisbee golf, I hit an upperclassman in the middle of his back," said Eric Wilcutt. "I saw him turn around and I just pretended that I didn't do it." Despite the weather conditions, most students managed to keep their frisbees under control.

JUNIORS

Getting buff was on the minds of many students as they signed up for weightlifting. This option appealed to students for reasons like the structure of the unit. "I like setting my own pace. That's why, in my opinion, weightlifting was one of the more useful units," said Angela Dehamer. There was a test at the end of the unit so no matter their reason for choosing weightlifting, students' minds and bodies got a workout.

SENIORS

When the ping-pong unit began, students learned the dimensions of the table, the rules of the traditional game and that when the ball hits the net on a serve, it's called a let serve. Some students learned things that weren't covered on the unit test. "Ping-pong is a really cool game. It's like tennis only smaller. Plus I like the little noises it makes as you hit it back and forth real fast," said Damon Huber.

Testing Time

The science department incorporated some uncustomary methods for educating students

FRESHMEN

Multiple Choice. After hearing rumors and stories, physical science students participated in the infamous a) rock test, b) group meditation, c) camel ride. answer: a. "I could have done without the rock test but the music that Mr. Briggs played made the test better," said Dann Houser. "I do better when I listen to music." Aside from rocks, they also studied volcanoes and weather.

SOPHOMORES

True or False. Biology students tested urine. answer: true. Sophomores utilized an unconventional lab to help understand the body. "We were doing an experiment on testing how much ammonia was in pee," said Dave Gray. "You were supposed to heat up the pee and when it was hot, take it away. Dana (Schultz)'s got too hot and exploded all over my face, hair and clothes."

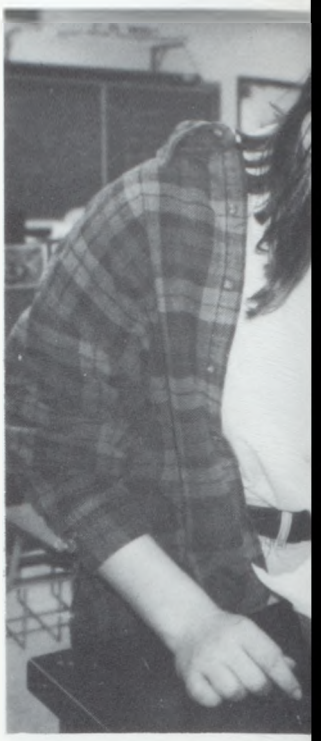
JUNIORS

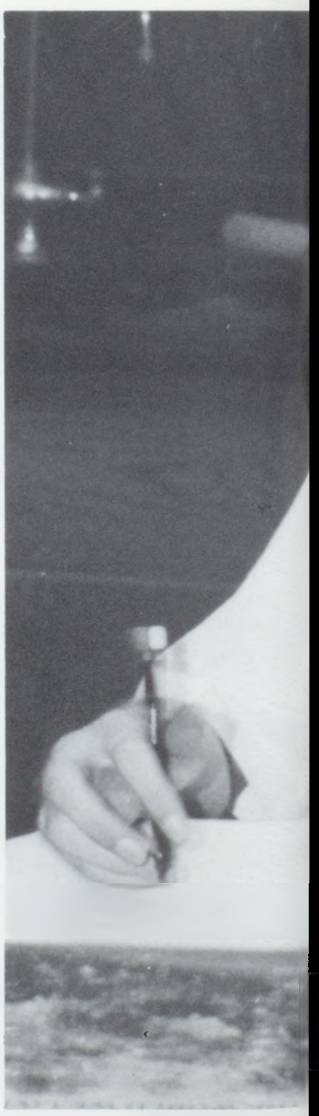
Fill in the blank. Chemistry students _____ water. answer: sucked. A plethora of labs were used in chemistry to give hands-on experiences. "In one lab, we went outside to the top of the bleachers and Trent Tilman tried to suck water up a 30 foot tube," said Sarah Rippey. "It was funny because somebody pinched the tube so he couldn't suck up the water."

SENIORS

Short Answer. What kinds of options are seniors given? answer: The science curriculum grew this year with the addition of conceptual physics. Most seniors chose between this class, physics or advanced biology. "I am glad they offered (conceptual physics) because it is nice to have an option to prepare you for college," said Amy Brehmer.

"Even though they really smelled, the cat dissections in AP Biology were interesting and fun because of the self-learning involved. Nick Iwig, senior"



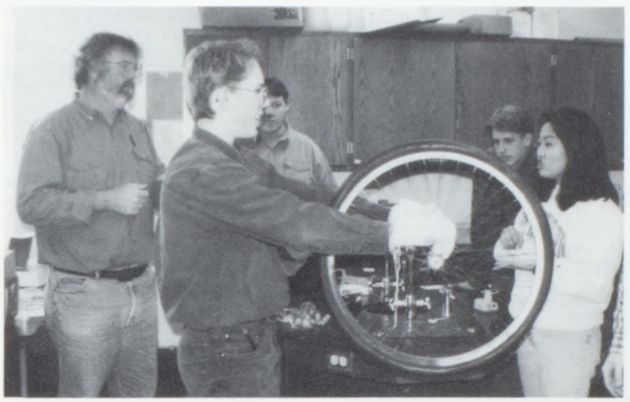


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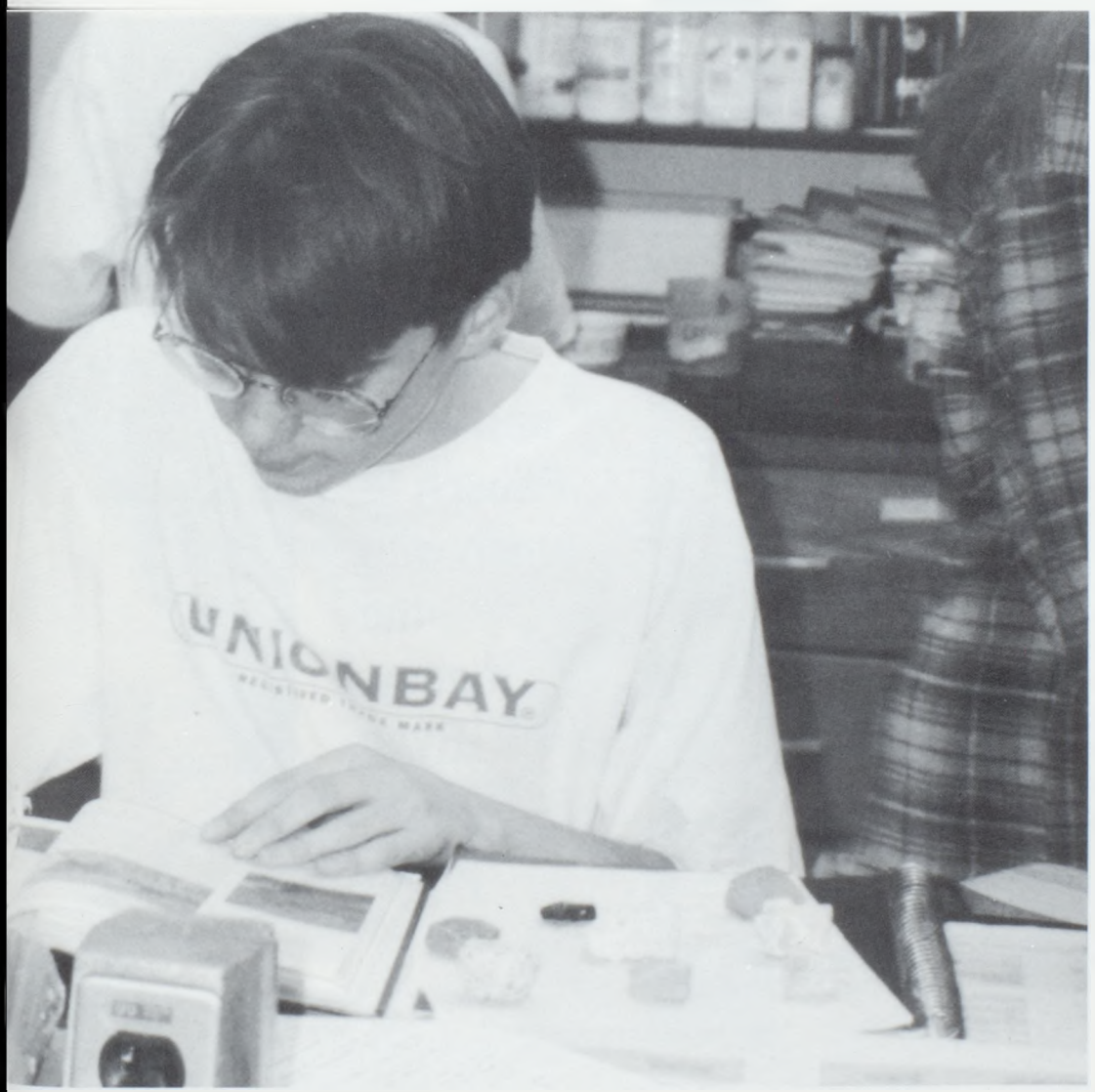
Probing her frog, sophomore Kim Kohles locates the small intestine. Biology students were required to locate and measure certain parts of the frogs and were tested over them. photo by Tara Guttridge

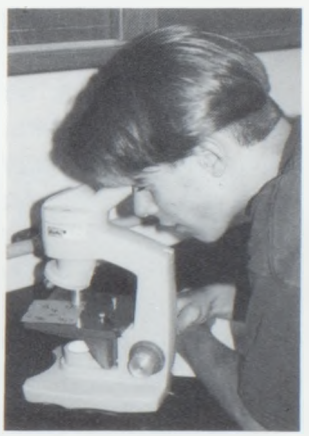
While junior Jason Schissel spins the bike wheel, Mr. Mike Partington explains the concepts of motion to seniors Leanna Morris and Derek Haag. The physics curriculum was based on modules including activities such as concept webs and labs. photo by Steve Ring



Juniors Jason Wissink and Jim Wynn watch the flame of their Bunson burner. Juniors had the option of taking honors chemistry opposed to regular chemistry. photo by Meghan Mandsager







Peering through the microscope, sophomore Ryan Kirkpatrick tries to find the answer to the mystery. In this lab, biology students looked at various things such as hair and fibers to figure out the crime. photo by Anne Sciorrotta

Freshman Robbie Backstrom locates various rocks in his textbook for a physical science lab. Rocks and minerals were a major part of the physical science curriculum for freshmen. photo by Tara Guttridge

Aliens and Anecdotes

Students learn about their heritage and government in unique and interactive ways

FRESHMEN

In Topics in Citizenship, students wrote and illustrated children's books on what it takes to become a citizen. Then they read the books to third graders at Wallace. "It was a very educational experience that allowed me to learn about the immigration process, but one of those little kids told me that my book wasn't very good. I would like to see if he could do it any better," said Andy McGhay

SOPHOMORES

"I like to help students get a feel for the culture rather than make them remember dates and names," said World Studies teacher Mrs.Sue Cline. Mrs. Cline used aliens and other unusual history facts to create interest.

Mrs. Coleman also taught her students about culture in World Studies. "I liked watching *Clash of the Titans* to learn about the Greek culture," said Brad Sewell.

JUNIORS

Cute anecdotes and humorous interjections were common components of U.S. History teacher Jerry Kinder's lectures. "The way Mr. Kinder makes jokes and comments makes the material more interesting and fun to learn," said Jill Cameron.

"During his lectures he related the information to current topics so it was easier to understand," said Mary Ann Johnson.

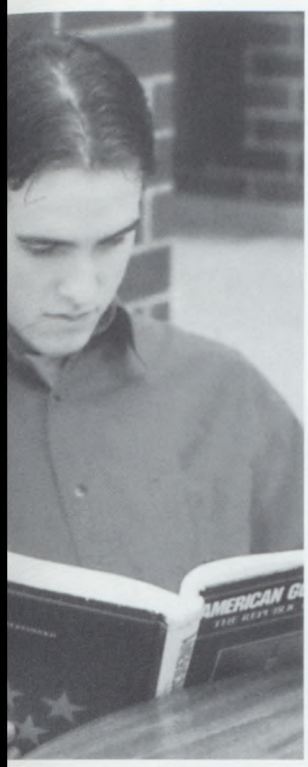
SENIORS

Government class was different from what it had been in the previous years; students couldn't take their books home. There were more students than there were books. The students had to check their textbooks out of the library if they wanted to study or do homework. "When I forgot my library card, I had to do my homework at the library counter," said Bethany Ashby.

"Brooke Miller bet Keith Hoppe and me $10 that she would do better than us on a (U.S. History) test. She lost, so I treated myself and Josh Fausch to lunch with the money. -Ryan Ruisch, junior"







Using a stolen government book, senior Seamus Murphy crams before a test. Some students resorted to theft to get their hands on this valuable commodity. photo by Meghan Mandsager



To verify the information for his current event in A.P. U.S. History, junior Vachel White glances at *The Des Moines Register*. Students orally reported on current events for a participation grade. photo by Meghan Mandsager

Sophomore Keriann Sullivan glances at a test, which Mrs. Cline returned in World Studies, over the ancient Greek civilizations. photo by Meghan Mandsager

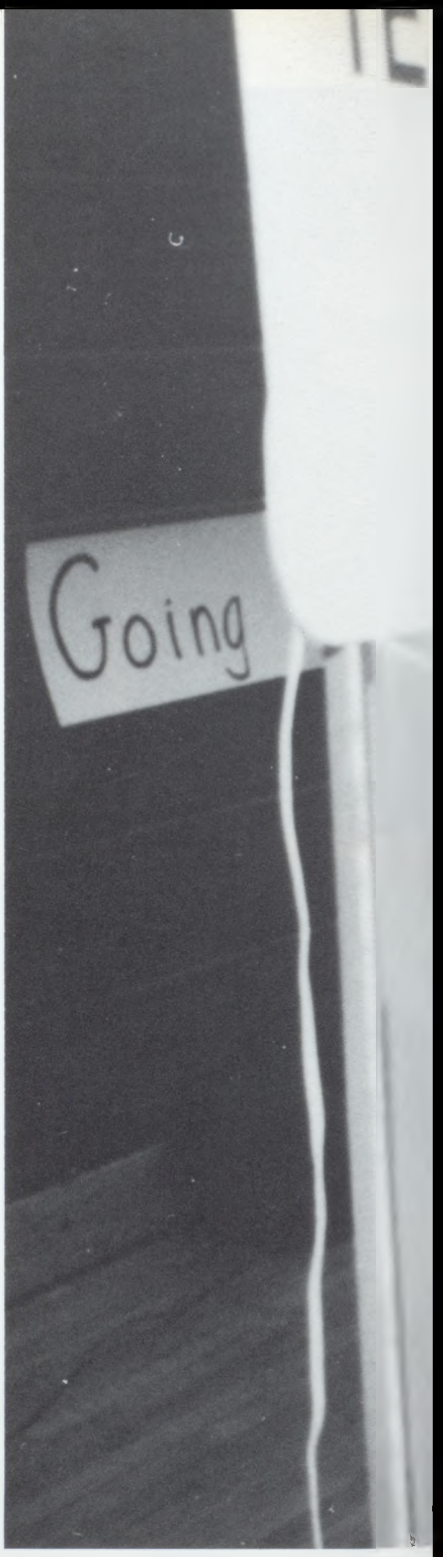






The entire Accelerated World Studies class, including sophomore Micah Sturdevant, read the chorus sections of the Greek tragedy, *Oedipus Rex*. This play was about a man who killed his father and married his mother. photo by Meghan Madagascar

Freshman Megan Evans takes notes on the judicial system during a Topics in Citizenship class. "My favorite part of Topics is the game we play before the tests to learn vocabulary words." photo by Meghan Mandsager.



tell
the whole
truth◆say your
prayers◆don't drink
and drive◆respect your
body◆report the facts◆just say no
don't miss a deadline◆sell all your
carnations◆plead your case◆don't give in to
peer pressure◆come to the meeting
promote good health◆state your
full name◆donate the blood of
life◆do unto others as
you would have
done unto
you

change the world



As a part of the student-initiated Health Fair, senior Brian McCleary analyzes his nutritional habits at one of the various stations throughout the gym. The community health fair was planned by the newly-formed Student Health Organization with the help of Student Council and National Honor Society. photo by Danielle Carroll

Christians found a support group to deal with issues like drugs, sex, dating and suicide

Discussing God's views

From a successful trip to Iowa City to a cancelled retreat and a decline in the number of students at meetings, Fellowship of Christian Atheletes had its ups and downs.

The year started out with meetings of 50-100 students but ended up with an average of about 25 attending. There were different reasons for the decrease in attendance. "I've been really busy with other things, including being sick. But lots of times I didn't even know there was a meeting," said junior Andy Vis.



FCA. Sara Hill, Marisa Hansen, Danielle Carroll, Courtney Johnson, Heather Smith, Nick Wylie **ROW 2.** Rachel Webster, Marcia Mattern, Melissa Mattern, Heather Rains, Kelli Brown, Millie Smith, Jason Brehmer **ROW 3.** Derrick Kim, Chrissie Buchmeier, Jamie Westcott, Amy Brehmer, Ryan McGowan, Ryan Kirkpatrick, Dave Gray, Brent Whipps **ROW 4.** Sheri Winrich, Renee Ebke, Nick Iwig, Christopher Stafford, Greg Olsen, Kevin Anderson, Adam Neiting.

Some people, who maybe knew about meetings, chose not to go for other reasons. "I stopped going because it seemed to be just a social event rather than a place to learn about God," said junior Angela Dehamer.

"I go to FCA because it's a good way to be around people that have the same beliefs that I have. This encourages me to be open about my faith."



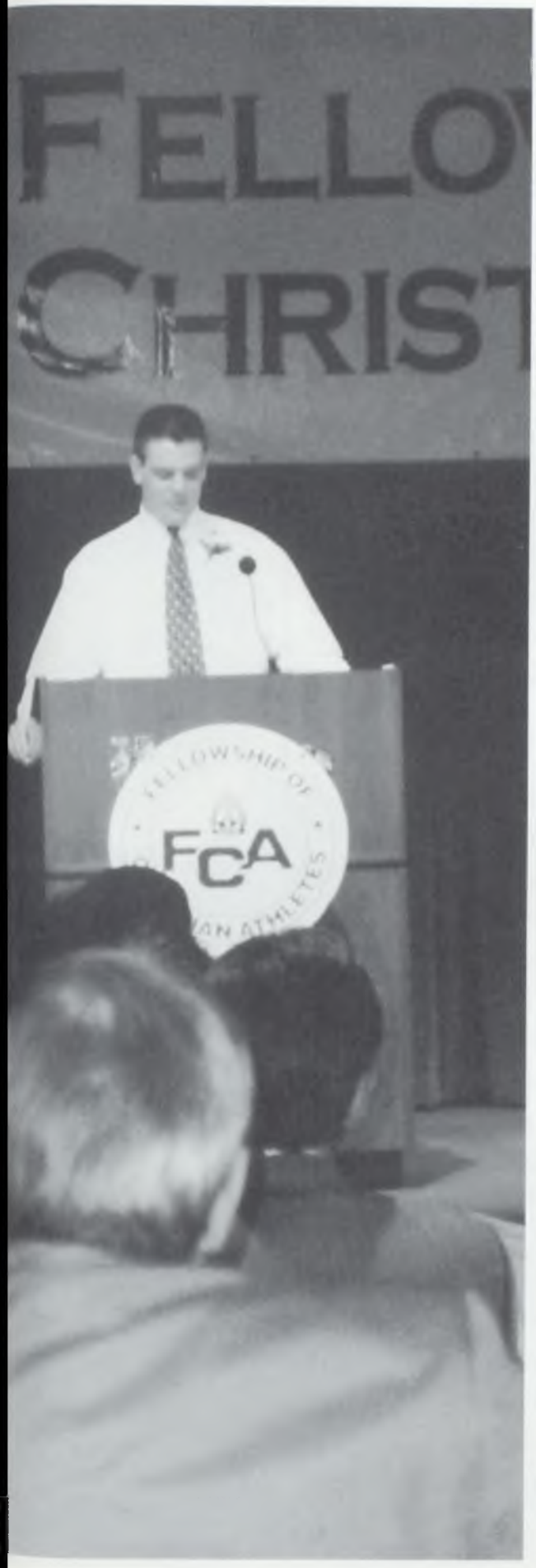
Todd Bass, junior

Despite negative critism and a lack of attendance, FCA had its high points. Through a trip to an Iowa Hawkeye football game, FCA camps and "See You at the Pole," FCA proved itself meaningful. "FCA makes me realize the biblical side to issues in society and understand what God thinks," said senior Nick Iwig.

Amidst everything that happened, those dedicated to FCA still went. Despite a smaller group, FCA kept its purpose of being a place to fellowship with other Christians and to find a support group. **Story by Joann Stark**



Speaking at the "Friends and Fund-raising" banquet, senior Greg Olsen gives a testimony on what FCA has meant to him. Olsen was one of two Iowa high school students to speak at the banquet. photo by Sherry Simpson



Sophomore Millie Smith picks up a "One Way 2 Play-Drug Free" T-shirt during the FCA trip to Iowa City. Students who made a pledge to be drug-free received a free t-shirt. photo by Joann Stark







Before attending the FCA sponsored trip to an Iowa football game, sophomores Jodi Peitzman and Sharon Ehm eat their complimentary lunch. photo by Joann Stark

At "See You at the Pole," freshmen Nate Smock and Dann Houser and seniors Heather Smith and Beth Marvin follow along to the song "Father Abraham." This was held on September 20 with 76 people attending. photo by Joann Stark

Revising sophomore Felisha Montero's notes, junior Ben Oviatt offers suggestions for her opening statement. Oviatt portrayed a medical consultant for the defense. photo by Cheryl Larson







Regrouping for a quick conference among team members, junior Jessica Dawson and freshman Dan Whitten discuss some minor changes in their case strategy. photo by Cheryl Larson



Assisting senior Bryan Burkhardt, senior Marisa Hansen mends a loose button before a run-through. Run-throughs were dress-up rehearsals that allowed students to practice under a competition environment. photo by Cheryl Larson

Mock Trial allowed students to practice law, work as a team and accomplish group goals

Courtroom drama

Mock trial students had two and a half months to study, memorize and build a wrongful death suit. Their group goal was to create confidence and achieve experience for regional and state competitions.

They sacrificed their mornings, early dismissals, evenings and sometimes their weekends to perfect their courtroom performance. "It was hard to get up really early in the morning and be at the school ready to practice. But toward the end it got easier because competition got closer and every minute of practice was essential," said freshman Mary Schwab.



Testifying against the defense, freshman Nigel Berndt expresses his opinion on one of the exhibits presented by the prosecution. Berndt and other students endured hour long practices to prepare themselves for competition. photo by Cheryl Larson



MOCK TRIAL. Bryan Burkhardt, Jason Stamps, Kristin Warren, Jessica Dawson, Mary Schwab. **ROW 2.** Robin Sanders, Jaison Molayal, Andrew McGhay, Robert Larson, Morgan McChurch.



MOCK TRIAL. Patrick Midtlyng, Meghan Mandsager, Elizabeth Marvin, Jason Schissel. **ROW 2.** Emily Betz, Tammy Walz, Sharon Ehm, Jen Goode.

Students were grouped together into four color teams. Each had their chance to portray characters of the defense, prosecution and witnesses. "It was fun being a witness because I got to act out a personality that was totally opposite from mine," said sophomore Melissa Knowles.

Regional competitions were held March 5 at Drake University and runoffs were held March 6 at Lincoln High School. Two teams qualified for state which was held at Drake University on March 22 and 23. The two teams took third and seventh place, ending their pursuit of nationals.

Mock trial students were disappointed with not advancing to nationals but were satisfied with their team work and honorable placings at state. **Story by Cheryl Larson**

A new environment in the journalism lab created a festive atmosphere for the creation of the Black and White

Altering the aura

The newspaper staff had a year full of firsts. They experienced a new member at semester, a freshman on the staff and a friendly atmosphere.

"We are consistently meeting deadlines, people are happier, we are distributing a better product and there isn't as much tension between staffers," said advisor, Ms. Leslie Shipp.



NEWSPAPER. Becky Michael, Zac Christensen, Emily Brown. **ROW 2.** Sara Tapken, Kristin Warren, Sara Hill. **ROW 3.** Kelli Brown, Matt Webster, Rachel Webster, Emily Betz, Beau Brindley.

Senior Kristin Warren agreed, saying, "In my three years of being here, there has never been a staff that has gotten along so well. We joke around as if we were friends. Whereas in the past, if we would joke around we would end up offending someone or hurting someone's feelings."

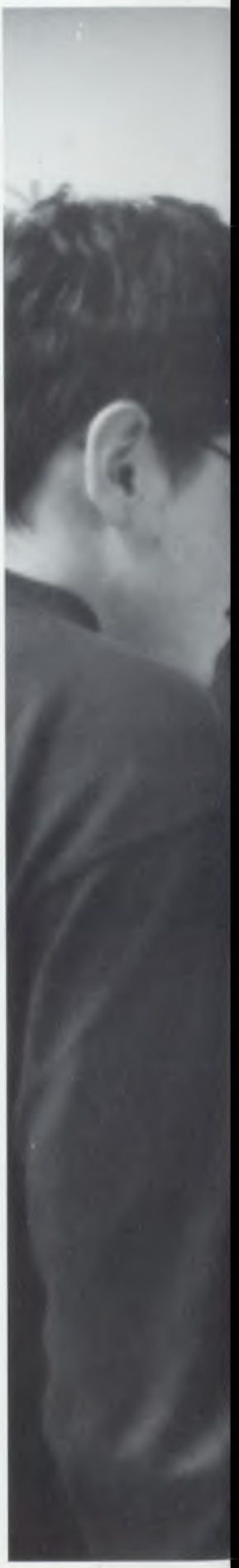
A new addition to the staff also attributed to the new change in atmosphere. To make up for their semester losses, the newspaper staff took on a freshman. Freshman Becky Michael was the first freshman on the staff and also the first staffer to ever be added at semester. "I was a little scared, at first, of the upperclassmen but when I got here they were all really nice to me. Even though I only get to do a couple issues everyone helps me out a lot," said Michael.

"Newspaper has really been a good experience for me. I don't know if I want to go into journalism but I appreciate the people that do this everyday."



Emily Betz, junior

The newspaper staff not only had a year of firsts but also a year of fun. Occurrences such as headlocks, catching fingernails in chairs and applicants named Peter Brady kept the newspaper atmosphere light and the staff acting as friends. **Story by Kristin Sorrells**



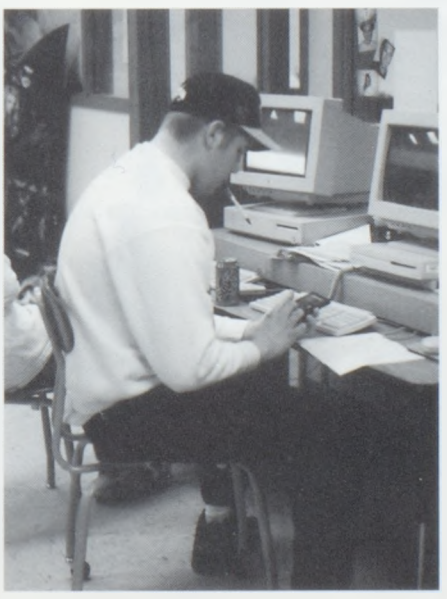
Newspaper editors, junior Beau Brindley and senior Kristin Warren, check the cropping of a picture during a late night. One of the requirements of the editors was to stay at all late nights and all deadline nights. photo by Kristin Sorrells



Freshman Becky Michael gets help with Pagemaker from junior Emily Betz. Michael was added at semester but moved at the end of March. photo by Kristin Sorrells







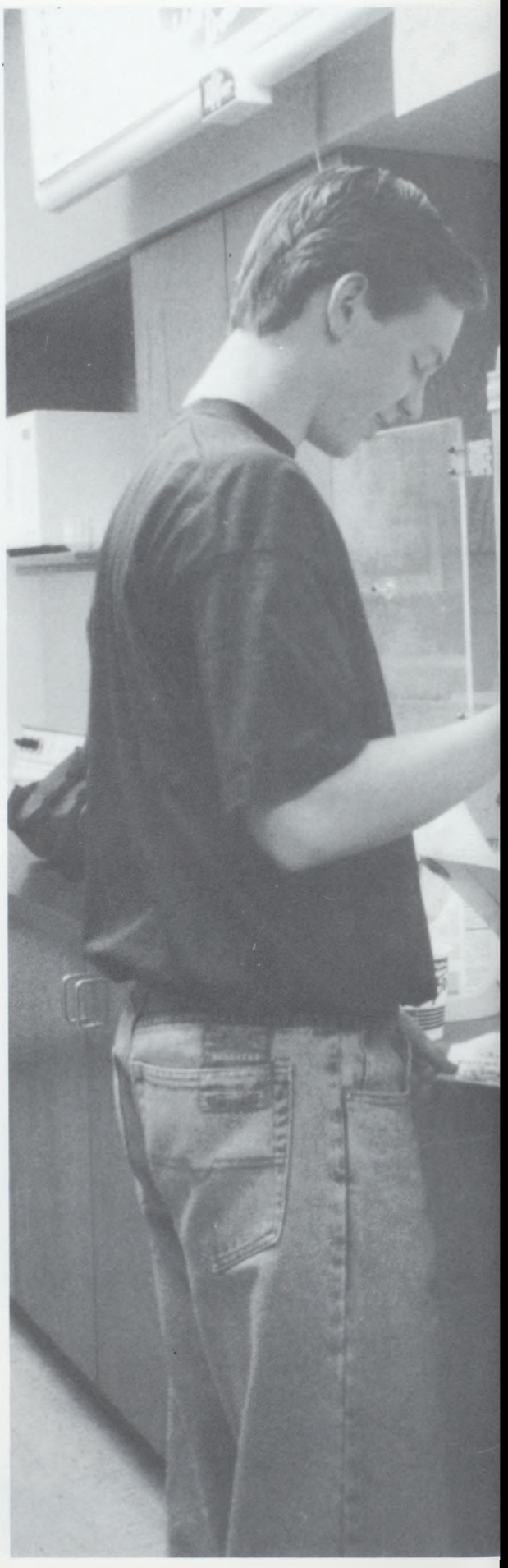
Editing the story of a fellow staff member, sophomore Kelli Brown corrects the grammar and spelling errors. Staff members have three and a half weeks between issues to perfect their pieces. photo by Kristin Sorrells

Senior Zac Christensen calculates his percentages for a questionnaire regarding the students' choice for president. Christensen was a member of the newspaper staff for three years. photo by Kristin Sorrells

After trick-or-treating, senior Kate Jones sorts cans to be donated to Project Share. Students went door-to-door in costume asking for non-perishable food donations. photo by Danielle Carroll







Senior Megan Bengard delivers a carnation to junior Amanda Coates on Valentine's Day. Through the services of the NHS, students were able to send carnations to their friends and loved ones for only one dollar. photo by Danielle Carroll



Preparing refreshments, senior Leslie Phipps serves punch at the induction ceremony. At the ceremony, new members vowed to uphold the values of the NHS pledge. photo by Danielle Carroll

spread by Meghan Mandsager



Scooping out popcorn into Pioneer bags, junior Justin Ehm prepares a low-fat snack for the Health Fair. Pioneer was a co-sponsor of the Health Fair, providing funds and the graphics used for publicity. photo by Joann Stark

Members sought out new and unique ways to make a difference in their school and community

New visions of service

The National Honor Society began the year hoping to complete more service projects than in any previous year. Likewise, the Student Health Organization attempted to create a new avenue of service.

The SHO provided new students with an orientation and buddies, known as student ambassadors. "I had a tough time adjusting to Johnston. It was nice to have someone (Erin Russom) to fall back on," said sophomore Sarah Green.

The NHS and the SHO continued a pattern of service throughout the year. The NHS volunteered at the Festival of Trees for Blank Children's Hospital. The SHO participated in Heart Fest, sponsored by the American Heart Association, by labeling all the heart-healthy food at Hy-Vee and handing out informational pamphlets.

In addition to projects, the NHS raised over $1,000 which they donated to Dollars for Scholars and the senior gift. "We did so much fund-raising that it seemed like I had carnations coming out my ears," said senior Bethany Ashby.



National Honor Society Executive Board. Zac Christiansen, Cody Koch, Bryan Burkhardt. **ROW 2.** Danielle Carroll, Jodi Hill, Beth Marvin.



STUDENT HEALTH ORGANIZATION. Justin Ehm, Cody Koch, Bryan Burkhardt. **ROW 2** Sara Hill, Kristin Sorrells, Jodi Hill.

The NHS offered their time and talent to help the SHO organize the first community wide health fair. "I was really surprised with all of the services and information they had at the Health Fair. I chose to get my body fat tested but you could even get your prostate examined," said junior Tenisha Davis.

Both organizations established a precedent, leaving a lasting tradition of service. **Story by Meghan Mandsager**

Acting her part as a Safety Kid, senior Renee Ebke stresses the importance of being drug and alcohol free. Safety Kids were required to be substance free as a member. photo by Wes Nyberg







Trusting her fellow Safety Kids, senior Tara Guttridge falls into the arms of seniors Jodi Hill, Danielle Carroll and junior Sara Hill. Safety Kids traveled the community to perform for elementary students. photo by Wes Nyberg



Preparing for "Dead for a Day," junior Monica Kim applies make-up to sophomore Erin Russom. SADD members dressed in black to represent the number of drunk driving fatalities during Red Ribbon Week. photo by Wes Nyberg.



Fighting the rain and cold weather, senior Katie Matulka ties a ribbon onto a car as part of Red Ribbon Week. This was to make students more aware of the abuse of drunk driving. photo by Wes Nyberg

Safety Kids and SADD kept children aware of the effects of abusing drugs and alcohol

Helping kids say no

On early dismissal days, some students went to lunch, others traveled to the mall, or some went home to watch a few more hours of the tube, but Safety Kids were out in the community trying to stop kids from using drugs and alcohol.

"It doesn't bother me that I miss out on early dismissal days," said senior Beth Marvin. "I just like being a positive role model to younger kids and showing them that drugs and alcohol aren't cool."

Despite losing some free time, Safety Kids liked the rewards. "I love the kids' faces after our performance. It's so encouraging to think that at least one of them won't use drugs or alcohol," said senior Pat McGowan.

Safety Kids wasn't the only group that kept kids aware of drugs and alcohol. SADD members worked to fight against drunk driving. "Many of the projects we do are over Red Ribbon week," said junior Nancy Masinando. "That week, we put ribbons on cars, dress dead for a day and wear red to keep people aware of drunk driving."



SADD. Bryan Burkhardt, Beth Marvin, Danielle Carroll, Courtney Johnson, Joann Stark. **ROW 2.** Katie Matulka, Leah Rutherford, Amber Petersen, Krista Larson, Heather Rains, Millie Smith. **Row 3.** Kelli Brown, Heather Ardnt, Diane Lindhoff, Missy King, Noelle Wagner. **Row 4.** Anna Greteman, Alyssa Friedow, Christine Notis, Jen Burklund, Nancy Masinando.



SAFETY KIDS. Bryan Burkhardt, Pat McGowan, Greg Olson, Beth Marvin, Heather Smith. **ROW 2.** Jen Porto, Renee Ebke, Joann Stark, Tara Guttridge, Sara Hill, Danielle Carroll, Jodi Hill.

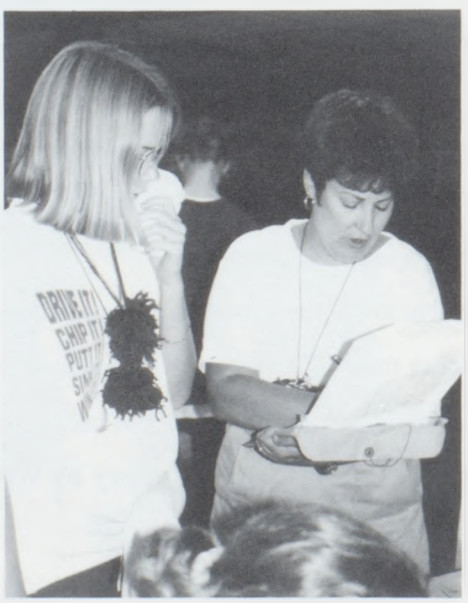
Sacrificing their time, Safety Kids performed for elementary students, and SADD members tied ribbons on cars to help reinforce their message about drugs and alcohol and to "just say no." **Story by Wes Nyberg**

Seniors Amy Brehmer and Jaime Westcott make warm fuzzies at the SAIL retreat. Warm fuzzies were exchanged as a sign of friendship at the leadership retreat. photo by Danielle Carroll





Using his sweatshirt to gain control of the rope, junior Jeff Allen helps to get his team to a small island a few feet away. The group had to get all of its members to the island using only the rope. photo by Danielle Carroll



Junior Sara Bidney talks to SAIL representative Mrs. Mary Ann Morris about how many warm fuzzies still needed to be made. Mrs. Morris was the SAIL representative for four years. photo by Danielle Carroll



SAIL leaders took more charge over the leadership retreat, leaving the adults to act only as chaperones

Students supervise

Students Active In Leadership (SAIL) was an organization that emphasized leadership and organizational skills, being active in both the community and school. The students of SAIL involved themselves with many activities to help prepare them for the hard work of conducting the leadership retreat.

For the second year, the SAIL organization went on their own retreat for a day. The SAIL retreat was to help the leaders of SAIL to get to know each other and learn to work better with each other. Activities such as a tight rope walk helped to emphasize trust and teamwork. "The retreat was a lot of fun. The different events of the obstacle course helped me to depend a lot more on the people in my group," said senior Brian Nichols.



SAIL. Leslie Phipps, Leanna Morris, Heather Smith, Beth Marvin, Annie Mullenix. **ROW 2.** Christy Buchmeier, Lisa Henning, Joann Stark, Danielle Carroll, Alicia Rollison, Courtney Johnson, Renee Ebke, Megan Bengard. **ROW 3.** Jodi Hill, Lisa Shanley.

The retreat for the SAIL members also helped to build leadership skills before they held leadership retreat. "The SAIL retreat is a good prelude to the leadership retreat. I spent a whole day with people I didn't really know, but by the end of the retreat I was able to trust everyone in my group," said junior Emily Brown.



"I really liked this year's retreat. Getting to work on the obstacle course is a great way to have fun and get to know the other leaders."

Leslie Phipps, senior

Even though the planning of the leadership retreat required a lot of time and effort on the students part, the members of SAIL took more charge than any other group in the past. "I hope that eventually the students will take over the whole leadership retreat. The SAIL leaders learn a lot at the SAIL retreat and I know that they are capable of supervising the leadership retreat," said SAIL representative Mrs. Mary Ann Morris. **Story by Kristin Sorrells**



Trying to balance himself, senior Matt Lundberg walks on a small wire at the SAIL retreat. The ropes that helped him keep his balance got further and further away from each other as he made his way across the wire. photo by Danielle Carroll

Seniors Megan Bengard and Shannon Fisher offer doughnuts to Mr. Shawn Holmes and Mr. Edward Terhune as part of Teacher Appreciation Day. photo by Joann Stark





Freshmen Rachel Bryant, Marie Bunce and Jessica Smeltzer recruit freshman Angela Ryan to participate in the Fund Run for former band instructor Mr. Richard Albrecht. Over $4000 was raised to help Mr. Albrecht pay for his cancer expenses. photo by Joann Stark



Registering donors for the blood drive, junior Alicia Baumgarn makes sure everyone is checked in properly. Forty-five people came to the blood drive and 33 pints were donated. photo by Joann Stark





Putting on a plastic mask, senior Alicia Rollison takes on the role of Larry, a crash test dummy. The dummies were rented during Health Fair to encourage people to wear their safety belt. photo by Joann Stark

Generating new ideas and having the guts to do them helped Student Council accomplish things no one had ever tried before

Breaking tradition

For the first time ever a female took on the role of Student Body President, Megan Bengard. This was just the beginning of the new image of Student Council.

Many new things were planned and acted out. The first change was the replacement of "Club Olympics" by "Rock Around the Clock." Previously, the post-parade event had gotten out of hand because of excessive cheating and was in danger of being eliminated. "In 'Rock Around the Clock' students were able to have a lot of fun even though the activities were under control," said sophomore Wes Nyberg.



STUDENT COUNCIL. President Megan Bengard, Alicia Rollison, Robin Sanders, Sharon Ehm, Alicia Baumgarn, Rachel Bryant, Jessica Smeltzer, Wesley Nyberg. **ROW 2.** Secretary Shannon Fisher, Cody Koch, Vice-President Bryan Burkhardt, Sarah Smith, Sara Hill, Mitch Kunert, Carter Wasilewski.

Another new event was the Urbandale/Johnston Mixer. The student councils from each school worked together to organize the dance. "The mixer was a good way to improve the relations between our schools," said freshman Carter Wasilewski.



"I got involved in Student Council because I wasn't happy with what happened during Homecoming in the past and wanted it changed."

Cody Koch, senior

Student Council also experimented new things within the whole school district. One thousand spirit buttons were sold at sporting events in an effort to boost school spirit within the entire community.

All of these changes could have been because of the different people involved in Student Council. A lot of members were new to the group, giving other students input on school decisions. "I never made Student Council before and I always wanted to be in it so I could be a part of the decisions our school makes," said freshman Jessica Smeltzer. **Story by Joann Stark**

Decisions took a little focus, a lot of discussion, a few arguments and a rip-roaring game of Twister

Make up your mind

Decisions. Decisions. Decisions. There they were, all eighteen of them in a wagon wheel, forced to decide between a diamond and a circle. "I didn't think I'd ever be hard-core fighting about a geometric figure on the cover. The staff took comments about the shapes personally," said senior Danielle Carroll.

The staff began the decision-making process in the summer. "The year started off well, almost too well. Before school started we had ad sales started, layouts and theme ideas," said adviser Leslie Shipp.



YEARBOOK. Tara Guttridge, Meghan Mandsager. **ROW 2.** Matt Simpson, Anne Sciorrotta, Crystal Smith, Cheryl Larson. **ROW 3.** Danielle Carroll, Tammy Walz. **ROW 4.** Steve Ring, Dan "Barney" Kuster, Jen Goode, Kristin Sorrells, Joann Stark. **ROW 5.** Mark Stookey, Erin Russom, Wes Nyberg.

Once the school year started, the "too good to be true" atmosphere began to disappear. Decisions polarized the staff and slowed the book's progress. "Every day we had a meeting. It seemed like we didn't accomplish anything in the meetings and I didn't get to work on my page either," said junior Kristin Sorrells.

"Several rangers checked our coolers for alcohol when we went camping. They were surprised when they only found fruit salad."



Crystal Smith, senior

After weeks of intense discussion, a cover was decided. Efforts were made to create a more festive atmosphere to ease tension. The staff exchanged Christmas gifts and Valentines. "One deadline we had a cookout in the lab. We made s'mores and roasted hot dogs, " said junior Cheryl Larson.

The beginning of the year was full of extreme ups and downs, but by the spring the staff *Got to the Point* and found a happy medium. **Story by Meghan Mandsager**



Concentrating on the screen, sophomore Anne Sciorrotta places text on her senior mugs page. "I usually only look this focused when I play tetris, but it was a deadline," said Sciorrotta. photo by Kristin Sorrells



Savoring the moment, senior Matt Simpson, enjoys the ice cream clowns senior Crystal Smith brought for her birthday. Those who didn't bring treats on their birthday were severely beaten. photo by Meghan Mandsager







With spring break approaching, sophomores Jen Goode, Tammy Walz and seniors Joann Stark and Tara Guttridge unwind with a game of Twister. The staff also engaged in a competitive round of *Pictionary*. photo by Meghan Mandsager

Huddling under his coat, sophomore Wes Nyberg battles the frigid temperatures on the bus to a journalism conference in Iowa City. According to senior Tara Guttridge's keychain thermometer, it was only 40 degrees. photo by Meghan Mandsager

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With junior Emily Brown aiding, Dr. D. E. Campbell checks the eyes of Sadie, Brown's dog. Sadie's visit to Village Veterinary Hospital was complete after her checkup and grooming. photo by Danielle Carroll

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Elisabeth Marvin

Dear Tim, Congratulations and may all your plans and dreams be blessed. Love, Mom and Erik



Tim Halling

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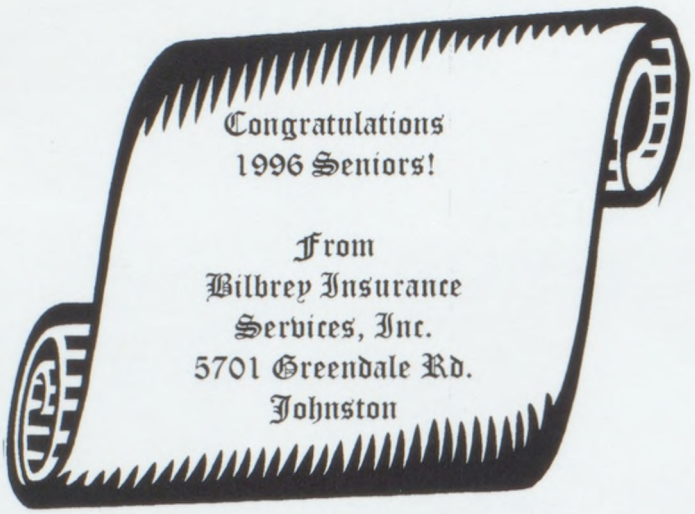
Amanda DeReus

Thanks for being the wonderful person that you are. You will go a long way in life if you continue to put others ahead of yourself. We're proud of you! With all our love, Mom, Dad, Cally (& Teddy)



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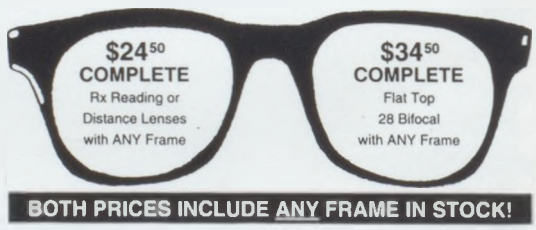
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We are so proud of you, Sari. We Love You! Mom & Dad



Sari Roarick

The time has gone so fast! We are so proud and thankful to have a son and a brother as special as you. We love you, Mom, Dad, Jared and Lindsey



Derek Haag

To Kristy, the best daughter and big sister anyone could have. Congratulations on all of your accomplishments. May your future always be as bright as your smile. Love your family



Kristy Wilges



Kasi Bilbery

We Love You, Dad, Mom, A.J., Chester & Spooky

Whether you're pensive or happy, to us you're the most beautiful girl in the world!

Kasi Bilbery



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Zac Christensen

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Christopher Stafford

Congratulations on becoming the fine young man you are today! "You've come a long way, baby!" Love, Mom & Dad

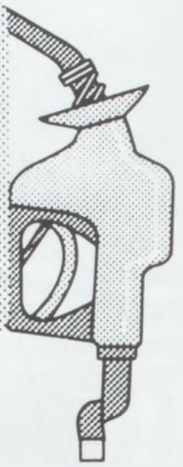


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Jeremy Comer

Jaqlyn Ann Collier,
When I first felt you move within my womb
I loved you...
When first I held you softly to my breast
I loved you...
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I loved you...
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I loved you...
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As you now begin anew Ilove you Mom

Remember when you first tried to skate? You couldn't! But the harder you worked at it the better you got. Life is the same and the benefits are rewarding. You've worked hard to get where you are and there is still hard work ahead of you. Congratulations! we're very proud of you! Love Mom & Dad



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Isaiah 40:31



Nicholas Iwig

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Mom, Dad and Andy



Lisa Shanley

Dreams fuel desire...dare to dream as you have done and there you will find your destiny. We are very proud of you!
Dad, Mom and Jered



Jordan Boley

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Amanda and Shannon Fisher

Love, Mom and Dad and Jeff



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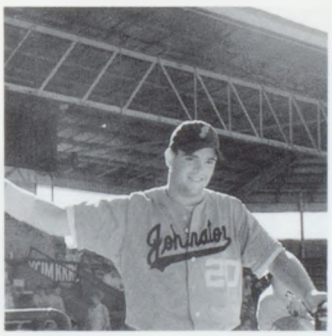
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In spite of you hiding food in your cheeks and having bad hair days, we think you've come a long way. We are so proud of you and love you very much. Keep your goals and ideals high. Love Mom, Dad and Christy
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Kate Jones

"Buck"- You have always worked hard and played hard. You never settled for just getting the job done, but rather had an attitude of excellence. We are proud of you, your efforts and your attitude! Love, Mom and Dad



Greg "Buck" Olsen

Heather:
Make the most of your talents, stay strong in your beliefs and convictions, and maintain your enthusiasm. The future is yours!
Congratulations
Love, Daddy, Mama, and Millie



Heather Elisabeth Smith

We are all very proud of you and the wonderful things you have accomplished. More importantly, you have each developed great strengths in the face of adversity and the worst that life has to offer. Finally, it is time for your lives to separate and move on. We wish you the best. Congratulations! Mom, Dad, Nick, Felisha, Adam, Sandy and Rick



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We're so proud of the fine young lady you've become, you're the best daughter and sister we could have ever wanted. We love you always, Mom, Dad and Bob



Courtney Johnson





Matt Simpson

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I Love You, Mom
Zech. 13:9



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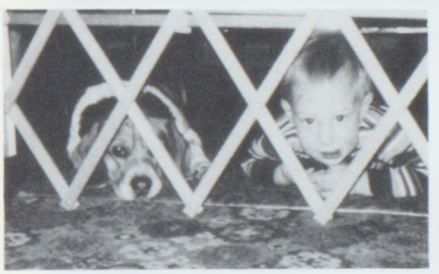
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Jon,
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Ooh, Baby, you've come a long way! Always Dream, Honey. All our love, Mom, Dad and Rene



Rhiannon Thoreson

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Kirsten Angstrom

From your preschool picture day in California (wasn't that just yesterday?) to your senior picture day in Johnston, on every day we've loved you. You have become all we could have hoped for... may you become all you desire. We rejoice with you at your graduation and will keep you daily in our prayers. Thanks for your wonderful childhood with us. With all our love, Mom and Dad





Bethany Ashby

We are so proud of you! You are a terrific son and brother! Thank you for enriching our lives with your love and loyalty. Mom, Dad and Brandi



Matt Lundberg

Congratulations Heather! Always keep your smile- We are very proud of you! Love, Dad, Mom and Sarah



Heather Tuttle

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Congratulations, Chrissie. We are so proud of you and your achievements. Believe in your dreams, the future is yours. Love, Mom, Dad and Jackie



Chrissie Huisman

We are so very proud of you and hope all your dreams and goals come true. Love, Mom, Dad, Nicole and Natalie



Jamie Grimm

We are so proud of you Christy. You have brought a lot of joy into our lives. We love you and wish the best for you in the future. Love, Dad and Mom



Christy Buchmeier

Meggy Sue- Keep your goals high! We're so very proud of you!! Love, Mom, Dad and Ashley



Megan Bengard



Danielle Carroll

Congratulations Dani Kay! You'll always be our favorite daughter. We love you, Mom and Dad

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Matt and A.J. Simpson

Congratulations Renee! Thank you for bringing so much happiness to our home. God bless you as you begin a new phase of your life. Mom, Dad and Scott



Renee Ebke

Meredith Drive Reformed Church

congratulates you.....

Cody Koch, Chris Stafford, Jeremy Hietbrink, Cory Liljedahl, Leanna Morris, Josh Van Heukelom, Sara Myer, Buck Olsen, Matt Simpson, and Casey Smith

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We're so proud of you. You've been a great student, musician and athlete. May you continue to allow God to lead you in the days and years ahead. Love, Mom and Dad



Joann Stark

To our little princess, we are so proud of you. Love, Mom, Dad, Ryan, Trowzers and Sneakers



Tara Guttridge



Alicia Rollison

You have always been very special to us. You'll do well at whatever you choose to do. Love, Mom and Dad
P.S. 8 is great!

Justin, Congratulations. Thank you for being a son who has



Justin Hoefling

brought us much joy and pride. Love, Mom, Dad and Sonya

You are the *BEST*! We love you, Ben. Scot, Mom, Chad, Jon, Cody and Abby



Ben Barnes

Congratulations, Brad! We are so proud of you. The future is yours. Love, Mom, Dad, Matt, Josh and Megan



Brad Schonhorst

"A son is a son till he takes a wife. A daughter is a daughter for the rest of her life." Good luck, Kristin-we will always be here for you. We Love You, Sam & Mom



Kristin McConnell

Congratulations Seniors from the Johnston '95-'96 Booster Club



Rebecca Longmire, Leanna Morris, Joann Stark, Brooke Hieronymous and Chrissie Huisman.

It's been fun, see you in 20 years in our grandma-mobile!

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Chrystal, Gina and Erin

Don't go chasin' waterfalls!

When the dogs come home &
your doorbell's ringing,
When the flies are coming &
Erin's singing,
Carpal tunnel makes us laugh,
SohCahToa on a graph
Peter's face is white and clear,
using screwdrivers isn't fun here.
Freshmen boys grabbing patoots-
Isn't Ryan Culver cute?
After all the jokes and the fun,
too bad the year is over and done.

Flo-Jo, Cocoa, Flynnaki, Focii, Goldenrod, Cinammon: always remember the great times we've had... Abudha, Junior Police, Staying at Brooke's, Speed, Pictures of Frog, Big Mac and Tan Man's cars, Beating rugs at 1:00 a.m., Stovetop, Perkins, torpedoing... I like it, I love it, I want some more of it!

-Luf, Jenmanji

Maria,
Stephanie,
Carolyn,
Krista
&
Millie in
March 1994



Millie Smith, Stephanie Nichols,Carolyn Merril, Krista Lasron and Maria Brown

We learned all we needed to know in life on that trip:
Don't laugh your head off (Ha, ha, ha, whoops!);
Anyone who uses paper-mache is a little odd;
Don't give Stephanie blow pops;
Watch out for STD pillows;
Iodine is always a plus;
Be careful with imaginary friends;
Don't hurt your big toe;
and the most important lesson of all -
friends are everything.



Ed McAtee, Renee Ebke, Joann Stark and Wesley Nyberg

To two girls who gave two guys a night they'll never forget.

Thanks Joann and Renee,

-Wes & Ed



courtney,

thanks for the memories.

-danielle

Danielle Carroll and Courtney Johnson

after a while you learn the difference, subtle difference between
holding a hand and chaining a soul
and you learn that love doesn't mean leaning and company doesn't
mean security
and you begin to learn that kisses aren't contracts and presents
aren't promises
and you begin to accept your defeats with your head up and your
eyes open, with the grace of an adult not the grief of a child
and you learn to build all your roads on today because tomorrow's
ground is too uncertain for plans.
after a while you learn that even sunshine burns if you get too
much
so plant your own garden and decorate your own soul instead of
waiting for someone to bring you flowers
and you learn that you really can endure... you really are strong... and
you really do have worth

mee mee... biew -author unknown



Who'd a thought we could have so much fun playing with Barbies? Never forget our dress up days!
-Erin, Steph and Rachel

Erin Russom, Stephanie Black and Rachel Webster



We are Renra and we rule!

Shawa!

Ping!

Renee, my friend since fourth grade- Don't ever forget mermie! Love, Tara

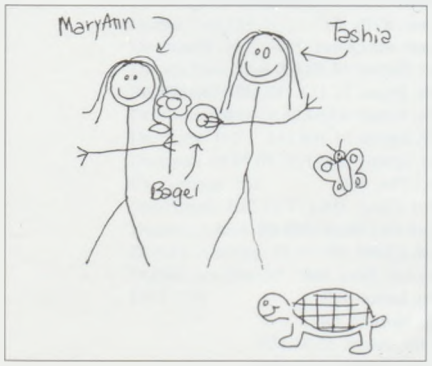
Tara Guttridge and Renee Ebke



Even though you always got the front seat, you will always be one of my best friends. Let's make our last year the best.

Love, Morgan

Jana Yanders and Morgan Cavanaugh



MaryAnn and Tashia's word to the wise: Always make sure you have enough bagels.



Blackhawk and Rick Barney

Guys, you're the best friends I've ever had!!! Never change, stay sweet!!! I love you guys!!!

Your Pal, Rick Barney

Current Events

- Internet privileges were granted, but only after rigorous training.
- Special ed. teacher Jim Wandro left to start a new occupation.
- 107.5 hits the airwaves with alternative music.
- Troops were sent from Iowa to help with the peace process in Bosnia.
- *Twister* roared into theaters and blew-away the box office.
- 4 snow days meant underclassmen had to stay to the middle of June.
- The Chicago Bulls won a record-breaking 72 games.

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Current Events

- Students flocked to the Bushbowl at the new soccer complex.
- Presidential candidate commercials plagued TV. viewing during the caucuses.
- Olympic paraphernalia mobbed shoppers. New stadiums were built in Atlanta in preparation for the 1996 Summer Olympics.
- O.J. Simpson was found not guilty of the murders of Nicole Brown Simpson and Ron Goldman
- The famed cigar smoking comedian, George Burns died at the age of 100.
- *Singing in the Rain*'s Gene Kelly died.

- The basketball team's winning streak ended at 58.
- Juniors and seniors braved flight 911 to compete in National Congressional Mock Hearings.
- Government books were a scarce commodity and were kept safe in the library.
- Bruegger's Bagel Bakery and Applebee's appeared on Merle Hay.
- Mad Cow disease plagued Europe and caused widespread panic.
- Secretary of Commerce, Ron Brown, died in a plane crash over Bosnia.

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- The cafeteria received a new computer system. Each student had a code number for his/her account
- President Clinton testified at the Whitewater hearings and faced sexual harassment charges.
- A new soccer complex was built in Johnston on Merle Hay.
- New tunes by Alanis Morissette and Presidents of the United States of America hit the airwaves and rocked the charts with Ironic and Peaches.
- R. Jones body shop caught fire.

- Urbandale D.A.R.E. instructor, Officer Trimble was arrested for possession of methamphetamines. An Urbandale teacher, Anne Githens was also charged with sexual misconduct.
- After being on the FBI's most wanted list for over 17 years, the Unabomber was finally apprehended and arrested.
- The new ice arena opened up on 72nd Street.
- People took the time to commemorate the Oklahoma City bombing on its one-year anniversary, April 19, 9:02 am.

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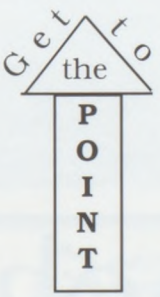
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tapeworm









three sophomore girls and a junior who are really nice...
Erin, Tammy, Jen and Meghan

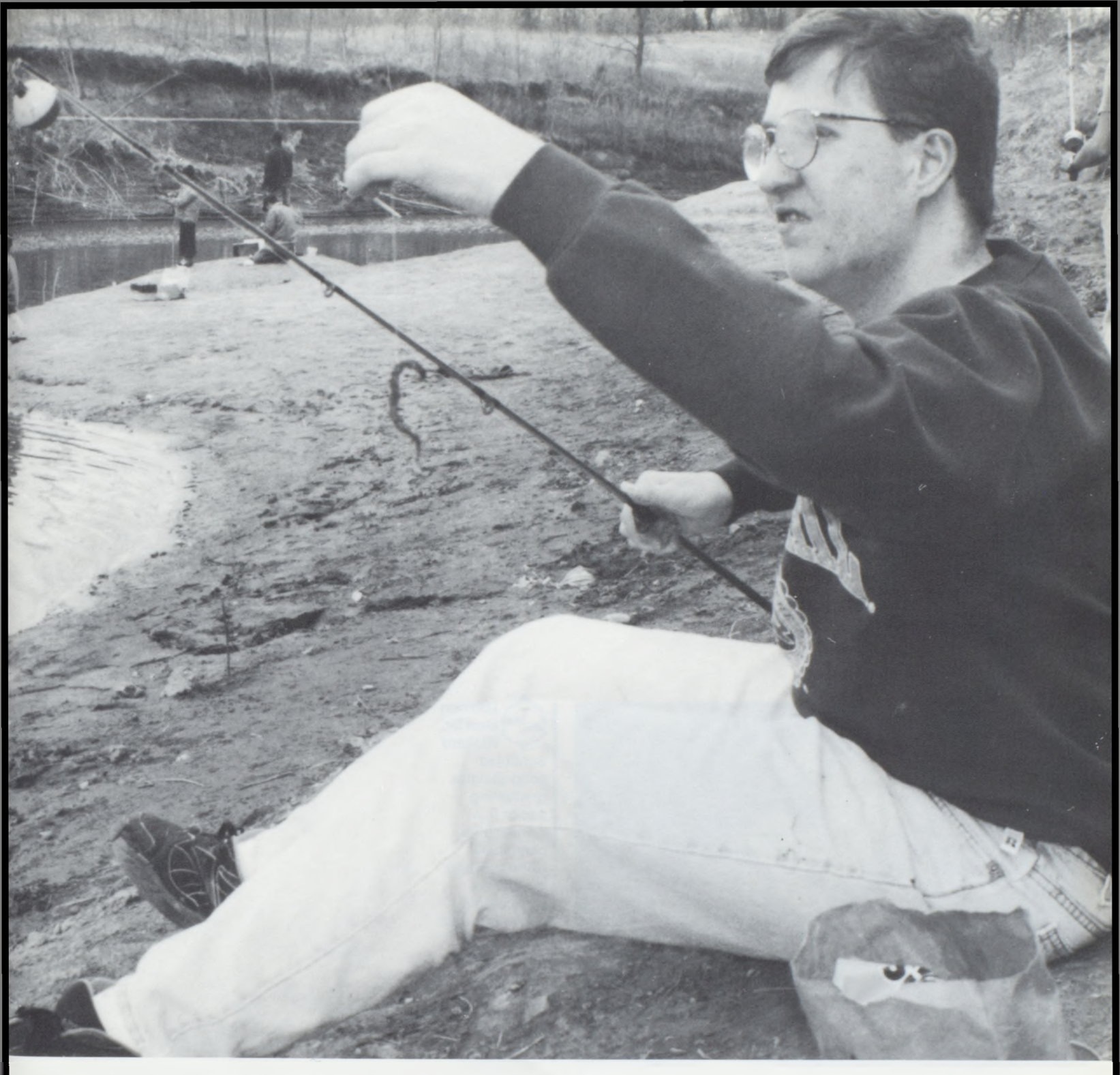
Current Events

- Senior Stephen Ring broke the record of consecutive seasons without making the basketball team.
- Nyberg educated the yearbook staff about the Anti-Christ and formed an alliance with fellow classmate McAtee to destroy him.
- Yearbook members flocked together to discuss ways to control the tape-worm population and mad, angry clowns. They finally found the solution, a fire-proof index box.
- Anne and Wes woke-up everyone when they finished the index.



flip
back a
few pages
find another funny
picture◆turn the page◆look
how much you've changed◆use
the index ◆ read what your friends
signed ◆take another sip◆laugh at the baby
pictures ◆ glance through the current
events of the year◆turn to the very,
last page◆sit up, finish off your
glass of milk and return
to your regularly-
scheduled
life

close the book



Sophomore Kent Anderson ends the life of a squirming worm in order to bait his line as a part of the P.E. trip to Saylorville Lake. Near the end of the year, all students participated in a trial block schedule. Special activities were planned for the hour-and-a half classes such as the fishing and bowling trips for P.E. photo by Danielle Carroll



Superintendent Dr. Richard Sundblad congratulates graduating senior P.J. Korte with a handshake. Korte reached the ending point of this schooling and planned to start anew at Vermilion Community College in Ely, Minnesota.
photo by Tammy Walz

meet the staff

tara guthridge; editor
steve ring; editor
danielle carroll; design editor
meghan mandsager; design editor
wes nyberg; index
crystal smith; business ads
cody koch; senior ads
matt simpson; senior ads
erin russom; friend ads
mark stookey; book sales
jared grant, jen goode, dan kuster, cheryl larson, anne sciorrotta, kristin sorrells, joann stark, tammy walz; the rest of the loyal yearbookies

colophon

the 550 copies of volume 49 of the johnston high school dragon were printed by herff jones, 6015 travis lane, shawnee mission, kansas, 66201. this lovely masterpiece was sold for cash or a check for the low price of $30 or $33 with monogramming. "get to the point!" was derived from the vast ideas in the head of tara-tara-bo-bara and ratified by the staff. it's all about the commands that coxswain, engineer or quarterback your daily life. let this book and your soul guide you. there's 'bout 195 pages from cover to cover. if you find more than this, tear out a few. by the way, the cover is navy blue #1067 with silver #23 and silver foil. the touchy-feely part was created through embossing and english linen grain. after beating the rest of the staff to a bloody pulp, danielle finalized the cover. it's an as-is purchase. no refunds or exchanges. sorry, cody, no draw-your-own covers. font size ranged from 6 point to 200 point in helvetica, flourish, palatino, zapf chancery, garamond narrow, avant garde, times, new century schoolbook and los angeles. if it's in pagemaster, we probably used it. the pretty pictures were taken, for the most part, by hy-vee and linn's photo. we worked long and hard to create this history book of you in your pubescent years and birthday suit so don't even think of mass-reproducing it for your stingy friends that refused to buy one legally. in other words, everything is copyrighted. thank you for riding the colophon express and enjoy the rest of your day at adventureland. peace. we audi. let's g-o.

remember to say thank you

a big thank you goes out to the booster club for all the SIM chip memories. friends forever. paul, you're the greatest herff jones representative and much more. stay sweet, never change. spank you very much to mrs. kolth for her grammatical corrections, love you like a sis. the janitors deserve a hearty handshake for vacuuming around our croppers and piles of seedling blubber. mrs. westcott, your skills with a paper clip can't go without mention. finally, to all students, faculty and administration of johnston high school, we couldn't have done this without you. 96 kix and jhs rocks.